

| <b>REASON</b>   | <b>WHO to CONTACT / SUPPORT AVAILABLE</b>   | <b>CONTACT DETAILS</b>  |
|---|---|---|
| <b>FOOD SHORTAGE - BRACKLEY</b><br>Cannot afford to buy food for your family, Brackley area   | Brackley Food Bank  | 01869 810687 or<br>07842 514216   |
| <b>FOOD SHORTAGE - FIND A FOODBANK</b>  | Trussell Trust  | <a href="https://www.trusselltrust.org/get-help/find-a-foodbank/">https://www.trusselltrust.org/get-help/find-a-foodbank/</a>   |
| <b>HEALTH</b><br>You have health concerns and need support from a medical professional  | NHS online / NHS phone line   | <a href="https://111.nhs.uk">https://111.nhs.uk</a><br>or if necessary<br>call 111  |
| <b>CORONAVIRUS UPDATE</b><br>Current government advice  | Information on current government guidelines  | <a href="https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response">https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response</a>                 |
| <b>CORONAVIRUS HEALTH INFORMATION</b><br>NHS advice   | Current NHS information   | <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>   |
| <b>NORTHAMPTONSHIRE CORONAVIRUS</b><br>Advice on Coronavirus for Northamptonshire residents   | Public Health Northamptonshire  | <a href="https://www.northamptonshire.gov.uk/councilservices/health/Pages/coronavirus-advice.aspx">https://www.northamptonshire.gov.uk/councilservices/health/Pages/coronavirus-advice.aspx</a>                 |
| <b>SAFEGUARDING - NORTHAMPTONSHIRE</b><br>You are concerned about the well-being of a child or young person. This could be your own child.  | Multi Agency Safeguarding Hub<br><b>MASH</b>  | 0300 126 1000<br>Children - Option 1<br>Adults - Option 2   |
| <b>FINANCIAL SUPPORT</b><br>Advice on sick pay and universal credits if you are unable to work  | If you are in work and not claiming benefits, statutory sick pay from day 1 if you are eligible. Otherwise you can apply for Universal Credit or Employment and Support Allowance | <a href="https://www.understandinguniversalcredit.gov.uk/coronavirus/">https://www.understandinguniversalcredit.gov.uk/coronavirus/</a>   |
| <b>INFORMATION IN NORTHAMPTONSHIRE</b><br>The Local Offer for SEN and Disability (SEND) brings together information about education, health and care services for children and young people from 0 to 25 with SEND. | The Local Offer Northamptonshire  | <a href="https://www.northamptonshire.gov.uk/councilservices/children-families-education/SEND/local-offer">https://www.northamptonshire.gov.uk/councilservices/children-families-education/SEND/local-offer</a> |