

Out of School Activities

We will be holding a **Family Information Fair on Monday the 24th of March in the school hall** alongside the termly review meetings. There will be lots of organisations to meet. People will be on hand to offer support to families, provide information about leisure activities and tell you more about some of the options for the children when they move on from school in the future. The Friends of Frank Wise will also be joining us to offer refreshments. Please save the date and I hope to see you there!

Best wishes Natalie

Explore your future!

Monday 24th March 2025

4pm until 5:30pm

Frank Wise School,
Banbury, OX16 9RL

Information Fair for all young people with learning difficulties and additional needs, their families, carers and professionals.

Come and visit key providers of play and leisure, careers guidance and job seeking, local and residential colleges, supported living, day care services, supported internships, family support, self advocacy and more!

Everyone Welcome!

For more information contact Natalie Dayer natalie.dayer@frankwise.oxon.sch.uk 07545 934951

Explore your future!

At our Frank Wise

Family Information Fair

Monday 24th March 2025 from 4pm until 5:30pm

Come and visit key providers of play and leisure, careers guidance and job seeking, local and residential colleges, supported living, day care services, supported internships, family support, self advocacy and more!

For Young People with Learning Difficulties and Additional Needs and their Families

Confirmed organisations

Banbury and Bicester College	Post 16 and Post 19 college education	activatelearning.ac.uk/banbury-bicester
Oxford Health NHS-Learning Disability Team	Specialist health care	https://www.oxfordhealth.nhs.uk/learning-disability-service/
Richardson Care	Residential supported living	richardsoncare.co.uk
National Star College	Residential college	https://www.nationalstar.org/
Banbury Community Support Service	Daytime support	https://www.banburycommunitysupport.co.uk/
Oxfordshire Employment Services	Supported internships	https://www.oxfordshire.gov.uk/oxfordshire-employment
The Griffiths Centre at Frank Wise (GC)	Post 16 school education	https://frankwise.oxon.sch.uk/post-16/
Carers Oxfordshire	Support for carers	https://www.carersoxfordshire.org.uk/
You and Me Supported Living	Supported living, daytime support	youandmesupportedliving.co.uk
Department for Work and Pensions	Job seeking and employment & benefits support	jobcentresplusoffices.com/banbury/banbury-jobcentre-plus
Thrive	Daytime support	https://letsolbybanbury.org/our-services/thrive/
Farmability	Outdoor supported farming	https://farmability.org.uk/about/
Thornley Hall	Specialist activity centre	https://thornley.org.uk/
Abingdon & Witney College	Post 16 and Post 19 college education	https://abingdon.witney.ac.uk/support/send
Oxfordshire Parent Carers Forum	Family support and advocacy	https://www.oxpcf.org.uk/
Home From Home Care	Residential supported living	https://www.homefromhomecare.com/

For more information contact Natalie Dayer natalie.dayer@frankwise.oxon.sch.uk 07545 934951



For more information on out of school activities please contact
Natalie Dayer . Out of School Liaison Officer . Frank Wise School
Tel: 07545 934 951 . Email: nataliedayer@frankwise.oxon.sch.uk

ADVENTURE PLAY AT BLENHEIM PALACE

Accessibility for All

We want Blenheim Palace Adventure Play to be for everyone and anyone. Accessibility for all runs through the very fabric of it, so visitors of all abilities can explore, experience and enjoy it all.

There are wider pathways, materials carefully chosen to allow for safe and easy access, timber decking boards using anti-slip resin inserts, where we have buildings and towers, there are wide ramps and handrails ensuring wheelchair access is possible to get into the majority of spaces.

Book a Session



Blenheim Palace Adventure Play is a great place for SEND (special educational needs and disabilities) children too, with separate quiet play sessions available on the last Sunday of every month from 9/15 to 11/25. The Adventure Playhubs are always on hand to help and support children of all ages and abilities.

We also have two baby change tables, both of which have two heights of basin for small children, and toilet seats with different sizes. All hand driers are low volume.

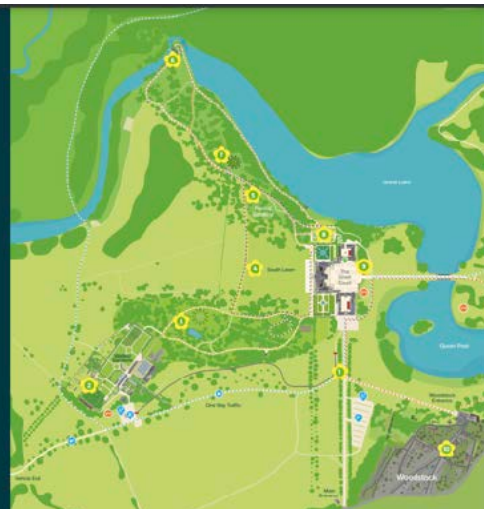
Book a Quiet Play Session



BLenheim PALACE SENSORY GARDEN ADVENTURE

Please use this map to discover some of the wonderful sensory experiences our Formal and Walled Gardens have to offer.

- LISTEN** Can you hear the train?
- PLAY** Explore the adventure playground
- LIGHT & SHADE** Look at the shadows the trees create
- RELAX** Stop here for a while
- SEE** How many different colours can you find?
- SOUND** Can you hear the flow of water?
- SMELL** What flowers can you smell?
- FEEL** Can you feel the water spray?
- TOUCH** Feel the shapes and textures of the gates
- MAKE CHOICES** What treat will you choose?



TO BOOK VISIT

WWW.BLENHEIMPALACE.COM/ADVENTURE-PLAY/ACCESSIBILITY/



Autism Friendly Opening

Saturday 5th April, 9am-10am

A relaxed and quiet morning opening at the **Oxford University Museum of Natural History & Pitt Rivers Museum**. A chance for families with members on the Autism spectrum to visit the Museum when it is less busy.

Booking essential, email: education@oum.ox.ac.uk



Special Needs Swimming Lessons

are on offer for children in Brackley, Buckingham, Towcester and Milton Keynes.

Family swimming sessions and swimming lessons just for children with special educational needs.

Saturday mornings at a private pool in Buckingham.

Parents / carers can get into the pool with their children and non-SEN siblings can take part too.

For more details please email

tazm2001@icloud.com

or call or message

07427 240156

WE ARE UNITED
BANBURY UNITED
 COMMUNITY

Neurodiverse Football

MONDAYS
 5PM - 6PM

AGE 6-13
 £2.50 Per Session

NORTH OXFORDSHIRE ACADEMY ASTRO TURF
 FOR MORE INFORMATION CONTACT
 COMMUNITY.COACH@BANBURYUNITEDFC.CO.UK



£2.50 per session, term time only. Free with a You Move Card (youmove@cherwell-dc.gov.uk)

North Oxfordshire Academy, Drayton Road, Banbury OX16 0UD.

For more information, please email Ryan Jones on:-

SEN CLASSES

Every Sunday morning
 11am - 11.45am

At NOX we believe in gymnastics for ALL

We know that some children need a little more support and guidance to get involved in our classes. Every Sunday morning we run fun, parent-inclusive classes using a wide range of equipment and interactive games!

hello@noxgymnastics.com



If you are interested, visit

<https://www.noxgymnastics.com/.../gymnastics-taster.../>

for more information or to sign up for a FREE trial!



Easter events at Banbury Museum

For details go to

<https://www.banburymuseum.org/whats-on/events/>

FarmED Family activity Back for 2025

Minibeast SAFARI

Join us at FarmED for a fun-filled bug hunt!
 Discover your inner bug hunter... Sweep, scoop, and identify all of your favourite colourful critters!

Running on multiple dates throughout the easter & summer holidays.
 Tickets: £5 per child (adults go free).
 Time: 10:45am ready to set off at 11am (the bug hunt will be around an hour).
 Our Cafe will be open for refreshments.

Find us at:
 FarmED, Station Road,
 Shipton-under-Wychwood,
 Chipping Norton,
 Oxfordshire, OX7 6BJ

To book your Minibeast Safari please visit:
www.farm-ed.co.uk
 or scan the QR code.





**** SEND SESSIONS - 17th Dec; 11th Feb; 1st Apr & 3rd June****

This one hour session, which includes the safety briefing, is suitable for those with additional needs whether neurological or physical and their siblings (minimum age of 4 years).

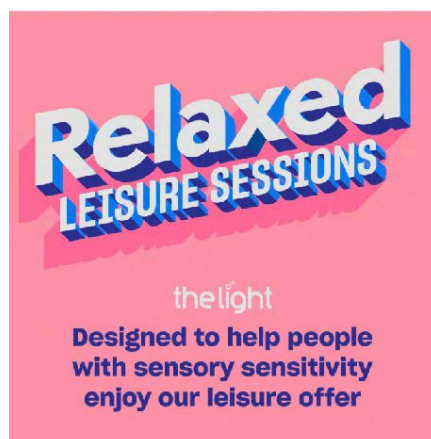
We create an environment which is as calm as possible, with reduced participant numbers, low music levels and multi-sensory climbing aids for those who are visually impaired. For those with a physical need, who may need assistance to climb, please contact us beforehand so we can arrange suitable support. Please note that due to safety ear defenders and lanyards will not be permitted in the arena – we have put other measures in place to support those who are sensitive to noise.

These sessions are a great opportunity for parents of SEND children to meet up and share their experiences over a complimentary hot drink in our arena side café (1 complimentary hot drink per booking).

Session times are - 4:30pm – 5:30pm & 5:30pm – 6:30pm

£10 includes climb and complimentary hot drink for the booking adult.

To book, go to our website - [Bicester Clip n Climb sessions](#)



The Light in Banbury offer some relaxed leisure sessions as well as sensory friendly cinema viewings. These are:-

- * Relaxed bowling – every Sunday morning between 9am-10am. No music, lights are at a minimum on the bowling lanes, arcades are turned off.
- * Relaxed climbing session – every Thursday afternoon at 4pm. These are quieter and slower paced sessions in smaller groups for those with sensory needs.

To book or find out more, please go to the website - [The Light Banbury](#) or you can pop in and book in person if you prefer.

The Light is located in Spiceball Park Road, Banbury, Oxfordshire, OX16 2PA



Make a friend online with Virtual Buddying

Sense's Virtual Buddying is for disabled people of any age in the UK. Video call, phone, text, or email with your buddy once a week from the comfort of your home. Together, you can learn a new skill, build your confidence, do your favourite activities – or simply have a chat and a laugh together!

It's really simple to get started and totally free! Once you register your interest and complete an application form, one of our team will be in touch to learn more about you and your interests. We'll match you with a volunteer who's a similar age, personality and who shares your interests and then we'll introduce you to each other. Call or message your new buddy for an hour a week, when it suits you. We'll check in with you regularly to see how you and your Buddy are getting on. Find out more and sign up by visiting our website <https://www.sense.org.uk/our-services/meeting-people/virtual-buddying-befriending-service/>

If you have any questions get in touch with virtualbuddying@sense.org.uk

Support for young carers and siblings of disabled people

Sometimes, we all need space to relax and share our experiences with people who understand us. That's why we offer support and activities to young carers and siblings aged 5-18, of people with disabilities. Your child could attend one of our virtual book clubs or games nights, or come along to a wellbeing session if they'd like to talk. The choice is theirs!

Most of our work with siblings and young carers happens online. This means you can access our sessions from wherever you are in the UK. We send out free activity packs in the post, so you can try your hand at something new! We'll also email you each month with a timetable of online activities. We can provide iPads and IT support to help you access these.

Depending on where you live in the UK, you might also be able to come along to one of our monthly meet-ups – right now we have groups in Birmingham and Bristol. These events give siblings and young carers the chance to spend time together, chat and have fun.

Find out more and sign up by visiting our website <https://www.sense.org.uk/our-services/support-for-children/support-for-young-carers-and-siblings/>

If you have any questions get in touch with siblingsandyoungcarers@sense.org.uk

For everyone living with complex disabilities. For everyone who is deafblind. Sense is here to help people communicate and experience the world.

Sense, 101 Pentonville Road, London, N1 9LG
www.sense.org.uk

Accessible Screenings UK website has details of screenings - <https://accessiblescreeningsuk.co.uk/types-of-screenings/> should you wish to find out more.

Have you got a CEA card yet? This card enables a disabled cinema go-er (aged 8 yrs +) to receive a complimentary ticket for someone to go with them to participating cinemas. Please go to their website for more info:-

<https://www.ceacard.co.uk/>



WHO WE ARE

Arise Youth Support is a specialist provider supporting young people 18+ who have been diagnosed with learning disabilities, physical disabilities, and/or Autism Spectrum, to achieve the best outcomes and independence whilst living in their own homes or community-based support.

Our focus is on working with young people who are transitioning into adulthood. Promoting independence, encouraging self-awareness, and building confidence.



WE PROVIDE

care and support
personal care
meal prep
medication
social activities
overnight care
24 live in care
respite care



ACCREDITATIONS



ADDRESS

F111 CHERWELL BUSINESS VILLAGE
SOUTHAM ROAD
BANBURY
OXFORDSHIRE
OX16 2SP

EMAIL

INFO@ARISEYOUTHSUPPORT.ORG

OFFICE LINE

+44 1865 956285

**ARISE
YOUTH
SUPPORT**

CULTIVATING HAPPINESS

FEVER

Disco for adults with additional needs



- o £5 Entry + a drink
- o Quieter area for those who may need it
- o Carers/Support Workers go free

Last Thursday of each month 7-9pm

Fever Nightclub, 49-50 High Street, Banbury, OX16 5LA

IN PERSON EVENTS



MARCH 11	MARCH 17	MARCH 21	MARCH 25
10:15 - 12:00 PM Didcot	10:45 AM - 12:30 PM Abingdon	9:30 AM - 11:15 AM Bicester	10:15 AM - 12:00 PM Banbury



We're excited to invite you to our Oxfordshire SEND Room Connect events this March! These in-person gatherings are a great opportunity for parent carers to meet others who truly understand the SEND journey, share experiences and access valuable local resources.

- Didcot – March 11, 12:15 PM - 2:00 PM
- Abingdon – March 17, 10:45 AM - 12:30 PM
- Bicester – March 21, 9:30 AM - 11:15 AM
- Banbury – March 25, 10:15 AM - 12:00 PM

Whether you're new or a regular attendee, we'd love to see you there!

Scan the QR code on the flyer or visit our website for more details - <https://www.oxpcf.org.uk/>

Led by local mum Caroline
Writer, performer
and trainee
psychotherapist

MAMA TIME

Fridays 1pm - 2.30pm
at The Sunshine Centre,
Edmunds Road, Banbury, OX16 0PJ

January: 10th, 17th, 24th and 31st.
February: 7th and 14th.

Mums - this is YOUR space.
A space to share what it's really like - the amazing stuff -
the boring stuff - and the really hard stuff.
We might do some writing - we might stretch our
bodies - there will definitely be cake.
No advice - just support and being
alongside one another.

FREE TO ATTEND

Please call 01295 276769 to book on.
Limited spaces available.


The Mill
Supported by **well together**

If you want to
bring your kids,
there'll be
childcare in the
room so you can
focus on you.

The Sunshine Centre
SUPPORTING A CHANGING WORLD

The Sunshine Centre Registered Charity Number 1124335 Registered in England & Wales No 05276714

Oxfordshire Inclusive Choir



Meets on Thursdays @ 5-6 pm fortnightly online
with one face-to-face session per school term

By welcoming all voices, we aim to be as inclusive as possible,
actively trying to remove barriers to participation from those with
severe and profound learning disabilities.

Register here:
Oxfordshire Inclusive Choir | Oxfordshire County Council

oxfordshire music hub | Department for Education | ARTS COUNCIL ENGLAND | OXFORDSHIRE COUNTY COUNCIL

SEND RUGBY SESSIONS

**FUN
SAFE
FRIENDLY**

**SUNDAYS 2-3PM
ALL YEAR ROUND**

NON-CONTACT RUGBY ACTIVITIES FOR CHILDREN WITH SPECIAL
EDUCATIONAL NEEDS AND DISABILITIES AND THOSE LACKING
CONFIDENCE IN SPORT

SUPPORTED BY
THE NATIONAL LOTTERY
SUPERVISED BY
EXPERIENCED, QUALIFIED COACHES
VOLUNTEERS WANTED

BANBURY RUFC
GRAF UK STADIUM, OXFORD ROAD,
BODICOTE, BANBURY, OX15 4AF

STARTING 28TH APRIL 2024

RFU
Accredited Club

EMAIL: MATT.GOOD@BANBURYRUFC.CO.UK
TEL: 07503 712903

THE NATIONAL LOTTERY

Art sessions with our SEN therapist

THESE SESSIONS WILL BE HELD ON FRIDAYS FROM THE 28TH FEBRUARY UNTIL THE 4TH APRIL BETWEEN 4.30-5.30PM AT BODICOTE VILLAGE HALL!

£60 for all sessions

SEND Support Banbury's SEN Therapist is offering a group art and crafts session based at Bodicote Village Hall.

To reserve a place email sendsbanbury@outlook.com

Wills and Trusts

7.30pm - 9.00pm
19th March 2025 - ONLINE



A trust for a disabled adult is a legal arrangement that manages assets and provides financial security for a person who is unable to do so themselves.

This session will help family carers get a better understanding of what you need to do when planning for the future financial security of the person you care for.

YOU CAN BOOK BY SCANNING THE QR CODE ON THIS POSTER, OR BY VISITING OUR EVENTBRITE PAGE - <https://www.eventbrite.co.uk/e/1077516834859?aff=oddtcreator>

If you need any further information, please contact Kathy Liddell at kathy.liddell@oxfsn.org.uk



www.oxfsn.org.uk



SOCIAL EVENT FOR PARENTS + THEIR NEURODIVERGENT CHILDREN

PLAY + COFFEE

LOCATION • TIME

Saturday 15th March 2025
0930 - 1230
Hanwell Fields Community Centre, OX16 1ER
Free onsite parking

WHAT IS THIS EVENT?

A playgroup style session for parents and their neurodivergent / autistic children to play (and drink coffee!). Siblings welcome to come too.

Run by a local parent with a neurodivergent child.

TO BOOK A SPACE

Join "The Neurodiverse Parenting Village" on Facebook

Or contact Ela on 07507664099

Sun-Rae
inclusive dance school

FREE* DANCE CLASSES

Specialist dance classes for children and young people with SEND and Wheelchair users
Available for 26 weeks starting 04/11/2023

Wheelchair Dance Classes
Saturdays 3pm-4pm
Wychwood School, Milton Under Wychwood

Boys Musical Theatre Class
Wednesdays 4pm-4:45pm
The Life Centre, Milton Under Wychwood

Girls Contemporary Class
Tuesdays 4pm-4:45
The Life Centre, Milton Under Wychwood

Please email info@sunraedance.co.uk for more information or to book a place.

*With thanks to Active Oxfordshire and YouMove we can now support children from low income families in receipt of benefit related free school meals. £30 a month if you don't qualify.

Sun-Rae Inclusive Dance School welcome disabled and non disabled children in their classes (and also have classes for adults). They also have some funding for some free dance classes for children in receipt of benefit related free school meals, or £30 per month if you don't qualify.



For more information, email info@sunraedance.co.uk



We've been delighted to receive two new adapted Minibuses thanks to the work of the Friends of Frank Wise School and the support of the wider community of Banbury.

The buses, which are intended to partly replace the school's aging fleet of vehicles, will enable the pupils to access their local communities in greater comfort, supported by the additional features that come with more modern vehicles.

Work will be ongoing to raise funds to replace the third ageing minibus. Information regarding the Friends of Frank Wise School and how to support their work can be found here - <https://frankwise.oxon.sch.uk/friends-of-fws/>

Help Friends Of Frank Wise School Banbury
raise FREE donations with all your online
shopping!



Great news, we've registered Friends of Frank Wise School Banbury with #easyfundraising, which means over 7,500 brands will now donate to us for FREE every time you use easyfundraising to shop with them. These donations will help SO MUCH, so please sign up to support us – it's completely FREE and doesn't take long. Sign up here: <https://join.easyfundraising.org.uk/friends-of-frank-wise-school-banbury/naaq12/ca/1yUpvjwa/A2303/facebook>

WINDSOR GREAT PARK 11AM TO 5PM

PARALLEL WINDSOR 6TH JULY 2025

FESTIVAL OF INCLUSIVITY
THE NATION'S FAVOURITE
FULLY ACCESSIBLE FAMILY DAY OUT
EXISTING WITH INCLUSIVE EXPERIENCES
& ENTERTAINMENT

ANIMAL KINGDOM • ARTS & CRAFTS • COOKERY • DANCE
INCLUSIVE SPORT • MUSIC • PICNIC • SENSORY ZONE
• STREET FOOD • STORYTELLING • QUIET SPACE
• YOGA & WELLBEING

CHALLENGE EVENTS
WALK, RUN OR BOLL WITH NO CUT OFF TIMES
MOBILITY AIDS & ASSISTANCE ANIMALS WELCOME
10K • 5K • 1K • 100M • SUPREMACY
MEDAL • T-SHIRT • GOODY BAG
START TOGETHER. FINISH WHENEVER.

THE GREATEST DANCER CHALLENGE
MASS PARTICIPATION DANCE FOR EVERYONE TO SHOW OFF THEIR BEST MOVES

WWW.PARALLELLIFESTYLE.COM

supported by
THE CROWN ESTATE

@parallelwindsor
X IG F



Accessival

Accessible Festival for the whole community

Saturday 5th July 2025 - 11am-10pm
Music - Beer - Food - Play



Thomley's festival is an opportunity for the whole community to experience the best of all the local festivals.

We will have various food stalls; alcohol stalls; live local bands on stage plus the best of Thomley for children and young people. Bouncy castles, jumping pillow, archery, giant bubbles are just a handful of activities on offer to keep the younger generation entertained for the day. Tickets are now on sale: £14 per adult and £14 a child. Camping pitches available to book for the night before and night of the festival. Entertainment & food also available Friday night.



Would you like to volunteer on the day? Please get in touch if you can help: fundraising@thomley.org.uk
Book your tickets here: <https://thomley.org.uk/events/accessival-2025/>

Hill End
A place of possibilities

Together in the Wild: Family Bushcraft

Saturday 10am - 12pm
see website for dates (one session per month)

Explore nature & develop new skills as a family at our monthly sessions
Campfire cooking - fire lighting - woodwork - build shelters - knots - foraging

£12 adult / £8 child (sorry no dogs)

Booking Essential: www.hill-end.org/activities/upcoming-events

f HillEndOEC X Hill_End Instagram hill_end_centre

Hill End Outdoor Education Centre, OX2 9NJ 01865 863510



Stay & Play

SEND Sessions

Mondays 1:00 - 2:00pm

A group for children under 5 with additional needs and/or disabilities and their families.

No diagnosis needed.
Booking required. Limited spaces available.

£2 per session

Call: 01295 276769 to book

Registers open at 9am on Tuesdays, to book for the following week.

The Sunshine Centre
SUNSHINE EDUCATION CENTRE

The Sunshine Centre Registered Charity Number 1124335 / Registered in England & Wales No: 05276714

WELCOME TO Equilore

DISCOVER THE BENEFITS OF THE HUMAN-ANIMAL BOND

Emotional Regulation: Horses provide honest and immediate feedback, helping children learn to manage their emotions in healthy ways.

Self-esteem Boost: Through positive interactions with horses, children experience a sense of accomplishment and empowerment, boosting self-confidence.

Social Skills Development: Interacting with horses fosters communication, empathy, and teamwork, helping children improve their social skills and build meaningful relationships.

OUR THERAPEUTIC PROGRAMS

Barn Pals

Fridays 16:00-17:30 | £25 per child | max 6 children

Learn all about horses and how to care for them, from brushing, preparing feeds and haynets, making out, fencing, leading and tying paddocks you will learn all about the job involved in taking care of horses.

Stable Relationships

Wednesdays 12:30-14:30; Fridays 10:00-12:00 | £65 per child | max 6 children

Our experienced facilitators arrange a series of engaging activities and exercises with horses with lessons on Respect, Trust, Boundaries and Communication in a fun and interactive way.

Equine Facilitated Psychotherapy

Daily sessions available | Times arranged with Therapist

These 1:1 sessions are psychotherapeutic in nature and led by our fully qualified facilitators. Working with the horses, we support those with mental health challenges by focusing on emotion regulation, trauma processing and mindfulness techniques.

BOOK NOW

Park End, Croughton, NN13 5LX

07767 402236 (Loes)

www.equilore.co.uk

sense

Make a friend online with Virtual Buddying

Sense's Virtual Buddying is for disabled people of any age in the UK. Video call, phone, text, or email with your buddy once a week from the comfort of your home. Together, you can learn a new skill, build your confidence, do your favourite activities – or simply have a chat and a laugh together!

It's really simple to get started and totally free! Once you register your interest and complete an application form, one of our team will be in touch to learn more about you and your interests. We'll match you with a volunteer who's a similar age, personality and who shares your interests and then we'll introduce you to each other. Call or message your new buddy for an hour a week, when it suits you. We'll check in with you regularly to see how you and your Buddy are getting on. Find out more and sign up by visiting our website <https://www.sense.org.uk/our-services/meeting-people/virtual-buddying-befriending-service/>

If you have any questions get in touch with virtualbuddying@sense.org.uk

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Depending on where you live in the UK, you might also be able to come along to one of our monthly meet-ups – right now we have groups in Birmingham and Bristol. These events give siblings and young carers the chance to spend time together, chat and have fun.

Find out more and sign up by visiting our website <https://www.sense.org.uk/our-services/support-for-children/support-for-young-carers-and-siblings/>

If you have any questions get in touch with siblingsandyoungcarers@sense.org.uk

For everyone living with complex disabilities. For everyone who is deafblind. Sense is here to help people communicate and experience the world.

Sense, 101 Pentonville Road, London, N1 9LG

www.sense.org.uk

To visit the calendar of all upcoming events at Thomley go to:-
<https://thomley.org.uk/calendar/>



An Introduction To Autism Taster Session With Paul Isaacs

3rd April 2025
Thomley Pavilion
5pm - 6pm
With Question & Answer Session

Session aimed at parents, carers and people on the autism spectrum

We are delighted that Paul Isaacs is now based on site at Thomley, as he rents an office on our premises. He is offering this FREE taster session in April for anyone to attend.

If you would like a private session with Paul, please contact him directly to arrange: staypuft12@yahoo.co.uk

oxf n Oxfordshire family SUPPORT NETWORK

Upcoming Events 2025

Events still to come...

4th march	Coffee and Chat	10:00 - 12.00 Northcourt Centre Abingdon
23rd april	Supported Living - planning ahead	10:30 AM - 12.00 Online (Zoom)
14th may	Continuing Health Care	10:30 AM - 12.00 Online (Teams)
tbc june	Office of the Public Guardian	TBC Online
22nd july *New Date*	Embolden Conference	10:00 - 14.00 Didcot Civic centre

OxFSN will be running a number of events in 2025 thanks to funding by TNLCF. To book, scan the QR code or visit the OxFSN Eventbrite page here

Questions? contact Kathy Liddell on 07821 987080

Support for Parents and Carers

About this group

We are an independent parent carer support group ran by Dads for the Dad's, Stepdads, Grandads and Carers.

This Drop-in space has been created as a safe space without judgment, where you can share your thoughts, feelings, concerns, and queries about life as a SEND parent carer.

Men's mental health isn't talked about enough, and we get it; it's hard to open up to others and share things that are bothering us, which is why we have created this group - so that we can all support each other.

If you are struggling to reach out, we have put together a post with links to mental health charities—the post has been pinned under featured posts.

Thanks for joining us

SEND Dads Drop In Team [See less](#)



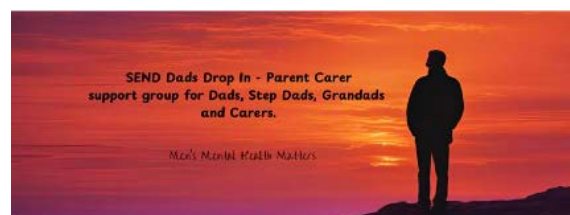
Private

Only members can see who's in the group and what they post.



Visible

Anyone can find this group.



See the Short Breaks Newsletter with activities and information for those with SEND at -

www.oxfordshire.gov.uk/shortbreaks

New!

Parent Support Group

A peer support group for parents of teens that have additional needs and/or mental health concerns.

This is a parent-focussed group, facilitated by a professionally accredited therapist (UKCP/MBACP), providing a safe and supportive space to share and talk through the challenges you may be facing with your teen.





When? Tuesdays 6-7.30pm
Starting Spring 2024

Where? St Mary's Church Hall,
Church Street,
Kidlington OX5 2AZ

Cost? Free!

Empowering parents through shared experience and professional support

If this sounds like the group for you, please get in touch with Felicity on 07821 542182
Alternatively email felicityscroggie@gmail.com and leave your name and number for a call back



The Banbury Community Fridge which is housed in Banbury Mosque car park has food available to families in need of support.

The fridge is open

9-4pm Mon to Fri and 10 - 4pm on Sat & Sun

Support for Parents and Carers

*** NEW - Banbury ***



In partnership with
Abingdon & Witney College



**Drop-in
SEND
Support Group**
with Karen Ariss

Open to all parents of children with diagnosed or undiagnosed additional needs. Free.
A supportive space to share triumphs and build knowledge together.

Fridays (term time only)
@ the Bungalow, Hill View School
8.45am-10.45am

Email Sally Shepley at Hill View Primary School
sshepley@hillview-school.co.uk
for further information.

For further info, please email:-
sshepley@hillview-school.co.uk




ALL THINGS SEND

Family SEND Support Group

You are an amazing bunch who are working incredibly hard, day in day out, to support and nurture your children despite their challenges. You deserve an hour to yourselves to chat about your experiences over a cuppa and a biscuit!

Grab the time and opportunity to **chat freely** to each other in a **non-judgemental** space. There is no formal agenda, just the chance to talk about **what works well** and **what is tricky**.

WHEN: Friday mornings, drop in between 8:45am and 11am
WHERE: Hill View School Community Bungalow, OX16 1DN



If you would like to come along, just turn up!
To find out more please contact Emma Ford at
eford@hillview-school.co.uk or Emma
Jeavons at ejeavons@hillview-school.co.uk



Bicester Autism/ADHD

No diagnosis is needed to join
Weekly informal events such as:

- Morning Coffee and Chats (fortnightly on a Friday morning)
- Pub Nights (Tuesdays)
- Family Sessions (Tuesdays)
- Night Off Sessions for parent/carers

There are two Facebook accounts.

An open page Bicester Autism/ADHD that provides information to non-members and the general community about events and articles of interest.

The second group (Bicester Autism/ADHD Chat group) is a closed chat group for members only.



**SEN Support Group
Banbury**

About us

A support group that is run every other Monday to help support parents/carers of children with SEN, diagnosed or undiagnosed. Tea/coffee and refreshments will be provided. £1 donation per person.

Find us on Facebook: SEN Support Group Banbury or message us 07432003645
Cromwell Lodge Hotel, OX16 OTB. Every other Monday 09.30am-11.00am.

Support for Parents and Carers

Bicester

BICESTER AUTISM

Coffee & Chat Dates

Pop along Every Friday 9.30 till 11 am Term Time Only

Coffee & Chat is a space where parents of Autistic/ADHD children come together to seek support and advice surrounded by others who understand & have experience.

No diagnosis needed

We offer a warm, welcoming, non judgemental environment where informal chats take place with lots of laughter, a few tears & tissues. Oh and lots of free coffee, tea and chocolate with the odd fun craft.

We even get the odd professionals in for a chat along with some mindfulness and wellbeing sessions

Remaining dates

7th Mar
14th Mar
21st Mar
28th Mar
4th April

Come Join Us

Bicester East Community Centre
Kebble Road, Bicester, OX26 4TP

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Banbury

A weekly meet up for parents of autistic and neurodivergent children to chat over a cuppa! Children welcome to come.

COFFEE MEET UP
The Neurodiverse Parenting Village

EVERY FRIDAY MORNING
PINTO LOUNGE - 09:30 til 12:00

Connect with other neurodiverse families and enjoy some free pastries! Board games/toys available.

PINTO LOUNGE, SPICEBALL PARK ROAD, BANBURY, OX16 2PA

Join the Facebook group [f The Neurodiverse Parenting Village](#)

Kidlington

I'm Leandra, mum to 3 neurodivergent boys with Autism and ADHD

SENtipede

I host coffee mornings where parents and carers can offload, connect, and build a safe, supportive community.

Every Wednesday
Stanley's Sweets & Treats
9:30 to 11:30

@sentipede

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Eynsham

Positive Measure

Parent-led support group for parents of children with additional needs

Every Monday	Baptist Church Hall, Eynsham	19:30-21:00
Monthly Daytime Group (TBA on our socials)	Jessie's Art Shed, Eynsham	10:30-12:00

Chat over a cuppa
Helpful advice
Non-judgemental
Meet parents that get it

Page www.facebook.com/positivemeasure
Group www.facebook.com/groups/positivemeasure
Instagram: www.instagram.com/positive_measure