

Out of School Activities

There is information about lots of activities taking place locally in the coming weeks below.

Please also look at the Short Breaks newsletter which can be found on the school website and the Oxfordshire SEN Families together Facebook group for information, activities and events.

Best wishes Natalie



BANBURY INCLUSIVE PARTNERSHIP

BANBURY UTD FC
EASINGTON SPORTS FC
LONGFORD PARK FC
ADDERBURY PARK FC

YOUTH FOOTBALL SESSIONS FOR BOYS AND GIRLS WITH PHYSICAL AND LEARNING DIFFICULTIES

AGES 5-15 YEARS OLD
WHEN: WEEKLY SESSIONS ON SUNDAY MORNINGS STARTING FROM SUNDAY 26TH JANUARY
TIME: 11:00-12:00
WHERE: FRANK WISE SCHOOL, HORNBEAM CLOSE, BANBURY, OX16 9RL
COST: FREE

PLEASE CONTACT CLAIRE CURTIS BY EMAIL ON CLAIRECURTIS2010@HOTMAIL.CO.UK FOR MORE INFORMATION OR IF YOU HAVE ANY QUERIES.

Logos on the left: Banbury United FC, Easington Sports FC, Longford Park FC, Adderbury Park Football Club.
 Logos on the right: Banbury Inclusive Partnership, Oxfordshire FA, TSGO.

Half Term events at Banbury Museum

There's lots going on at the museum! Lego, dinosaurs, crafts and more!

For details go to

<https://www.banburymuseum.org/whats-on/events/>



LOCAL OFFER

Where to go to find out what's available locally for children and young people with SEND* and their families

www.oxfordshire.gov.uk/localoffer

Logos: Oxfordshire Local Offer, Oxfordshire County Council.

For more information on out of school activities please contact
 Natalie Dayer . Out of School Liaison Officer . Frank Wise School
 Tel: 07545 934 951 . Email: nataliedayer@frankwise.oxon.sch.uk

Colour Communicates

Relaxed Family Drawing Workshop

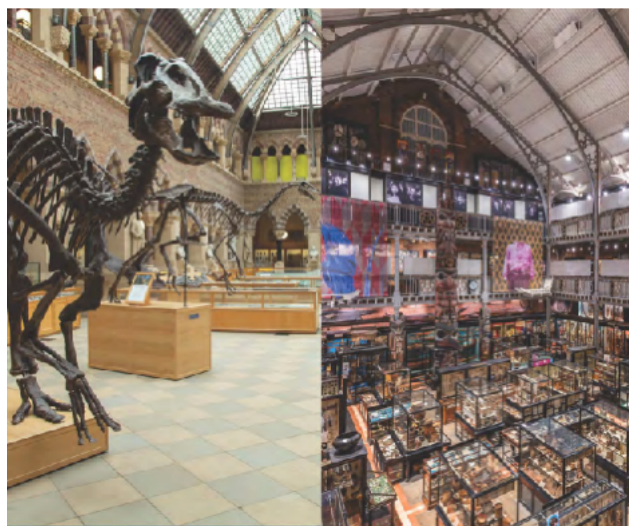
Wednesday 29th October, 10.30am-11.30am
Oxford Museum of Natural History



Join us for a creative drawing workshop led by artist & author Katherine Child. What messages can we send just using colour and what can we communicate? Take part in interactive drawing exercises.

For children who benefit from a quieter and calmer environment, such as neurodivergent and SEND visitors. Limited spaces.

To book email: education@oum.ox.ac.uk
1 adult per booking due to limited spaces



Autism Friendly Opening

Saturday 18th October, 9am-10am

A relaxed and quiet morning opening at the **Oxford University Museum of Natural History & Pitt Rivers Museum**. A chance for families with members on the Autism spectrum to visit the Museum when it is less busy.

Booking essential, email: education@oum.ox.ac.uk



PEOPLE'S THEATRE COLLECTIVE

INFO@PEOPLETHEATRECOLLECTIVE.ORG.UK
WWW.PEOPLETHEATRECOLLECTIVE.ORG.UK

THEATRE GROUPS FOR AGES 11-19

People's Theatre Collective welcomes everyone! It's an inclusive and supportive space where participants can build confidence, enhance communication, and explore theatre skills while connecting with new friends. Whether you're just starting out or looking to grow, there's a spot for you in our collective.



YOUNG THEATRE MAKERS FOR AGES 11-25

In our Young Theatre Makers group, we dive into storytelling, character development, and scriptwriting. It's a creative space to learn, collaborate, and bring your ideas to life. Whether you're interested in crafting a play, poem, film script, or any other project, this group is for you.

"Our Collective provides a safe and supportive environment where members can authentically express themselves without fear of judgment; connecting with like-minded peers"

LEARN MORE



Super 1s

ALL DISABILITIES WELCOME

AGES 12 - 25

FREE INCLUSIVE CRICKET SESSIONS

GET ACTIVE AND MAKE NEW FRIENDS!



OXFORD HUB

TUESDAY
4.30PM ONWARDS

HORSPATH CRICKET CLUB
HORSPATH OXFORD
OX33 1RT

WITNEY HUB

WEDNESDAY
4.30PM ONWARDS

THE ICE CENTER
LANGDALE HALL
MARKET SQUARE
WITNEY
OX28 6AB

ABINGDON HUB

THURSDAY
4.30PM ONWARDS

ABINGDON VALE CRICKET CLUB
HALES MEADOWS
CULHAM RD
OX14 3HP

BICESTER HUB

FRIDAY
4.30PM ONWARDS

BICESTER & NORTH
OXFORD CRICKET CLUB
CHESTERTON
OX26 1TH



CONTACT:

RICHARD GILES-HEAD OF DISABILITY
email: rgiles@oxoncb.com

CHARLOTTE JENNINGS- COMMUNITY CRICKET OFFICER
email: cjennings@oxoncb.com



LORD'S TAVERNERS
Empowering young people through cricket

www.lordstaverners.org/super1s
Registered Charity No. 306054 | OSCN No. 50046238

Fireworks

Saturday 25th October, 5-8pm

All are welcome to join us at Thomley for our reduced sound firework display. Carefully selected fireworks that are amazing to watch but with less noise than most displays. The familiar surroundings of Thomley will hopefully help all visitors enjoy the night. We also have ear defenders for those who require them and the pavilion can be used to watch from inside, if again this is easier for some people. There will also be lanterns displayed!

Prices

* £26 per family
(2 adults and 2 children)
* £9 single tickets
Members will get a 10% discount on tickets,
email for discount code:
mary.coleman@thomley.org.uk

Food & Drink

Beer/wine/prosecco/ gin
Pizzas
Chips
Hot dogs
Sticky toffee apple crumble
Candy floss
Soft drinks

BOOK TICKETS

Tickets are to be bought upfront for the event and can be purchased online on our online calendar:
www.thomley.org.uk/calendar

Thomley



Christmas Market

22nd November 10am - 3pm

FREE entry - No need to book

Join us for our very popular Christmas Market!
Shop for your Christmas goodies

Eat lovely festive food whilst the kids can play!

Buy tickets for our famous Christmas raffle!

Santas Grotto will be available (book on the day)

Please note our gates will not be locked during the day



To book a stall, please contact us:
fundraising@thomley.org.uk

Where are we?
Thomley, Menmarsh
Road, Worminghall,
HP189JZ



Thomley

BICESTER AUTISM

Magical Minds

A safe, welcoming space for SEN families to come together, share, and connect.
Meet others who get it
Build friendships
Feel supported



Teen Sessions

Looking for a fun, relaxed space to hang out, make friends, and be yourself?
Join us for an evening of gaming, crafting and chill time
Whether you love video games, creative crafts, or just chatting with like-minded people, we've got something for you. Bring your ideas, your hobbies, mos, importantly, yourself!

SENshine

Parenting a child with ASD, ADHD or other additional needs can be rewarding - but it can also be exhausting.
This evening is just for YOU.
Come and relax with others who truly understand your journey. No need to explain, no judgement - just friendly conversation, shared experiences, and a supportive space.

Rainbow Tots

A friendly space for preschool children with additional needs and their parents.
Play, explore & make friends
Connect with parents who get it
Share tips & support over a cuppa

Bright Minds

A friendly space for school-age children who don't attend school due to SEN.
Play, learn & connect at your own pace
Meet like-minded families
Be accepted just as you are

Stepping Stones

Coffee & Chat - Life After School
For parents of adults with SEN, navigating the move into adulthood can bring both challenges and joys.
Join us for a relaxed morning to:
Share experiences
Swap ideas & advice
Connect with others who understand

SEN Hub

Our SEN Hub - Drop-In Support
A friendly, safe space for parents to get personalised advice and guidance.
Book a 1:1 session with Bicester Autism or a professional from the SEN world.
Whether you need practical support, information, or just someone to listen - we're here for you.

Made with PosterMyWall.com



£2.50 per session, term time only. Free with a You Move Card (youmove@cherwell-dc.gov.uk)

North Oxfordshire Academy, Drayton Road, Banbury OX16 0UD.

For more information, please email Ryan Jones on:-

If you are interested, visit

<https://www.noxgymnastics.com/.../gymnastics-taster.../>

for more information or to sign up for a FREE trial!

Yarnton Garden Centre Soft Play SEND Sessions

Perfect for families that need a little less people, a little more space and a little more quiet. Undiagnosed children and young carers are also welcome.

The ideal place to chat with other families, make friends and feel safe. We ask you to pay for your child's developmental ability, rather than their age. We trust parents to make the right decision. One complimentary carer ticket is included per booking. You will need to show proof of diagnosis.

Email us at magicgarden@bluediamond.gg for your discount code or show proof on arrival. This could include (but is not limited to): DLA proof, Diagnosis Letters, EHCP, Blue Badge and Rainbow Cards.

Upcoming sessions:

Wednesday 29th October 2.30- 4.30pm,

Sunday 23rd November 2.30-4.15pm

<https://events.bluediamond.gg/tickets>

Sandy Lane, Yarnton. OX5 1PA



LEARN. PLAY. TOGETHER.

bright ideas for **TENNIS** **TEN PROJECT OXFORD**



INCLUSIVE FREE TENNIS COMMUNITY FAMILY SESSIONS

Free sessions in partnership with Bright Ideas for Tennis, designed for families as well as adults and children with learning, sensory and physical disabilities and for those experiencing mental ill health, however these sessions are open to everyone so please join us.

- ✓ FREE fun, game based tennis sessions
- ✓ Aimed at children aged 4 – 10 (not exclusively)
- ✓ Inclusive community family tennis sessions
- ✓ Parents/guardians to take part and help out
- ✓ All equipment provided
- ✓ All abilities welcome

WHERE? NORTH OXFORD LAWN TENNIS CLUB, OX2 8EQ
WHEN? EVERY THURSDAY 5.30 – 6.30PM
HOW? WWW.TENPROJECT.ORG.UK/BOOK

NORTH OXFORD LAWN TENNIS CLUB

Accessible Screenings UK website has details of screenings - <https://accessiblescreeningsuk.co.uk/types-of-screenings/> should you wish to find out more.

Have you got a CEA card yet? This card enables a disabled cinema go-er (aged 8 yrs +) to receive a complimentary ticket for someone to go with them to participating cinemas. Please go to their website for more info:-

<https://www.ceacard.co.uk/>



BOXING FOR CONFIDENCE

STARTING SEPTEMBER

Non-contact boxing sessions for neurodiverse children

- Non-contact boxing
- Small class sizes (max 10)
- Build confidence & focus
- Led by Dave Earle MBE and Hyde, a neurodiverse coach

For schools and parents – message now to register interest

Contact via Spit n Sawdust Boxing club on Facebook



Make a friend online with Virtual Buddying

Sense's Virtual Buddying is for disabled people of any age in the UK. Video call, phone, text, or email with your buddy once a week from the comfort of your home. Together, you can learn a new skill, build your confidence, do your favourite activities – or simply have a chat and a laugh together!

It's really simple to get started and totally free! Once you register your interest and complete an application form, one of our team will be in touch to learn more about you and your interests. We'll match you with a volunteer who's a similar age, personality and who shares your interests and then we'll introduce you to each other. Call or message your new buddy for an hour a week, when it suits you. We'll check in with you regularly to see how you and your Buddy are getting on.

Find out more and sign up by visiting our website <https://www.sense.org.uk/our-services/meeting-people/virtual-buddying-befriending-service/>

If you have any questions get in touch with virtualbuddying@sense.org.uk

Support for young carers and siblings of disabled people

Sometimes, we all need space to relax and share our experiences with people who understand us. That's why we offer support and activities to young carers and siblings aged 5-18, of people with disabilities. Your child could attend one of our virtual book clubs or games nights, or come along to a wellbeing session if they'd like to talk. The choice is theirs!

Most of our work with siblings and young carers happens online. This means you can access our sessions from wherever you are in the UK. We send out free activity packs in the post, so you can try your hand at something new! We'll also email you each month with a timetable of online activities. We can provide iPads and IT support to help you access these.

Depending on where you live in the UK, you might also be able to come along to one of our monthly meet-ups – right now we have groups in Birmingham and Bristol. These events give siblings and young carers the chance to spend time together, chat and have fun.

Find out more and sign up by visiting our website <https://www.sense.org.uk/our-services/support-for-children/support-for-young-carers-and-siblings/>

If you have any questions get in touch with siblingsandyoungcarers@sense.org.uk

For everyone living with complex disabilities. For everyone who is deafblind. Sense is here to help people communicate and experience the world.

Sense, 101 Penionville Road, London, N1 9LG
www.sense.org.uk

WHO WE ARE

Arise Youth Support is a specialist provider supporting young people 18+ who have been diagnosed with learning disabilities, physical disabilities, and/or Autism Spectrum, to achieve the best outcomes and independence whilst living in their own homes or community-based support.

Our focus is on working with young people who are transitioning into adulthood. Promoting independence, encouraging self-awareness, and building confidence.



WE PROVIDE

care and support
personal care
meal prep
medication
social activities
overnight care
24 live in care
respite care



ACCREDITATIONS



ADDRESS

F111 CHERWELL BUSINESS VILLAGE
SOUTHAM ROAD
BANBURY
OXFORDSHIRE
OX16 2SP

EMAIL

INFO@ARISEYOUTHSUPPORT.ORG

OFFICE LINE

+44 1865 956285

**ARISE
YOUTH
SUPPORT**

CULTIVATING HAPPINESS

FEVER

Disco for adults with
additional needs



- o £5 Entry + a drink
- o Quieter area for those who may need it
- o Carers/Support Workers go free

Last Thursday of each month 7-9pm

Fever Nightclub, 49-50 High Street, Banbury, OX16 5LA

Oxfordshire Inclusive Choir



Meets on Thursdays @ 5-6 pm fortnightly online
with one face-to-face session per school term

By welcoming all voices, we aim to be as inclusive as possible,
actively trying to remove barriers to participation from those with
severe and profound learning disabilities.

Register here:

Oxfordshire Inclusive Choir | Oxfordshire County Council



Supported using public funding by



ARTS COUNCIL
ENGLAND



OXFORDSHIRE
COUNTY COUNCIL



SEND RUGBY
SESSIONS

NON-CONTACT RUGBY ACTIVITIES FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES AND THOSE LACKING CONFIDENCE IN SPORT

**FUN
SAFE
FRIENDLY**

**SUNDAYS 2-3PM
ALL YEAR ROUND**

SUPPORTED BY
THE NATIONAL LOTTERY
SUPERVISED BY
EXPERIENCED, QUALIFIED COACHES
VOLUNTEERS WANTED

BANBURY RUFC
GRAF UK STADIUM, OXFORD ROAD,
BODICOTE, BANBURY, OX15 4AF

STARTING 28TH APRIL 2024

 **RFU**
Accredited Club

EMAIL: MATT.GOOD@BANBURYRUF.C.CO.UK
TEL: 07503 712903

 **THE NATIONAL LOTTERY**



WE ARE UNITED
BANBURY UNITED
COMMUNITY

**Neurodiverse
Football**

MONDAYS
5PM - 6PM

AGE 6-13
£2.50 Per Session

 **NORTH OXFORDSHIRE ACADEMY ASTRO TURF**
FOR MORE INFORMATION CONTACT
COMMUNITYCOACH@BANBURYUNITEDFC.CO.UK

£2.50 per session, term time only. Free with a You Move Card

(youmove@cherwell-dc.gov.uk)

North Oxfordshire Academy, Drayton Road, Banbury OX16 0UD.

For more information, please email Ryan Jones on:-

communitycoach@banburyunitedfc.co.uk

WELCOME TO Equilore

DISCOVER THE BENEFITS OF THE HUMAN-ANIMAL BOND

Practical Regulation: horses provide honest and immediate feedback, helping children learn to manage their emotions in healthy ways.
Self-esteem Boost: Through positive interactions with horses, children experience a sense of accomplishment and empowerment, boosting self-confidence.
Social Skills Development: Working with horses fosters new social skills, empathy, and teamwork, helping children improve their social skills and build meaningful relationships.

OUR THERAPEUTIC PROGRAMS

Barra Pals

Fridays 16:00-17:00 £25 per child | max 6 children

Learn all about horses and how to care for them, from brushing, preparing feeds and haynets, making cut, fencing, leading and tying paddocks you will learn all about the job involved in taking care of horses.

Stable Relationships

Wednesdays 12:30-14:30; Fridays 10:00-12:00 | £65 per child | max 6 children

Our experienced facilitators arrange a series of engaging activities and exercises with horses with lessons on Respect, Trust, Boundaries and Communication in a fun and interactive way.

Equine Facilitated Psychotherapy

Daily sessions available | Times arranged with Therapist

These 1:1 sessions are psychotherapeutic in nature and led by our fully qualified facilitators. Working with the horses, we support those with mental health challenges by focusing on emotion regulation, trauma processing and mindfulness techniques.

BOOK NOW

Park End, Croughton, NN15 5LX
 07767 402236 (Loes)
www.equilore.co.uk

Make a friend online with Virtual Buddying

Sense's Virtual Buddying is for disabled people of any age in the UK. Video call, phone, text, or email with your buddy once a week from the comfort of your home. Together, you can learn a new skill, build your confidence, do your favourite activities – or simply have a chat and a laugh together!

It's really simple to get started and totally free! Once you register your interest and complete an application form, one of our team will be in touch to learn more about you and your interests. We'll match you with a volunteer who's a similar age, personality and who shares your interests and then we'll introduce you to each other. Call or message your new buddy for an hour a week, when it suits you. We'll check in with you regularly to see how you and your Buddy are getting on. Find out more and sign up by visiting our website <https://www.sense.org.uk/our-services/meeting-people/virtual-buddying-befriending-service/>

If you have any questions get in touch with virtualbuddying@sense.org.uk

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Find out more and sign up by visiting our website <https://www.sense.org.uk/our-services/support-for-children/support-for-young-carers-and-siblings/>

If you have any questions get in touch with siblingsandyoungcarers@sense.org.uk

For everyone living with complex disabilities. For everyone who is deafblind. Sense is here to help people communicate and experience the world.

Sense, 101 Pentonville Road, London, N1 9LG
www.sense.org.uk

To visit the calendar of all upcoming events at Thomley go to:-

<https://thomley.org.uk/calendar/>



Stay & Play

SEND Sessions

Mondays 1:00 - 2:00pm

A group for children under 5 with additional needs and/or disabilities and their families.

No diagnosis needed.
 Booking required. Limited spaces available.

£2 per session

Call: 01295 276769 to book

Registers open at 9am on Tuesdays, to book for the following week.

The Sunshine Centre

The Sunshine Centre Registered Charity Number 1124135 / Registered in England & Wales No 05276714

Help Friends Of Frank Wise School Banbury raise FREE donations with all your online shopping!

Great news, we've registered Friends of Frank Wise School Banbury with #easyfundraising, which means over 7,500 brands will now donate to us for FREE every time you use easyfundraising to shop with them. These donations will help SO MUCH, so please sign up to support us – it's completely FREE and doesn't take long. Sign up here: <https://join.easyfundraising.org.uk/friends-of-frank-wise-school-banbury/naaq12/ca/1yUpvjwa/A2803/facebook>



Support for Parents and Carers



Autism and Behaviour We Find Challenging – for parents & carers

A 5-week online course for parents & carers

Dates: Five Mondays, 13th, 20th Oct and 3rd, 10th, 17th Nov 2025

Times: 09:30 AM - 11:30 AM (2 hours)

Format: Online

If you are a parent/carer of an autistic young person whose behaviour can be challenging, then this course is for you!

This course will change the way you think about behaviour!

This highly popular course acknowledges that parent/carers often experience behaviour and situations which are difficult to manage in the home and/or elsewhere. We will explore many aspects of challenging behaviour including causes, our response, therapeutic approaches to behaviour management and practical strategies.

We will focus on the needs of the family and will provide an open and friendly online environment where participants can learn and will be invited to share your experiences of autism - both wonderful and difficult, if you wish.

The trainer is Becky Loveless, our Operations Manager who has over 20 years' experience of working with autistic young people and their families and is a skilled trainer. With an inspiring guest speaker - Patrick is an autistic adult who will share his incredibly inspiring journey from childhood, his challenging behaviour, what he was experiencing, what helped, what didn't help, and his successes into adulthood.

For full details and to book visit our online booking page: <https://bookwhen.com/afsoctraining>



You Are Not Alone - Free Parent Online Drop-In

Parenting an autistic child can feel amazing, confusing, and overwhelming, sometimes all in the same day. That's why we host our **no-cost monthly online drop-in sessions for parents and carers.**

First Tuesday of every month

7pm - 8.30pm

Platform: Zoom



Erik Wagter - host of the drop-in

What these sessions are all about

We've created a safe, non-judgemental space where parents can bring their questions, share worries and connect with others who 'get it'.

Topics often included:

- Understanding and responding to challenging behaviour
- Making sense of autism on a deeper level
- The ups and downs of family relationships and dynamics
- Working with schools and professionals
- Meeting like-minded parents and realising you are not alone

What parents can expect to take away:

- Feeling heard, appreciated, and understood
- Knowing they are seen as the experts on their own child and family
- Feeling hopeful and having gained practical ideas

Who runs the sessions?

I'm Erik Wagter, co-founder of Autism Family Support Service. Alongside being a social worker, trainer and Solution Focused family coach, I also bring over two decades of personal lived family experience of autism.

If you would like to join please send an email to sallywagter@gmail.com and we will send you the Zoom link.

Autism Family Support Service
www.autismfamilysupportservice.com

Support for Parents and Carers

About this group

We are an independent parent carer support group ran by Dads for the Dad's, Stepdads, Grandads and Carers.

This Drop-in space has been created as a safe space without judgment, where you can share your thoughts, feelings, concerns, and queries about life as a SEND parent carer.

Men's mental health isn't talked about enough, and we get it; it's hard to open up to others and share things that are bothering us, which is why we have created this group - so that we can all support each other.

If you are struggling to reach out, we have put together a post with links to mental health charities—the post has been pinned under featured posts.

Thanks for joining us

SEND Dads Drop In Team [See less](#)



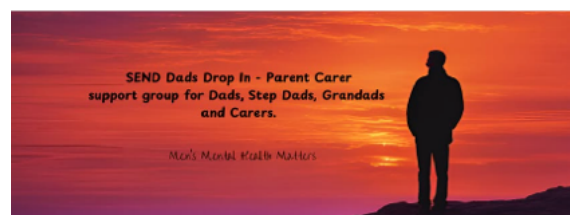
Private

Only members can see who's in the group and what they post.



Visible

Anyone can find this group.



See the Short Breaks Newsletter with activities and information for those with SEND at -

www.oxfordshire.gov.uk/shortbreaks

New!

Parent Support Group

A peer support group for parents of teens that have additional needs and/or mental health concerns.

This is a parent-focussed group, facilitated by a professionally accredited therapist (UKCP/MBACP), providing a safe and supportive space to share and talk through the challenges you may be facing with your teen.

When? Tuesdays 6-7.30pm
Starting Spring 2024

Where? St Mary's Church Hall,
Church Street,
Kidlington OX5 2AZ

Cost? Free!

Empowering parents through shared experience and professional support

If this sounds like the group for you, please get in touch with Felicity on 07821 542182
Alternatively email felicityscroggie@gmail.com and leave your name and number for a call back

The Banbury Community Fridge which is housed in Banbury Mosque car park has food available to families in need of support.

The fridge is open

9-4pm Mon to Fri and 10 - 4pm on Sat & Sun

Support for Parents and Carers

*** NEW - Banbury ***



In partnership with
Abingdon & Witney College



**Drop-in
SEND
Support Group**
with Karen Ariss

Open to all parents of children with diagnosed or undiagnosed additional needs. Free.
A supportive space to share triumphs and build knowledge together.

Fridays (term time only)
@ the Bungalow, Hill View School
8.45am-10.45am

Email Sally Shepley at Hill View Primary School
sshepley@hillview-school.co.uk
for further information.

For further info, please email:-
sshepley@hillview-school.co.uk



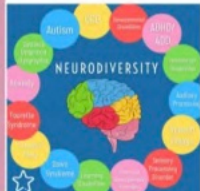

ALL THINGS SEND

Family SEND Support Group

You are an amazing bunch who are working incredibly hard, day in day out, to support and nurture your children despite their challenges. You deserve an hour to yourselves to chat about your experiences over a cuppa and a biscuit!

Grab the time and opportunity to **chat freely** to each other in a **non-judgemental** space. There is no formal agenda, just the chance to talk about **what works well** and **what is tricky**.

WHEN: Friday mornings, drop in between 8:45am and 11am
WHERE: Hill View School Community Bungalow, OX16 1DN



If you would like to come along, just turn up!
To find out more please contact Emma Ford at
eford@hillview-school.co.uk or Emma
Jeavons at ejeavons@hillview-school.co.uk



Bicester Autism/ADHD

No diagnosis is needed to join
Weekly informal events such as:

- Morning Coffee and Chats (fortnightly on a Friday morning)
- Pub Nights (Tuesdays)
- Family Sessions (Tuesdays)
- Night Off Sessions for parent/carers

There are two Facebook accounts.

An open page Bicester Autism/ADHD that provides information to non-members and the general community about events and articles of interest.

The second group (Bicester Autism/ADHD Chat group) is a closed chat group for members only.



**SEN Support Group
Banbury**

About us

A support group that is run every other Monday to help support parents/carers of children with SEN, diagnosed or undiagnosed. Tea/coffee and refreshments will be provided. £1 donation per person.

Find us on Facebook: SEN Support Group Banbury or message us 07432003645
Cromwell Lodge Hotel, OX16 OTB. Every other Monday 09.30am-11.00am.

Support for Parents and Carers

Bicester



BICESTER AUTISM

Coffee & Chat Dates

Pop along
Every Friday
9.30 till 11.30 *Term Time Only*

Coffee & Chat is a space where parents of Autistic/ADHD children come together to seek support and advice surrounded by others who understand & have experience.

No diagnosis needed

We offer a warm, welcoming, non judgemental environment where informal chats take place with lots of laughter, a few tears & tissues. Oh and lots of free coffee, tea and chocolate with the odd fun craft.

We even get the odd professionals in for a chat along with some mindfulness and wellbeing sessions

Come Join Us

Contact us for dates next term

Bicester East Community Centre
Keble Road, Bicester, OX26 4TP

Made with PosterMyWall.com

Banbury



A weekly meet up for parents of autistic and neurodivergent children to chat over a cuppa! Children welcome to come.

COFFEE MEET UP
The Neurodiverse Parenting Village

EVERY FRIDAY MORNING
PINTO LOUNGE - 09:30 til 12:00

Connect with other neurodiverse families and enjoy some free pastries! Board games/toys available.

PINTO LOUNGE, SPICEBALL PARK ROAD, BANBURY, OX16 2PA

Join the Facebook group [f The Neurodiverse Parenting Village](#)

Kidlington



I'm Leandra, mum to 3 neurodivergent boys with Autism and ADHD

SENtipe

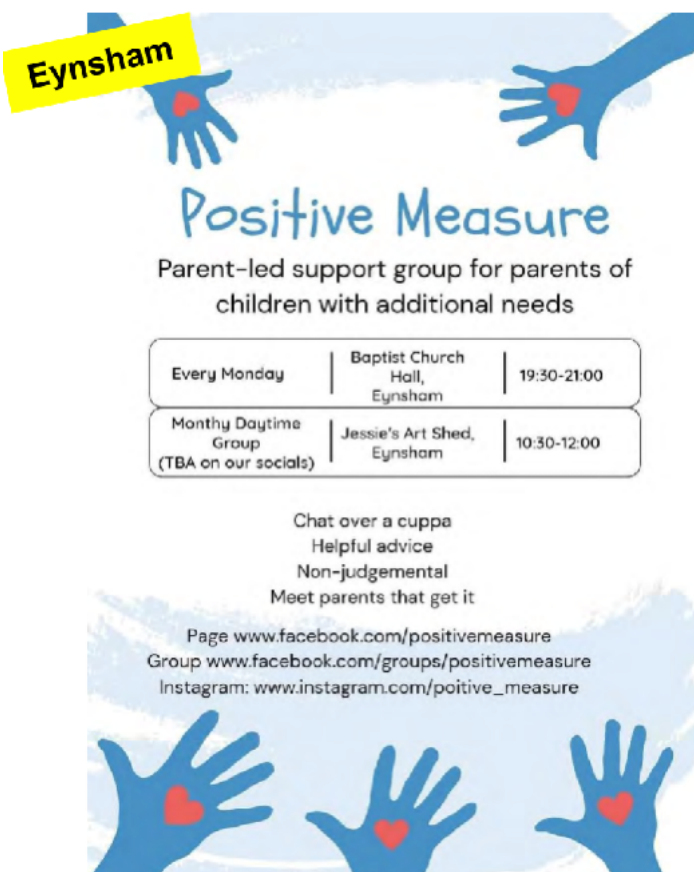
I host coffee mornings where parents and carers can offload, connect, and build a safe, supportive community.

Every Wednesday
Stanley's Sweets & Treats
9:30 to 11:30

@sentipede

[f](#) [i](#)

Eynsham



Positive Measure

Parent-led support group for parents of children with additional needs

Every Monday	Baptist Church Hall, Eynsham	19:30-21:00
Monthly Daytime Group (TBA on our socials)	Jessie's Art Shed, Eynsham	10:30-12:00

Chat over a cuppa
Helpful advice
Non-judgemental
Meet parents that get it

Page www.facebook.com/positivemeasure
Group www.facebook.com/groups/positivemeasure
Instagram: www.instagram.com/positive_measure