Welcome to the May Short Breaks Update. We hope you will find the information in this edition useful. Please share it with your friends, families and colleagues.

This month we have Thomley’s Open Day (p2) & camping weekend (p9) plus several holiday opportunities (p11-15). Your help is needed to start up a new disability football team in Witney (p16) and there’s a variety of autism & Makaton signing training on offer (p20-24).

What’s in this edition...

- P1 Welcome
- P2 Thomley Spring Open Day
- P3 Saturdads
- P4 Banbury Stay & Play for under 5’s
- P5 Disability Football - Banbury
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- P12 Adventure Plus TA Holidays
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- P16 Volunteers needed - Disability Football - Witney
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Short Breaks Update for Families with Disabled Children and Young People

Thomley Spring Open Day

A chance to try us out for FREE, activities include:
- Live music - All day hot food - Ice Creams - ‘Random Mike’ entertainer
- Lionel the train - Soft play areas - Giant bubbles - Face painting
- Tug of war - Inflatable assault course - Archery - Sensory rooms
- Football - Trampolines - Park - Sumo suits and LOTS more to see!

Saturday 4th May 2019
10am-3pm

Free entry and booking is not necessary, everyone welcome.
Join us at Thomley, Menmarsh Road, Worminghall, HP189JZ for a fun-filled day of endless activities for children of all abilities.
A guaranteed good day for all the family!
Please note that our gates will not be locked on this day like they normally are

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire
Short Breaks Update for Families with Disabled Children and Young People

SOUTH ABINGDON ‘SATURDADS’

For Male Parents / Carers and their Children aged 4 to 11
(Reception to Year 6) - 10am until Midday

Preston Road Community Centre, Midget Close, Off Preston Road, Abingdon, OX14 5NR

ALL SESSIONS WILL OFFER FREE ENTRANCE AND FREE ACTIVITIES

Session Dates = 4th & 18th May, 1st, 15th and 29th June, 13th & 27th July, 10th & 24th August, 7th and 21st September, 5th & 19th October, 2nd, 16th & 30th November, 14th December, 11th & 25th January 2020, 8th & 22nd February, 7th & 21st March, 4th & 18th April and 2nd May

Give your wife, fiancée, girlfriend or loved one a break and bring your little ones to our ‘Saturdads’ sessions. Designed for Dads, Uncles, Grandads or any other Male carer aged 18 and above with Children aged 4 years old to 11 years old, we will be playing, having fun, learning and spending quality time together (please note that NO Childcare is provided)

For any Enquiries Contact; Oxfordshire Play Association: Martin Gillett - 01865 779474 – martin.gillett@oxonplay.org.uk

Thank You to our generous supporters who have funded these sessions;

Rotary Club of Abingdon Vesper

Vale of White Horse District Council

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire
Local ‘Stay and Play’ group for families of children under 5 with additional needs or are awaiting a diagnosis.

First Thursday of the month
During term time only
9am-11am and 12noon-2pm
£2 per session

Let’s Play Project, Twyford road, Twyford,
OX17 3JL
01295 810661
vanessa@letsplaybanbury.org
www.letsplaybanbury.org
Football opportunity...

Banbury Phoenix Football Club

North Oxfordshire’s Leading Disability Football Club
Teams play in the BOBi League
Looking for players and coaches for existing teams and a New U16s Team
(Boys and Girls aged from 12 onwards)

For more information contact Roy Mold 07931 323120 Email: roy.mold@aol.com
Website: https://www.pitchero.com/clubs/banburyphoenixfootballclub

Click here for their website - Banbury Phoenix Football Club

Looking for ideas of activities or childcare?

There is a wide variety of providers listed on the Family Services Directory! Plus loads of information on activities & events happening in our County. It’s also free to advertise events...just register and you can add them. Have a browse and search for events happening near you! Activity providers - you can register & add your info so others can find out about them too...

www.oxfordshire.gov.uk/familyinformation

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire
Blue badge parking is available at Snells Hall. Flexicare will provide lunch at the end and can cater for most diets, particularly if they have notice. Access is level except for the toilets but there are no changing places.
Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire.
Short Breaks Update for Families with Disabled Children and Young People

We are delighted to have been successful with National Lottery Funding via Awards for All for our fun filled summer activities this year at Barracks Lane Community Garden. We will be running the following events over the open season - EVERYONE WELCOME!

**Planting the Seed - May 25th - 11.00am- 4:00pm**
A family activity day, planting seeds to take home or to leave at the garden for summer flowers. Learning about seeds and Art activities. Hot drinks and cakes available.

**Water Festival - June 8th - 11.00am- 4:00pm**
A practical session for all the family. We will be looking at rainwater harvesting, installing eco watering devices and having waterplay fun! Hot drinks and cakes available.

**Plants and People - July 6th - 11.00am- 4:00pm**
An informative session for all the family where we are looking at the heritage and migration of plants and people. There will be storytelling and plant inspired artwork. Refreshments available.

The Barracks Lane Community Garden is on Barracks Lane (off Cumberland Road), Oxford, OX4 2AP

To find out more, please go to our website - [http://www.barrackslanegarden.org.uk](http://www.barrackslanegarden.org.uk) or email us - barrackslaneharden@yahoo.co.uk

We’re also on Facebook - [www.facebook.com/BarracksLaneCommunityGarden](http://www.facebook.com/BarracksLaneCommunityGarden) and Instagram - [www.instagram.com/barrackslanecommunity/](http://www.instagram.com/barrackslanecommunity/)

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire
Camping at Thomley...

Friday 24th May from 3:30pm until Saturday 25th May at 3:30pm

It is £10 per person, per night, to camp at Thomley. Arrive from 3:30pm on the Friday to pitch up. The cafe is open until 9pm and will re-open early on Saturday morning, where you can purchase snacks, drinks, dinner and breakfast. There will also be activities throughout your stay such as marshmallows around the fire-pit, archery and giant bubbles. The Thomley camping experience is a lovely, safe setting to test out camping for the first time, or just enjoy staying with us for longer than usual!

No disposable BBQs / fires are allowed and no hot food is to be brought on site by visitors.

Please book by calling: 01844 338380
Or by emailing us: bookings@thomley.org.uk

Thomley
Saturday 22nd June 2019 11.00am–3.00pm
Didcot / Vauxhall Barracks Play & Activity Day

Edmonds Park, Didcot, Oxon. OX11 8QX
FREE Entrance and FREE Activities for Children and Young People of all ages and their Families

Bright Sparks Science / Go Kart Party / Tricky Trails Biking
Drumming / Body Zorbing / Fire Play / Orinoco Scrapstore / Giant Bubbles / Earth Trust / GLL - Better / 11 EOD / Balsam Family Project / Smoothie Bike / DIY Face Painting and much more!!

Celebrating Playday & Armed Forces Day
Bringing Armed Forces Families and Local Communities Together Through Play

For further details please contact - Oxfordshire Play Association
Tel: 01865 779474 / www.oxonplay.org.uk / martin.gillett@oxonplay.org.uk

This is an Open Access event. Please note that NO Childcare is provided. There is NO Parking on site.
Food and Refreshments will need to be purchased, you are most welcome to bring a picnic.

This event is funded and supported by:

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire
Every summer, Oxford Mencap run a holiday programme at Hill End in Oxford. All the holiday guests are from Oxfordshire and the holidays are about shared experiences, friendships and fun. This includes one to one care, residential accommodation and all activities. Each guest has their own volunteer working with them, helping with personal care as necessary and helping them to enjoy all the activities on offer. These activities include:- bowling, trips to theme parks, BBQ’s, zoo, swimming, discos and much more. This year, they are also including a week in Wales.

The 2019 holidays are divided into five separate weeks:-

- **Week 1** - Friday 19th to Saturday 26th July
- **Week 2** - Top Camp - Saturday 26th July to Saturday 3rd August (a week for those who have more needs and who will have two to one support)
- **Week 2** - Bottom Camp - Saturday 26th July to Saturday 3rd August
- **Week 3** - Saturday 3rd to Saturday 10th August
- **Wales** - Friday 13th to Sunday 22nd September - this group go to a cottage in Wales

For more details, how to apply and costs involved, please contact Oxford Mencap direct to find out more - administrator@oxfordmencap.org.uk

Oxford Mencap are also looking for volunteers to enable them to run these holidays. Please contact them direct for further details and to request an application pack.
Short Breaks Update for Families with Disabled Children and Young People

Where will your adventure take you?...

TA holidays 2019 – Bookings Open

2019 is well and truly underway! We hope that it has been a good start all round to this new year. Our wonderful team has been busy with planning and praying for our Total Adventure holidays 2019!

Our theme this year is “You’ve got a friend in Him”, based on the verse “...there is a friend who sticks closer than a brother” Prov 18:24b. We can’t wait to welcome many children to our TA holidays this year and share this good news with them.

Total Adventure holidays are open to any young person aged 8-15. Each week is packed full of opportunities. Try your hand at archery, fencing, climbing, canoeing, bushcraft, hang out with old and new friends, play sport, read, talk or make something to remember the week by in arts and crafts sessions.

- **TA Peak (12-15s)** 29th July-2nd August
- **TA Beacon (8-12s)** - 12th-16th August

Book online and give your children opportunities to make memories and friends that last a lifetime and be encouraged as they live the adventure of faith.

Scampers (Senior Campers, ages 16-17) are also welcome on Total Adventure holidays. You will experience all the fun of a Total Adventure holiday with the added responsibility of helping the leaders.

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire.
New opportunity to explore Slovenia for 18-29 year olds with visual impairment

Who: 18 to 29 years
When: 2 to 8 June 2019
Location: Slovenia
Cost: £400

We have had a couple of spaces become available on our trip to Slovenia for young adults aged 18 to 29 years. This is a fantastic opportunity to join us and Seable Holidays to discover this hidden gem of a country!

The trip departs from London Stansted airport, meeting at 11am on Sunday 2 June 2019 and flying to Ljubljana, where we will check into our city hotel. We will explore the city including its historical castle and visit a traditional chocolate shop. Our group will discover the hidden side of the city and incorporate a visit to a local school for the blind.

Next up we’ll transfer to the charming ski chalet style Hotel Jelka in the stunning Slovenian mountains. Scenic walks, a cable car up to the top of Mount Vogel and an exciting zip wire activity are all on the itinerary. The following day takes us to the stunning lakes for some canoeing and weather permitting, a swim in Lake Bled! Our visit will wind down with a spot of yoga and meditation.

If you would like to explore Slovenia with VICTA and other young adults your own age, please apply via the link below. Please note, if you would like to apply for this trip, you will need to have previously attended a VICTA UK based activity.

To find out more and to apply, please click on this link - VICTA Slovenia 2019
Short Breaks Update for Families with Disabled Children and Young People

Peak District National Park opportunity for 18-29 year olds with visual impairment

Who: 18 to 29 years
When: 9 to 14 August 2019
Location: Peak District, England (staying at YHA Alstonefield)
Cost: £90
Closing date: Friday 17 May 2019

Join VICTA as we team up with the Peak District National Park this summer. As well as enjoying plenty of time outdoors in the English summer sunshine, you will actively contribute to the diverse range of environmental and conservation projects that maintain the upkeep of one of the UK’s most popular and important destinations, earning your John Muir Discovery Award in the process.

You will also spend a day out at an outdoor adventure centre taking part in fun activities like climbing, rambling, canoeing and kayaking around the Peak District!

Make a positive environmental impact to a UK National Park, try new activities with new friends and earn an award all at the same time.

All participants are expected to make their own travel arrangements to and from the meeting points at the start and end of the trip.

To find out more and to apply, please click on this link - VICTA Peak District.
Cultural trip to Lanzarote for 18-29 year olds with visual impairment

Who: 18 to 29 years
When: 7 to 13 October 2019
Location: Flying from London Gatwick to Lanzarote
Cost: £400
Contribution break down: Deposit £100 due 8 July 2019; £150 due 5 August 2019; £150 due 2 September 2019
Application closing date: Friday 31 May 2019

We are excited to announce applications are now open for our 18+ trip to Lanzarote. Join the VICTA team and specialist travel company Seable for an international cultural adventure to this incredible volcanic Island. Discover the stark and breath-taking landscape, from green palm-filled valleys to surreal lava fields and explosive black lava caves.

Our adventure will start with a visit to the famous “Los Hervideros” lava caves and natural salt caves. This coastal area sees waves force water into the labyrinth caves with such a dramatic power it appears as if the sea is bubbling and boiling. After becoming immersed in the magnificent power of nature, we will settle down in Porto del Carmen for an authentic Spanish paella and a chance to explore the Island on a tandem bicycle. The next adventure will take the group to Timanfaya for a hike in between the craters of the spectacular volcanic landscape. Timanfaya National Park covers an impressive quarter of the island. After a busy excursion day, the last couple of days will involve a more relaxed approach, exploring the El Cuervo area by horse, eating lunch locally, and sampling some of the famous grapes that grow in the lava soil. Our final exploration will finish with a morning of kayaking and snorkeling and a last free afternoon at the beach.

To find out more and to apply, please click on this link - [VICTA Lanzarote 2019](#)
Tower Hill FC in Witney are looking for volunteers to coach a new youth disability team. In order to start this next season, they desperately need more helpers. They cannot do this without you!!

** Volunteering is needed **

** No experience is required as all necessary training and qualifications can be provided. **

If you’re interested or want to find out more, please contact:-

Harry Ash on harry.ash@oxfordshirefa.com or 07534 912206
Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire.
Short Breaks Update for Families with Disabled Children and Young People

**SPECIAL OFFER**

One year's free Premium MyLiferaft account (normally £120) - please use the code - OXFORD365

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire
Short Breaks Update for Families with Disabled Children and Young People

Paul Isaacs
Autism Expert & Thomley Patron

Friday 26th April
“Life with Autism”
(For introductory parents, siblings, friends, teachers)

Friday 21st June
“Understanding the mechanics of Autism”
(Helping parents and children understand Autism)

Join us for an informal conference with Paul Isaacs in the Thomley Pavilion, arrive any time from 5:45pm for a 6:15pm start, it is £5 per person to attend the talk.

The soft play areas will be open for those wishing to bring their children, just £3 per child to come too! Hot dogs, cake and drinks are all available from the cafe to buy on the night.

Please share this with your contacts who may benefit from hearing Paul’s fantastic talk.

Booking is essential, email us on:
bookings@thomley.org.uk
Or, call: 01844 338380

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire
Short Breaks Update for Families with Disabled Children and Young People

Living with Autism

“I have learnt more in 3 hours than I have in 20 years of training”

Sophie, Psychotherapist

A half day seminar, choice of 2 venues & 4 dates
Quaker Meeting House, 43 St Giles, Oxford OX1 3LW & Methodist Church, Buckingham Street, Aylesbury HP20 2NQ

This course is for family members of people of any age on the Autism Spectrum. Refreshments provided; please bring own lunch or buy locally.

<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>May</td>
<td>Friday 3rd</td>
<td>10am – 2pm</td>
<td>Aylesbury Methodist Church</td>
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<tr>
<td>May</td>
<td>Wednesday 8th</td>
<td>10am – 2pm</td>
<td>Oxford Quaker House</td>
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<tr>
<td>May</td>
<td>Friday 17th</td>
<td>10am – 2pm</td>
<td>Aylesbury Methodist Church</td>
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<tr>
<td>June</td>
<td>Friday 7th</td>
<td>10am – 2pm</td>
<td>Oxford Quaker House</td>
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£50 + vat = £60 pp

Limited number of concessionary rates available to people on very low income or benefits: - £40 + VAT (£48pp)

BOOK NOW - [www.autismoxford.org.uk/seminars](http://www.autismoxford.org.uk/seminars)

Autism Oxford UK Ltd. Registered No:09271647
Web: [www.autismoxford.org.uk](http://www.autismoxford.org.uk)
Email: info@autismoxford.org.uk

Visit [www.oxfordshire.gov.uk/shortbreaks](http://www.oxfordshire.gov.uk/shortbreaks) to keep up to date with short breaks and respite care services for disabled children in Oxfordshire
Understanding & Working with Autism

A half day training session offered on 2 separate dates:-

- 10.45 for 11 am - 3pm on Monday 13th May 2019
- 10.45 for 11am - 3pm on Tuesday 4th June 2019

Venue - Abell House, The Slade, Horspath Driftway, Oxford OX3 7JH

** This course is FREE to attend for staff working in Oxfordshire **

Prior booking is necessary
This training is very popular and usually over subscribed. Last time we advertised there were 500 applications for 250 places. If you book a place, please let us know if you cannot attend so that we can offer your place to someone on the waiting list. Depending on circumstances, a £50 + VAT charge may be incurred by those failing to attend without letting us know in advance.

Refreshments provided; please bring your own lunch

After attending this course you will:

- have an understanding of the Autism Spectrum and its key features
- have awareness of what Autism looks like and appreciation of how it feels on the inside
- have insights into everyday issues that can affect people with Autism, such as sensory issues, anxiety, fear, low self-esteem
- be able to identify and use some autism-friendly strategies and ‘reasonable adjustments’
- understand the importance of Autism-friendly 'reasonable adjustments'
- be aware of autism services & organisations in Oxfordshire & the Alert Card Scheme

Funded by the Oxfordshire Clinical Commissioning Group

Limited Spaces Available

BOOKING IS ESSENTIAL!

To book, please email Autism Oxford on - researchupdate@autismoxford.org.uk

Please give your NAME, EMAIL, JOB TITLE, ORGANISATION and CHOICE OF DATE
Working with Autism

“Seriously, one of the best CPD I’ve had in years!”
Dr Matthew Stephenson, Consultant Psychiatrist, Oxford Health NHS FT

A half day course offered on 3 dates - 10.00am – 2.00pm
Friday 14th June 2019
Friday 5th July 2019
Friday 19th July 2019

Methodist Church, Buckingham Street, Aylesbury HP20 2NQ
Introductory Offer: £60 + VAT

Refreshments provided, please bring own lunch or buy locally

Limited Spaces Available

Book on Mobile, Tablet or Desktop!

BOOK NOW - www.autismoxford.org.uk/training

This is a hugely popular course for anyone working with autistic people of any age, whether children, young people or adults. It has been presented to Oxfordshire professionals since 2011 and is always heavily oversubscribed. We are not funded to offer the course free of charge outside of Oxfordshire, but we have received numerous enquiries and are therefore aware that many other professionals would like to attend. So we are offering the same course on a pay to attend basis in Aylesbury. We look forward to meeting many new colleagues at the courses in June and July have no doubt that you will find them enjoyable and useful, as over 5,000 previous attendees have.

Autism Oxford UK Ltd. Registered No:09271647
Web: www.autismoxford.org.uk
Email: info@autismoxford.org.uk
Making Sense of Sensory Needs

Wednesday 19th June - 9.30am for 10.00am start – 3.30pm
Methodist Church, Buckingham Street, Aylesbury HP20 2NQ

Professor Olga Bogdashina
PhD (Linguistics); MSc (Psychology); MA (Teaching Methods); MA Ed (Autism) et al.

World renowned author of 12 books including:

‘Sensory perceptual Issues in Autism and Asperger Syndrome’

‘Communication Issues in Autism and Asperger Syndrome’

With

Autism Oxford UK's Highly Acclaimed
Autistic Training Team

Booking rates, including refreshments:

Professionals: £75 + VAT

People with ASC & Family Members: £50 + VAT

Concession rate: £30 + VAT

Refreshments provided, please bring own lunch or buy locally

For fast, easy, secure booking: http://www.autismoxford.org.uk

“To help autistic individuals we should work with autism, not against it”
### Short Breaks Update for Families with Disabled Children and Young People

Visit [www.oxfordshire.gov.uk/shortbreaks](http://www.oxfordshire.gov.uk/shortbreaks) to keep up to date with short breaks and respite care services for disabled children in Oxfordshire.

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## Makaton Training Workshops with Hands Aloud in Abingdon, Oxfordshire

<table>
<thead>
<tr>
<th>Date</th>
<th>Duration</th>
<th>Type of Workshop</th>
<th>Cost per person</th>
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<tbody>
<tr>
<td>Tuesdays 7th &amp; 14th May</td>
<td>2 day</td>
<td>Foundation Workshop (Levels 1 &amp; 2) Stages 1,2,3 &amp; 4 of Core Vocabulary</td>
<td>£155</td>
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<tr>
<td>Full Day</td>
<td>workshop</td>
<td></td>
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<tr>
<td>Saturday 11th May (Morning)</td>
<td>2 hours</td>
<td>Taster Workshop 45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home</td>
<td>£20</td>
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<td>9:30am - 11:30am</td>
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<tr>
<td>Tuesday 28th May (Half Term)</td>
<td>2 hours</td>
<td>Taster Workshop 45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home</td>
<td>£20</td>
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<tr>
<td>9:30am - 11:30am</td>
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<tr>
<td>Tuesday 4th June (Evening)</td>
<td>2 hours</td>
<td>Taster Workshop 45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home</td>
<td>£20</td>
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<tr>
<td>7:00pm - 9:00pm</td>
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<tr>
<td>Tuesday 11th June (Afternoon)</td>
<td>3 hours</td>
<td>Using Makaton with Singing You will learn up to 100 signs and have fun practising them in songs adapted for different levels of ability. For Early Years practitioners, parents, teachers, classroom assistants, and community musicians working with young children.</td>
<td>£30</td>
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<tr>
<td>12:30pm - 3:30pm</td>
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<tr>
<td>Tuesday 2nd July</td>
<td>1 Day</td>
<td>Level 1 Makaton Stages 1 &amp; 2 of Core Vocabulary</td>
<td>£80</td>
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<tr>
<td>Full Day</td>
<td>workshop</td>
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### What is Makaton?

Makaton is a language programme using signs and symbols to help people communicate. It is designed to support spoken language rather than replace it. For details on these and other Makaton training workshops available please contact Libby on

**07546 191811 / LibbyMakatonTutor@gmail.com**

[www.facebook.com/HandsAloudMakaton](http://www.facebook.com/HandsAloudMakaton)

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Visit [www.oxfordshire.gov.uk/shortbreaks](http://www.oxfordshire.gov.uk/shortbreaks) to keep up to date with short breaks and respite care services for disabled children in Oxfordshire.
Short Breaks Update for Families with Disabled Children and Young People

Autism friendly cinema screenings for this month

On Sunday mornings throughout the month, films suitable for all audiences are screened in a sensory friendly and inclusive environment with adjustments.

These autism friendly adjustments aim to reduce over-stimulation and create a welcoming environment. They are designed to make the cinema more inclusive and accessible for people with sensory sensitivities, and others who can benefit from this environment.

- **Cineworld** are showing Wonder Park on Sunday 5th May at 11.00am in Didcot, Witney, High Wycombe & Milton Keynes.
- **Showcase** are showing The Goonies (12A) on Sunday 12th May at 10.00am in Reading.
- **Picturehouse** cinemas are showing How to Train Your Dragon: The Hidden World (PG) on Sunday 19th May at 11.00am at The Phoenix in Oxford & The Regal in Henley-on-Thames.
- **Odeon** are showing Pokemon Detective Pikachu on Sunday 26th May at 10.15am at Oxford, Aylesbury & Milton Keynes Stadium.
- **Vue** have not yet specified the film this month but it’s always on the last Sunday of the month at 10.15am in Bicester, Oxford, Newbury & Reading.

The Dimensions website has details of these screenings. Please go to their website: [https://www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/](https://www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/) should you wish to find out more.

**Have you got a CEA card yet?** This card enables a disabled cinema go-er (aged 8 yrs +) to receive a complimentary ticket for someone to go with them to participating cinemas. Please go to their website for more info: [https://www.ceacard.co.uk/](https://www.ceacard.co.uk/)
Training opportunities

Fundamentals of GDPR: new to GDPR or need a refresher?
The General Data Protection Regulation (GDPR) came into effect on the 25th of May 2018 and is the most significant change to data protection law in almost 20 years. The GDPR strengthens a number of existing principles and introduces more rights for individuals in the use of their personal data. GDPR should not be viewed as a tick-box exercise, that once ‘compliant’ it can be forgotten about. Charities need to view the regulation as one that requires on going monitoring and adherence. This half day training session will introduce GDPR to delegates, describe the differences between the Data Protection Act 1998 and provide practical steps that need to be taken in order to start and continue implementing GDPR.

Wednesday 8th May 2019  £60 – £90

Improve Your Online Digital Marketing Skills
Today they are a wide range of tools available to help Charities with their marketing communications. However choosing the right tool – or combination of tools – to meet your goals such as fundraising, attracting volunteers, and supporting your core activities can be a challenge. This course is firstly designed to give you an overview of the key digital tools including Mailchimp, LinkedIn, Facebook, Twitter, E newsletters and explain how they could be used to meet your goals. Secondly it is designed to help you get the best from these tools, via practical, hands-on experience. This course has been extended from 3 to 4 hours following feedback from the previous course to allow more time for practical experience during the session. A laptop, tablet or mobile phone is useful to bring to the session to allow you to try out the tools.

Tuesday 14th May 2019 ( 4 hours )  £60 – £90

Health and Safety  Level 2
The QA Level 2 Award in Health and Safety in the Workplace (QCF) is ideal for all employees, as it helps candidates develop a greater understanding of Health and Safety issues and the role that everyone plays in maintaining a safe working environment. Candidates undertake 3 practical assessments during the course plus a multiple choice exam at the end of the course. On successful completion of the course, candidates will achieve a Level 2 Award in Health and Safety in the Workplace from Qualsafe. The qualification is valid for 3 years but annual refreshers are considered best practice.

Wednesday 15th May 2019 ( 6 hours )  £95 – £125

Venue:- OCVA offices, The Old Court House, Floyds Row, St Aldates, Oxford, OX1 1SS.

More information and bookings taken on the OCVA website - https://ocva.org.uk/all-courses/
If you have any questions about courses or can’t find what you’re looking for, please email:- training@ocva.org.uk or call 01865 251946.