

Independent Living

We learn a variety of skills which will help us in the future to be more independent at home. These include domestic skills e.g. vacuuming and



ironing. DIY e.g. plumbing and wiring plugs and also gardening e.g. planting and growing vegetables.

Residential trips

Once a year we go as a group on a residential trip. We go to a city or the coast and we always go self catering.

"We like residential trips because we get to experience things we wouldn't normally do."



Further Information

You can find out more about what we do by going to the Griffiths Centre part of the Frank Wise School website. The address is:



www.frankwise.oxon.sch.uk

There is also a prospectus which tells you more about what we do and how the Griffiths Centre works. This is also on the website.



The Griffiths Centre
@

Frank Wise School
Hornbeam Close
Banbury
Oxon

OX16 9RL
01295 263520



The Griffiths Centre @ Frank Wise School is for students aged 16 - 19. We call it the GC. It's very different to the rest of the school because when we go to the GC at the age of 16, we learn to be independent and grown up.



Film Club

We run a film club every Friday and we watch a variety of films which are age appropriate, we get them from

www.filmclub.org . We then



send a review to post on the website. We also invite various other groups to attend film nights.

"I like watching films with my friends. My favourite film so far has been Twilight".

Keeping Fit

We use different places in the community to exercise. We have done Boxing, Swimming, Golf and Bowling.

"I like Dave and the Gym".



Enterprise

We are learning what's involved in running our own business by learning about all of the areas this involves, like finance,



designs, sales and marketing. So far we have successfully produced and sold Christmas cards, calendars and we run our own coffee mornings.



Work Experience

Every student has the opportunity to experience the world of work.



As well as individual students having work experience at various local businesses, we also run the Foundation Studies store on the Oxford and

Cherwell Valley College

Banbury site. Every student has the opportunity to experience this.



"I like working because I meet new people."

"I like the shop I enjoy cleaning and serving customers."

