

Autumn/Winter 2017

Week One

30 Oct/20 Nov/11 Dec/15 Jan/5 Feb

Monday

Butcher's finest sausages in onion gravy 2
Quorn sausages 2, 4, 13
Mashed potatoes, sweetcorn, peas 7
Doughnuts 2, 4 7

Tuesday

Homemade chicken curry
Vegetarian curry
Rice and naan bread 2
Artic roll 2, 7

Wednesday

Pepperoni pizza and Margarita pizza 2, 7
Wedges, beans 2
Shortbread 2, 4, 7

Thursday

Roast gammon and Yorkshire pudding 2
Macaroni cheese 2, 7
Roast potatoes, cauliflower, broccoli, carrots
Jelly 2

Friday

Fish fingers 2, 5
Pasta bake 2, 7
Croquette potatoes, spaghetti hoops 2
Chocolate muffins 2, 4, 7

Gluten/dairy free options available
Bread and yoghurt available every day

Week Two

6 Nov/27 Nov/18 Dec/22 Jan

Monday

Meatballs, spaghetti and garlic bread 2, 7
Vegetable balls 2, 4, 7, 13
Yoghurt, fresh fruit 2, 7

Tuesday

Sausage rolls with sweet potatoes 2, 4, 7
Vegetable kiev's 2, 7
Beans
Chocolate cracknell 2, 7

Wednesday

Chicken burgers with waffles 2, 12
Macaroni cheese 2, 4, 7
Sweetcorn, peas
Homemade cookies 2, 7

Thursday

Roast pork with stuffing 2
Quiche 2, 4, 7
Roast potatoes, cauliflower, carrots, broccoli
Squeezy jelly 7

Friday

Breaded fish, diced potatoes and peas 2, 5
Fish pie 2, 3, 4, 5, 7, 8
Flapjack 2, 4, 7

Gluten/dairy free options available
Bread and yoghurt available every day

Week Three

13 Nov/4 Dec/8 Jan/29 Jan

Monday

Spaghetti bolognese 2
Vegetarian bolognese 2, 4, 7, 13
Garlic bread 2
Ice-cream pots 2, 7

Tuesday

Cottage pie 2, 4 7
Sweet potato cottage pie 2, 4, 7
Carrots, peas 7
Iced sponge 2, 4, 7, 13

Wednesday

Hot dogs 2
Vegetarian sausage casserole 2, 4, 13
Herbie diced potatoes 2
Beans 2
Gingerbread men, mini cookies 2, 4, 7

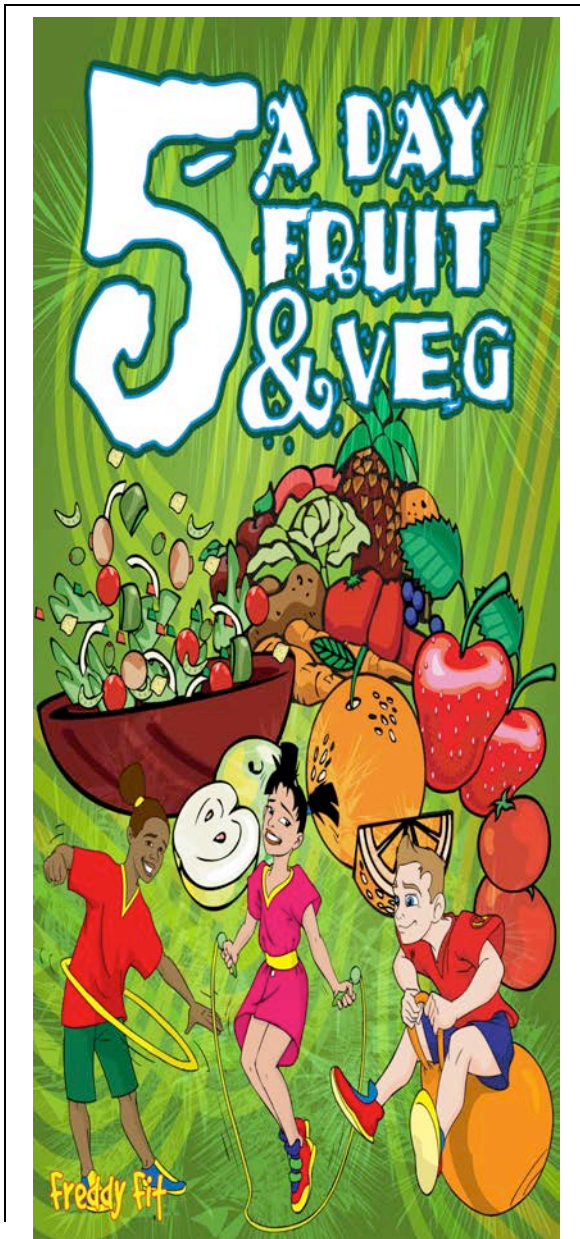
Thursday

Roast chicken with stuffing 2
Cauliflower cheese 2, 7
Roast potatoes, cauliflower, carrots, broccoli
Raspberry smoothie 7














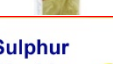
Friday

Fish cakes 2, 5
Cheese and onion pasties 2, 4, 7
Wedges, spaghetti hoops 2
Choc ices 2, 7

Gluten/dairy free options available
Bread and yoghurt available every day



Allergens Key

	1	Celery
	2	Cereal containing gluten
	3	Crustaceans
	4	Eggs
	5	Fish
	6	Lupin
	7	Milk
	8	Molluscs eg fish/snails/squid/welks/oysters
	9	Mustard
	10	Nuts
	11	Peanuts
	12	Sesame seeds
	13	Soya
	14	Sulphur dioxide

Menu

Autumn/Winter 2017

Balanced
Good Quality
Nutrition

Compassion

Respect

Truth

Service

Forgiveness

