

Frank Wise School Menu Summer 2024

Week One

15 Apr/7 May/3 Jun/24 Jun/15 Jul

Monday

Pepperoni pizza 2, 7
Cheese and tomato pizza 2, 7
Herbie diced potatoes, peas, sweetcorn 2
Fresh fruit

Tuesday

Sausage and mashed potato 2, 7, 14
Vegetarian sausage and mashed potato 2, 4, 7, 13
Baked beans
Mini muffins 2, 4, 7

Wednesday

Chicken pasta bake 2, 7
Leek and mushroom pasta bake 2, 7
Garlic bread, salad 2, 7
Yoghurts 7

Thursday

Roast pork with Yorkshire pudding 2, 4, 7
Quorn roast 4, 7
Roast potatoes, farmhouse vegetables, gravy 2, 14
Artic roll 2, 4, 7, 10, 13

Friday

Fish fingers 2, 5
Vegetarian sausage rolls 2, 7, 13
Chips, beans 2
Ice-cream 7

*Gluten/dairy free options available
Fresh seasonal veg, salad and bread available*

Week Two

22 Apr/13 May/10 Jun/1 Jul/22 Jul

Monday

Meatballs with pasta 2
Vegetarian balls with pasta 2, 4, 7, 13
Garlic bread, salad 2, 7
Fruit

Tuesday

Chicken in a wrap 2
Vegetarian wraps 2, 4
Roasted new potatoes, carrots, peas
Homemade cookies 2, 4, 7, 10, 13

Wednesday

Breakfast of eggs, bacon, sausage 2, 4, 7, 13
Vegetarian sausages, eggs 2, 4, 7, 13
Hash browns, baked beans 2
Yoghurts 7

Thursday

Roast turkey with Yorkshire pudding 4, 7
Quorn roast 4, 7
Roast potatoes, farmhouse vegetables, gravy 2, 14
Ice-cream 7

Friday

Fish 2, 5
Vegetarian dippers 2, 7
Chips, baked beans 2
Ice lollies

*Gluten/dairy free options available
Fresh seasonal veg, salad and bread available*

Week Three

29 Apr/20 May/17 Jun/8 Jul

Monday

Chicken burgers in a bun 2, 4, 7
Vegetarian burgers in a bun 2, 4, 7, 14
Wedges, baked beans 2
Vegan jellies

Tuesday

Pasta bolognese 2
Vegetarian bolognese 2, 4, 7, 13
Garlic bread, salad 2, 7
Homemade flapjack 2, 7

Wednesday

Chicken korma curry 7, 9, 10, 11
Vegetarian korma curry 9, 10, 11
Jacket potatoes, naan bread 2, 7
Yoghurts 7

Thursday

Roast gammon with Yorkshire pudding 2, 4, 7
Quorn roast 4, 7
Roast potatoes, farmhouse vegetables, gravy 2, 14
Smoothies

Friday













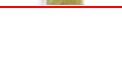
Fish fingers 2, 5
Cheese and onion pasties 2, 7
Chips, spaghetti hoops 2
Choc ices 7, 10

*Gluten/dairy free options available
Fresh seasonal veg, salad and bread available*

Summer 2024



Allergens Key

	1	Celery
	2	Cereal containing gluten
	3	Crustaceans
	4	Eggs
	5	Fish
	6	Lupin
	7	Milk
	8	Molluscs eg fish/snails/squid/whelks/oysters
	9	Mustard
	10	Nuts
	11	Peanuts
	12	Sesame seeds
	13	Soya

Frank Wise School

Menu

Summer 2024

Balanced

Good Quality

Nutrition

Compassion

Respect


Truth

Service

Forgiveness



Blessed George Napier Catholic School

Sulphur Dioxide 	14	Sulphur dioxide
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