Other information

Includes information about various groups, research opportunities, training events, webinars, therapies and support.

Contact details:- Pauline MacKinnon - 07554 330244
Email - shortbreaksfordisabledchildren@oxfordshire.gov.uk

**** If you'd like to receive these newsletters, please email us! ****

There is absolutely no pressure or expectation to book ongoing support afterwards.

The full booking system with all SquiggleSpace sessions will be launching in June including 1:1 Young Person Session, Parent Power Hours, Creative Connection Session and Learning Re-Engagement Session but for now I'm intentionally keeping things slow, personal and relationship-focused first.

If you'd like to book a First Connection Session for yourself as a parent/carer, here's the link - https://squigglespace.setmore.com

Or there is still time to join the waiting list for sessions - https://forms.gle/9jBYJWfrYuBqwpAYA

Attention Autism at Home

Attention Autism™
AN IRRESISTIBLE INVITATION TO LEARN
Home of the Curiosity Programme

Online Training for Parents by a Parent, who is also an Advanced Practitioner.

Delivered by Anna Burke Attention Autism™ Advanced Practitioner **and parent of an autistic son.**
and **Lyndsay Barlow** Co-owner and Director of Attention Autism™

Venue: Online (Zoom)
Workshop time: 7:30pm – 8.30pm
Workshop dates: Thursdays 4th and 11th June. 2nd July
Cost: £240 for one person. BUY ONE GET ONE FREE!
Two parents or one parent and a family member can attend on one ticket. The second has a free place!!
Klarna payments are available.

If you would like to attend the training, please use
Go to www.attentionautism.co.uk to book. It is going to fill up fast.

In this series of three I hour workshops, we will cover all 4 stages of the Attention Autism Programme, discuss the ideas behind it and use real-life examples to show exactly how and why it works.

You and your child will learn how to connect, get focused attention, keep it, share it and use it to develop communication and have some fun with your child. After the training you will:

- Understand the ideas that drive the Attention autism programme
- Get connected so interaction is shared and enjoyable
- Know how to engage your child's attention, keep it and share it
- Build understanding and confidence in getting the message across
- Know how to move forward to spontaneous expression for your child, however that might look for them
- Access individual sessions for your unique child
- Create activities that are worth communicating about and inspire your child to learn
- Create sessions that everyone enjoys and remembers

Each family will also have three 30-minute zoom coaching sessions with Anna Burke (parent) to help them implement the programme in their home.

To book, please go to their website - https://attentionautism.co.uk/training/online-attention-autism-in-the-home-training-for-parents/

COMMUNITY FUND

oxfsn Oxfordshire family SUPPORT NETWORK

UPCOMING EVENTS

DROP IN SESSIONS	Bi monthly across the year at the OxFSN Office. See the calender on the website for dates and times
ROLES & RESPONSIBILITIES OF MANAGING FINANCES	4th June, 10.00 - 14.00 Information Event @Seacourt Hall, Botley
SIBLINGS PLANNING AHEAD	8th July, 19.00 - 20.30 Online Zoom event
MOVING INTO ADULTHOOD	16th July, 10.30 - 12.30 OxFSN Office
OFFICE OF THE PUBLIC GUARDIAN	29th September, 11.00 -13.00 Online Zoom event
THE ROUTE INTO SUPPORTED LIVING	10th November, 10.00 - 14.00 Information Event Didcot Civic Hall, Didcot
PERSON CENTRED PLANNING	17th & 19th November, 10.00 - 14.00 OxFSN Office 23rd &25th February, 10.00 - 14.00 OxFSN Office
SUPPORTED LIVING	9th December, 19.00 - 21.00 Online Zoom Event
PLANNING AHEAD	12th January, 2027 10.00 -13.00 OxFSN Office
WILLS & TRUSTS	4th February, 19.00 - 20.30 Online Zoom event

To book, please go to our Eventbrite page:-

https://www.eventbrite.co.uk/o/oxfordshire-family-support-network-38975007553

OxFSN are able to run this event thanks to funding by the National Lottery Community Fund who have funded us to run Embolden 3

COMMUNITY FUND

oxfsn
Oxfordshire family SUPPORT NETWORK

Roles and Responsibilities involved in managing your relatives finances

Thursday 4th June 2026
10.00 am - 14.00 pm

About the Event

A free information event for all family or sibling carers to help them plan ahead for their relative with a learning disability and /or autism who need support to manage their finances.

"How will my relative's benefits or personal budget be affected if we want to leave money for them in a will?

I'm worried that the bank will think my relative is able to manage their own finances, even though I know they need support. How can I still be involved?

What if there is no family to support my relative with their finances when I am no longer around?

What is a discretionary or disabled persons trust? How do they work?

If my relative is able to do some work how will this affect their benefits ?

We know many familiy carers worry about how their relative is going to manage their finances when they become an adult or they themselves are no longer able to support them.

At this event you will hear from key speakers who will talk about what steps you can take to start planning for the future to ensure that your relative is financially supported.

There will be the opportunity to ask questions & the speakers will be available throughout the event.

You can register for your free space through eventbrite or by scanning the QR code.

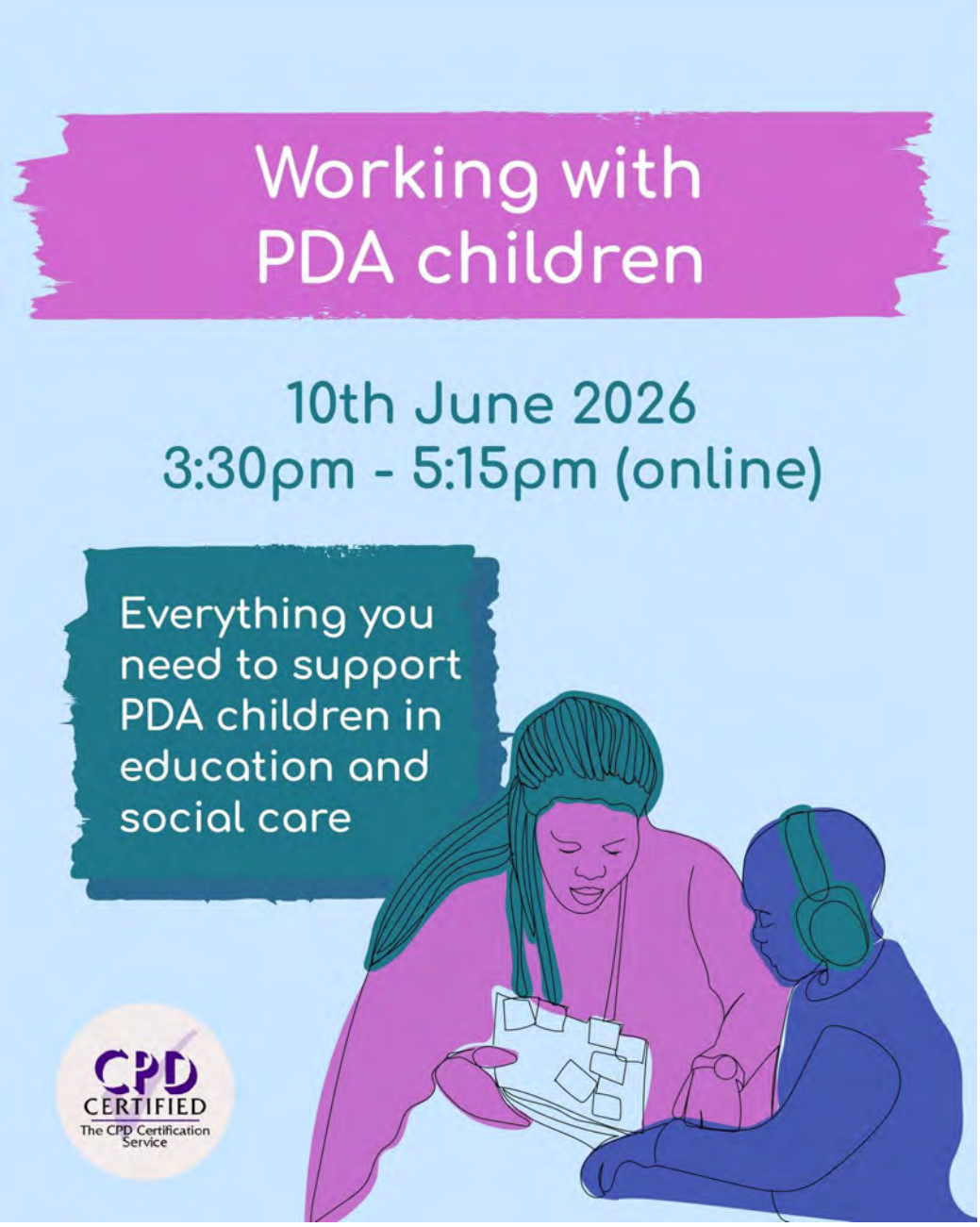
Where:
Seacourt Hall,
3 Church Way,
Botley
OX2 9TH

Refreshements will be available but we will not be able to provide lunch

Questions? Contact Kathy on 07821 987080 or kathy.liddell@oxfsn.org.uk

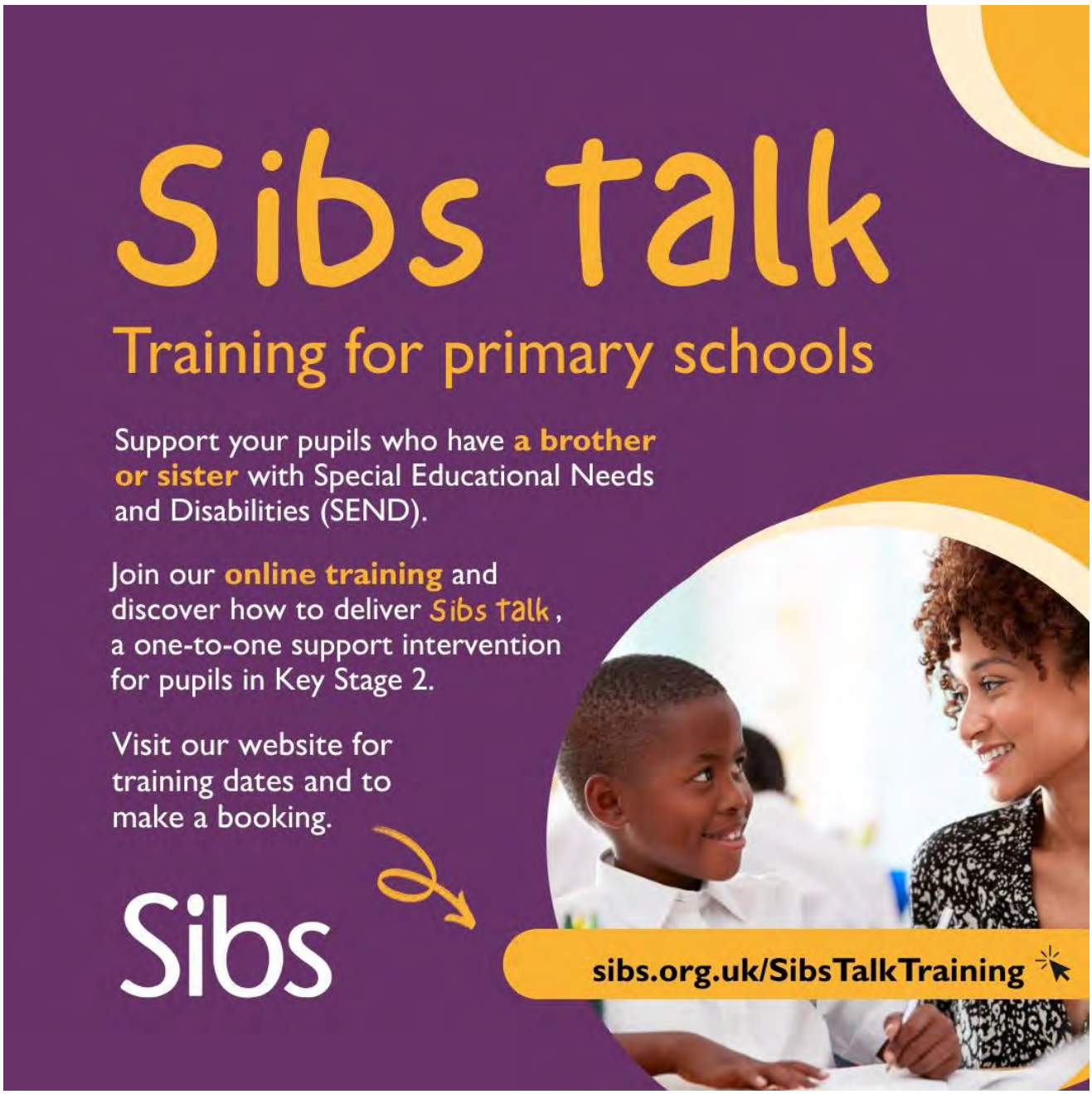
https://www.oxfsn.org.uk

The event is free but you do need to book your place which can be done by scanning the QR code on the poster or through Eventbrite.- https://www.eventbrite.co.uk/.../roles-responsibilities...



For professionals working in education, health or social care, this CPD accredited course will help you understand what approaches can be most supportive for children with a PDA profile of autism:-
https://ow.ly/FfZ750Z142V

Also open to parents who want to deepen their knowledge, you'll leave with a good understanding of PDA, recognising demands, and creating environments which work better for PDAers.



Calling all primary schools! Join our Sibs Talk online training session on 15th June. Sibs Talk is a 1:1 intervention for sibling pupils who are growing up with a disabled brother or sister. Booklets and teacher guidance notes included!

Find out more here. https://www.sibs.org.uk/.../sibs-talk-primary-school...

Do you support a young person who self harms?

supported by the Soha Community Fund 2025-26 soha

Oxfordshire Discovery College

Join our **fully funded**, 5 week programme that's specifically designed by **experts with lived and learned experience** for **parents carers and professionals** who **support** young people struggling with their big feeling and or with **self harming behaviours.**

- **Understand more about why the young people we care for engage in self-harming behaviours**
- **Develop knowledge of alternative strategies to support our young people**
- **Be part of a safe and supportive group**

SUPPORTIVE & INFORMATIVE

WHEN/WHERE

Starting on:

Wednesday
17th June
9.30am- 11.30pm
for 5 weeks

Oxfordshire Discovery College, Makespace, 99 Station Road, **Didcot**

hello@oxfordshirediscovery.co.uk www.oxfordshirediscovery.co.uk

The above QR code takes you here:-
https://docs.google.com/forms/d/e/1FAIpQLSf0cWkbaQ4Qsab4qgGXsNIgg80kXvW3-ziB8UUTUpA60BYvcQ/viewform

How to be a Good Trustee

This course aims to provide an overview of the key things you need to know as a trustee. The session will equip you with the knowledge of your responsibilities as a trustee and confidence to know where to go to find out more after the course.

It covers the role of individual trustees and the nature of their collective responsibility, plus some practical tips about how to be effective and add value to the board.

There will also be a chance to find out more about some of the latest developments in the sector.

Wednesday 17th June (2.75 hours). 10.00am - 12.45pm; £40-70

Recruiting & Retaining Volunteers

This interactive session will guide you through the world of volunteer recruitment. It will include practical suggestions, a toolkit to take away and plenty of opportunities to share ideas on how to recruit volunteers and keep hold of them!

Thursday 25th June (3 hours). 10.00am - 1.00pm; £40-70

Emergency First Aid at Work (accredited)

The Emergency First Aid at Work course meets the requirements of the HSE (Health and Safety Executive) and is nationally recognised.

- Designed for those who have a specific responsibility at work to provide first aid in a range of emergency first aid situations
- Also ideal for people who have a specific responsibility to provide basic first aid in voluntary and community activities

Wednesday 15th July (3.5 hours). 9.30am - 4.30pm; £75-£105

All of these courses will be held at The Source (OX1 1SS) located next door to OCVA's offices in Oxford

We deliver a variety of training courses online and in-person to those working in the community and voluntary sector. More information and bookings taken on the OCVA website - OCVA - current courses

training@ocva.org.uk or call 01865 251946

Special Educational Needs and Disability Information, Advice & Support Service

sendiass OXFORDSHIRE

Online information sessions for parents & carers on
"Emotionally Based School Avoidance (EBSA)"
will be held on:-

Tuesdays 23rd June & 14th July
12.00pm-1.30pm

"Applying for an EHCNa" - upcoming online information sessions covering everything you need to know about applying for an Education, Health and Care Needs assessment (EHCNa) will be held on:-

Wednesdays 24th June & 16th July
12.00pm – 1:30pm

Please email sendiass@oxfordshire.gov.uk to register!

These are FREE sessions but you do need to book.

Information and guidance, along with our form to access support can also be found on the SENDIASS website: https://www.sendiass-oxfordshire.org.uk

Perfectly placed to support educators needing to develop reading skills with their learners, our Supporting Literacy with AAC free webinar gives an introduction to an AAC user's core reading skills and getting them to engage in literacy learning.

- Learn to:-
  - Recognise the importance of play when developing AAC skills
  - Name different types of play
  - Observe AAC used within play

Find out more and register for your free place here: https://buff.ly/8q8PBXA

TALKING ABOUT TOMORROW: SIBLINGS, PARENTS AND PLANNING FOR THE FUTURE

SCAN ME

REGISTER HERE or

08 JULY 2026
19.00 PM - 20.30 PM

ONLINE WITH ZOOM

Are you a sibling of someone with a learning disability?
Do you know what plans are in place for their future?
Have you had those conversations with your parents?
Do you understand how the system works—or feel unsure about what comes next?
If these questions resonate, you're not alone.
Join us online for an open, supportive conversation about what really matters—how siblings and parents can come together to plan for the future. Whether you're navigating family dynamics or simply looking for guidance on next steps, this session is for you.

07821 987080
Kathy.liddell@oxfsn.org.uk

oxfsn Oxfordshire family SUPPORT NETWORK

OxFSN are able to run this event thanks to funding by the National Lottery Community Fund who have funded us to run Embolden 3

COMMUNITY FUND

To book, please go to our Eventbrite page:-
Talking about Tomorrow event tickets

NHS
Oxford Health
NHS Foundation Trust

PARENT WEBINAR

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

No webinars currently listed but there's lots of advice on the website - link below...

Resources for parents and carers | Oxford Health CAMHS

Online Course and Live Workshop

Embracing Autism is an online 8 week course for parents of recently diagnosed children of any age including teens. It covers all the information you will need, to understand and support your child in the early weeks and months after diagnosis.

Coping and Behaviour at School and Home
Sensory Processing (including Eating)
Social Communication and Interaction
Anxiety & Stress
Sensory and Emotional Regulation

Register here: https://courses.theyarethefuture.co.uk/embracing-autism-parent-course

Every Monday a new topic is released, with a set of videos for you to watch (40-60 minutes total per week). You can watch them on desktop or mobile, or even listen whilst driving or preparing a meal! Dont worry if the course has already started - you can easily catch up.

In the final (8th) week we invite you to attend a Live Online Workshop on Zoom.
The course is an exciting collaboration between Everlief and other autism professionals:

Dr Lucy Russell, Clinical Psychologist, Everlief
Dr Marcelina Watkinson, Clinical Psychologist, Everlief
Dr Cassie Coleman, Consultant Community Paediatrician, www.drcassie.co.uk
Aimee Laming, Specialist Speech & Language Therapist, Speech Therapy Matters Ltd
Nicci Paine, Clinical Specialist Occupational Therapist, LEAP Children's Therapy

To register, please go to our website - Embracing Autism Online Course

Short Breaks Update for Families with Disabled Children and Young People

To find out more about what we offer, please go to:-

https://linktr.ee/gr0ve.org?utm_source=qr_code

aspens

Charity no: 1171446 aspens.org.uk

Autism Central

For parents and carers

Autism Central is here to help!

Sometimes, talking to people who share similar experiences to yours means you're more likely to feel understood and get the support you need.

The Autism Central Peer Education programme is for parents, carers and personal assistants of autistic people. Support is provided by parents and carers of autistic people who are happy to share their knowledge and experience with others.

- We are here to listen, offer guidance and tell you about services that are available in your local area
- Help you navigate to services that can make a difference and empower you
- Increase your knowledge, understanding and provide you with skills to last

Request for Support by scanning the QR code or emailing autismcentralsoutheast@aspens.org.uk

The project is run by leading not-for-profit organisations, supporting families and autistic people and has been commissioned by Health Education England. It has been set up to help parents/carers access information they can trust, all in one place. Our resources have been developed together with autistic people, parents and carers and subject matter experts, and follow the most recent research and guidance. Families do not need to have a diagnosis to access support through us.

Scan the QR code above or email us - autismcentralsoutheast@aspens.org.uk

Support service for over 18s...

WHO WE ARE

Arise Youth Support is a specialist provider supporting young people 18+ who have been diagnosed with learning disabilities, physical disabilities, and/or Autism Spectrum, to achieve the best outcomes and independence whilst living in their own homes or community-based support.

Our focus is on working with young people who are transitioning into adulthood. Promoting independence, encouraging self-awareness, and building confidence.

ARISE YOUTH SUPPORT

WE PROVIDE

care and support
personal care
meal prep
medication
social activities
overnight care
24 live in care
respite care

24HR HOTLINE
+44 7732 148196

ACCREDITATIONS

disability confident COMMITTED

Regulated by Care Quality Commission

The National Autistic Society

ADDRESS
F111 CHERWELL BUSINESS VILLAGE
SOUTHAM ROAD
BANBURY
OXFORDSHIRE
OX16 2SP

EMAIL
INFO@ARISEYOUTHSUPPORT.ORG

OFFICE LINE
+44 1865 956285

ARISE YOUTH SUPPORT
CULTIVATING HAPPINESS

Please contact Arise Youth Support direct if you're interested in finding out more about their service - info@ariseyouthsupport.org or visit their website - What we do – ariseyouthsupport.org

An overview of each Level

Level 1

- What is the Makaton Language Programme
- Stage 1 signs and symbols, ***Immediate Needs / Establishing Interaction***
- Stage 2 signs and symbols, ***Home / Familiar People / Objects / Food / Events / Activities***
- Additional Vocabulary signs and symbols, ***Food / Drink / Home / Greetings***
- ***Finger Spelling***
- Tips for effective signing
- Makaton's place in the Signing World
- Three formal levels of Makaton Use
- Multi-Modal Communication
- Signing for Comprehension and Expression
- How are Makaton Symbols used?
- Using Signs and Symbols; developing techniques, position, movement & direction

Level 2

- Stage 3 signs and symbols, ***Outside world / Animals / Fruit / Vehicles / Actions / Attributes / Locatives / Pronouns***
- Stage 4 signs and symbols, ***School / Work / Objects / People / Events / Activities /Pronouns / Spatial Location***
- Additional Vocabulary signs and symbols, ***Medical / Support / People / Personal Care***
- Research Support for Signs and Symbol Use
- Makaton Symbols Design Themes
- Teaching Procedures
- Signing for Comprehension and Expression
- Practical Applications of Makaton
- Sequencing Events
- Using Signs and Symbols; developing techniques, position, movement & direction

Level 3

- Revision of signs and symbols from Levels 1 & 2
- Stage 5 signs and symbols, ***The Community / People / Places / Activities / Interests / Events / Objects / Attributes / Feelings***
- Stage 6 signs and symbols, ***The Wider World / Places / Thinking & Knowing / Attributes /Pronouns / Prepositions***
- Conveying meaning accurately by choosing the right signs & symbols
- Talking about people
- Signing for Comprehension and Expression
- Talking about possession
- Analysing Sign production
- Using Signs and Symbols; developing techniques, position, movement & direction

Level 4

- Stage 7 signs and symbols, ***Number / Time / Weather / Quantity / Money***
- Stage 8 signs and symbols, ***Leisure interests / Feelings / Casual Relationships***
- ***Additional IT*** signs and symbols.
- Time concepts
- Keeping things simple (core)
- Interpreting and Translating more detailed information
- The power of Symbols
- Integrating and extending personal Signing and Symbol skills
- Using Signs and Symbols; developing techniques, position, movement & direction

Contact: LibbyMakatonTutor@gmail.com https://www.ticketsource.co.uk/hands-aloud

@HandsAloudMakaton @HandsAloudMakaton @Hands Aloud Makaton @HandsAloud

National Deaf Children's Society

Hi,
I'm Emma Polin.

I am your community connector for the National Deaf Children's Society in Oxfordshire.

I'm here for you – offering support, sharing my experience, and helping you access local resources and services, including those from the National Deaf Children's Society, while also connecting you with other parents and deaf children in your community.

As a parent of a deaf child myself, I know how important it is to have the right support and people around you.

Our connection is on your terms – at your pace, in the way that works best for you. Whenever you need support, I'm here, and I look forward to connecting with you.

Email address:
Emma.Polin@ndcs.org.uk

Phone number:
07974363483

For more information, please contact Emma on emma.polin@ndcs.org.uk

Lesley offers bespoke, tailored speech and language support service for 3-11 year olds in Oxfordshire and North Hampshire.

For more information, please go to the website - https://sltwithlesley.co.uk/ or contact Lesley via Facebook - https://www.facebook.com/sltwithlesley

AT HOME SENSORY SESSIONS - WITH SOPHIE

WHAT IS THIS SERVICE?

A UNIQUE AND INDEPENDENT HOME MASSAGE THERAPY AND SENSORY INTEGRATION SERVICE FOR CHILDREN WITH SEND. COVERING AREAS IN WOKINGHAM, WEST BERKS, HAMPSHIRE AND OXFORDSHIRE.

MEET SOPHIE

Hi! I'm Sophie.
I left school and started a Massage Therapy Apprenticeship at Reading Borough Council. Fast forward to now, I have worked as a Massage and Sensory Therapist, and with children and young people with SEND for over 10 years. This is my first and only job!
I have a Level 3 NVQ, Diploma in Massage, Anatomy and Physiology and have a fully enhanced DBS check.

WHAT DOES THIS SERVICE OFFER?

- Massage and sensory therapy sessions for children and young people with SEND within their family home.
- Support and advice to parents/carers regarding sensory regulation techniques and opportunities to learn massage techniques to support your child day to day.

WHO WOULD BENEFIT?

- Does your child have a diagnosed or undiagnosed special educational need?
- Does your child benefit from deep pressure?
- Does your child seek touch/tactile input?
- Does your child display sensory needs?
- Does your child need dedicated calming time after school, at the weekend or during holidays?

HOW TO FIND OUT MORE AND MAKE CONTACT

Please search for my Facebook page below to find out more information and to get in touch!

WHAT ARE THE BENEFITS?

- HELPS TO IMPROVE QUALITY OF SLEEP
- HELPS TO REGULATE SENSORY NEEDS AND PROVIDES SENSORY INPUT
- THE OPPORTUNITY TO LEARN SELF-REGULATION TECHNIQUES TO SUPPORT EMOTIONAL WELL-BEING
- THE OPPORTUNITY FOR DEDICATED CALMING AND RELAXATION TIME
- HELPS TO IMPROVES MOTOR, BALANCE AND CO-ORDINATION SKILLS

AT HOME SENSORY SESSIONS - WITH SOPHIE

sensoryandmassagetherapy@hotmail.com OR Facebook - At Home Sensory sessions

Delia the OT

Advanced Sensory Integration Practitioner

Occupational Therapy (OT) helps children to engage with their daily activities, develop their skills and build their independence.

OT can help with:

- Fine Motor Skills: pencil control, handwriting, scissor skills
- Posture and gross motor skills
- Sensory regulation: supporting attention, concentration and accessing learning
- Sensory processing, recognising sensory needs and strategies
- Supporting body awareness and skill development
- Motor Planning: learning new skills, coming up with ideas, sequencing and problem-solving
- Sleep: supporting getting to sleep and reducing night wakings using routines and strategies
- Daily skills: meal time strategies, toileting, self care, dressing, buttons, zips and tying shoes

OT CAN BENEFIT:

- Classroom Routines
- Self Confidence
- Independence
- Teacher Knowledge
- Access to Learning
- Academic Success

hcpc registered www.hcpc-uk.org

MEMBER THE SLEEP CHARITY

Member of RCOT Royal College of Occupational Therapists

07737 336723

deliatheotoxford@gmail.com

Contact Delia on - deliatheotoxford@gmail.com or 07737 336723

Did you know there's a voice for **SEND parent carers** in Oxfordshire?

OXFORDSHIRE PARENT CARERS FORUM

oxfn IN PARTNERSHIP

WHO ARE WE?

A dedicated group of parent carers of children and young people with Special Educational Needs and disabilities.

WHAT DO WE DO?

As an independent group, we gather the lived experiences of families in Oxfordshire. We share this feedback with the local authority, education settings, and health providers. The forum aims to help your voice be used to shape and improve services in Oxfordshire, to better meet the needs of children and young people with SEND and their families.

HOW CAN YOU GET INVOLVED?

Sign up to our mailing list: bit.ly/OXPCF
Relevant news and events, updates on our work, and opportunities for feedback and participation - for parent carers and professionals

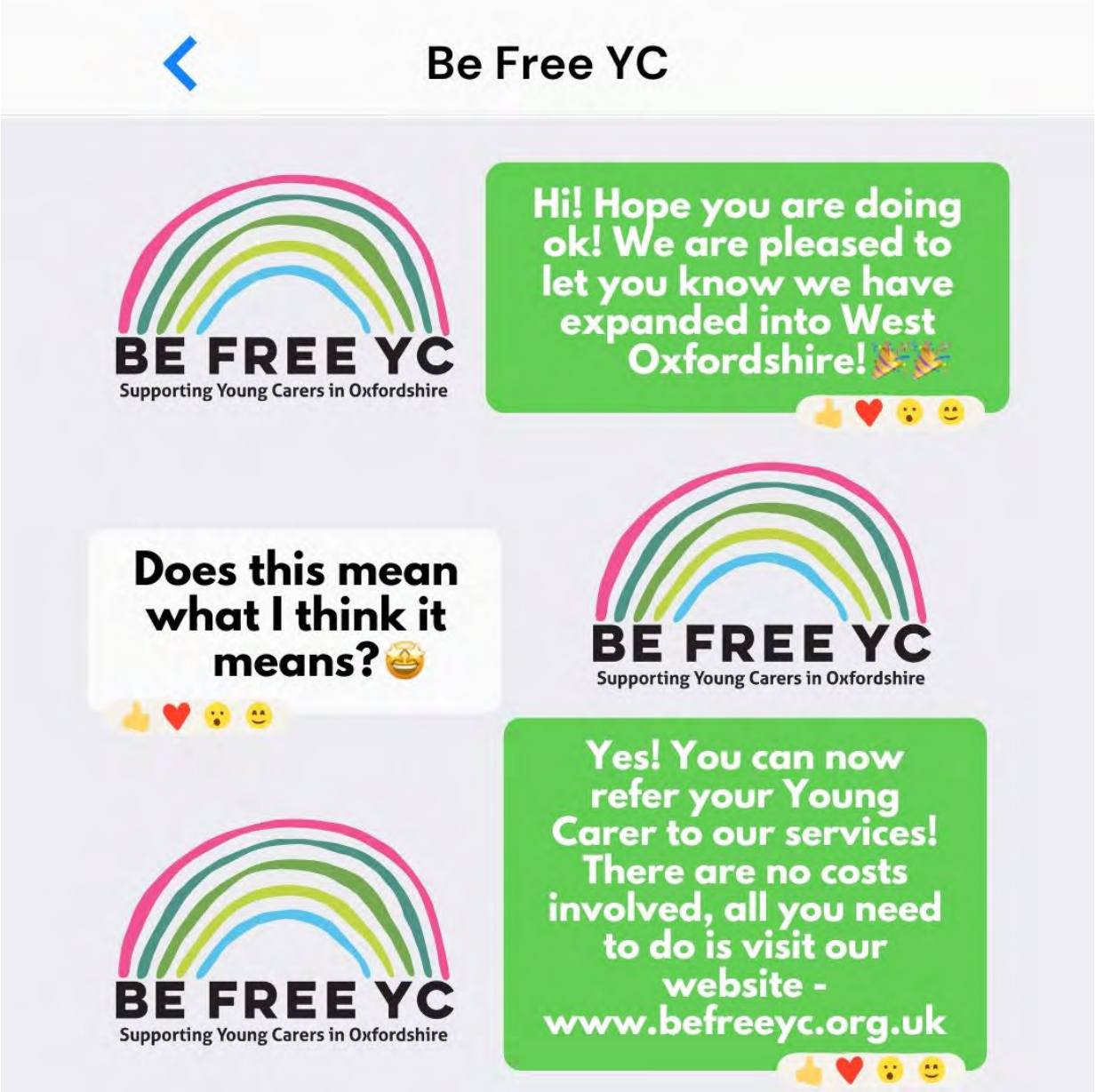
Join our SEND Room: facebook.com/groups/oxsendroom
A private peer support group on Facebook to connect with other parent carers

Volunteer: oxpcf.org.uk/volunteer
A range of opportunities to make a real impact for SEND families in Oxfordshire

Connect: oxpcf.org.uk | bit.ly/whatsapp-oxpcf | /ox_parentcarers_forum | /oxpcf | /company/oxfordshire-parent-carers-forum

TOGETHER EVERYONE ACHIEVES MORE

Mailing list – www.bit.ly/OXPCF
Website – www.oxpcf.org.uk
WhatsApp – www.bitly.whatsapp-oxpcf
Facebook – www.facebook.com/oxpcf
Instagram – www.instagram.com/ox_parentcarers_forum
SEND Room – www.facebook.com/groups/oxsendroom
Volunteer – www.oxpcf.org.uk/volunteer



Be Free Young Carers supports young people aged between 8-17 years old, with caring responsibilities. We offer FREE respite trips in the school holidays to theme parks and trampoline parks as well as many other exciting places. We also provide a bespoke befriending service, 121 emotional support, counselling and more! Do you know a young carer? Do you think our services can help you and your family? To register a young carer in West Oxfordshire, please head over to our website and fill out a referral form - https://befreeyc.org.uk/

Need more info? Contact our West Oxfordshire YC Youth Workers Carly & Tabitha at westox@befreeyc.org.uk

Groups on offer from [Bicester Autism/ADHD Members Only Chat group]

If you live in the Bicester or surrounding area, feel free to join. All information needed is on our Facebook page:-

https://www.facebook.com/groups/508705116127966

Bright Journeys SEND Advocacy - SEND & EHCP support

SEND advocacy

Bright Journeys

Guiding Families, Empowering Futures

Join our private Facebook support group for parents and carers of children with SEND.

Connect with others, ask questions, and find guidance on topics like SEN support, EHCPs, transport and more.

Peer support and free general guidance from an independent SEND advocate are available.*

Join us! 🧡
Search for Bright Journeys SEND Advocacy on Facebook and request to join the group.

*There is also an option of bespoke, fee-based support if needed.

To register - https://www.facebook.com/groups/761180559587856

Short Breaks Update for Families with Disabled Children and Young People

SCAN ME!

Growing strong roots togeher

Rainbow Trees PATHWAY

We are committed to supporting families and their young people every step of the way. Working in partnership with other professionals to build a plan that works. We know the SEND journey can be challenging, and no family should have to face it on their own.

Our Services

Family Support Worker
Supporting parent carers to navigate the SEND system.

Alternative Learning Support
We can support young people who are home educated or struggling to attend and need an alternative. Including being part of an EOTAS package.

Care Support Practitoners
Supporting young people with everyday life skills and independence.

Brick by Brick
Lego sessions 1:1 or in small groups. Supporting emotional regulation, social skills and language development.

Advisory Services
We offer an advice clinic for parent carers to get the vital support tyhey need. We can also extend our services to professionals and offer various training.

Why Choose Us

- We are parent carers ourselves and have navigated the system.
- Our offer is completely bespoke for each family.
- We are trauma informed and mental health youth first aiders.
- We are passionate about everything we do.
- We believe in meeting the family where they are now, then supporting them to reach where they want to be.

Get in touch with us 01993 659025 www.rainbowtreespathway.co.uk

Contact for further details - 01993 659025 or www.rainbowtreespathway.co.uk

For more info, please go to our website - www.specialeffect.org.uk

Short Breaks Update for Families with Disabled Children and Young People

Find out more about us today www.aimrda.co.uk

WELCOME TO Equilore

DISCOVER THE BENEFITS OF THE HUMAN-ANIMAL BOND

Emotional Regulation: Horses provide honest and immediate feedback, helping children learn to manage their emotions in healthy ways.
Self-Esteem Boost: Through positive interactions with horses, children experience a sense of accomplishment and empowerment, boosting self-confidence.
Social Skills Development: Interacting with horses fosters communication, empathy, and teamwork, helping children improve their social skills and build meaningful relationships.

OUR THERAPEUTIC PROGRAMS

Barn Pals

Fridays 16:00-17:30 I £25 per child I max 6 children

Learn all about horses and how to care for them; from brushing, preparing feeds and haynets, mucking out, fencing, leading and tidying paddocks you will learn all about the job involved in taking care of horses.

Stable Relationships

Wednesdays 12:30-14:30; Fridays 10:00-12:00 I £65 per child I max 6 children

Our experienced facilitators arrange a series of engaging activities and exercises with horses with lessons on Respect, Trust, Boundaries and Communication in a fun and interactive way.

Equine Faciliated Psychotherapy

Daily sessions available I Times arranged with Therapist

These 1:1 sessions are psychotherapeutic in nature and led by our fully qualified facilitators. Working with the horses, we support those with mental health challenges by focusing on emotion regulation, trauma processing and mindfulness techniques.

BOOK NOW

Park End, Croughton, NN13 5LX

07787 402236 (Loes)

www.equilore.co.uk

Please contact Loes direct to book - www.equilore.co.uk

Thame Music Therapy

thamemusictherapy.co.uk
info@thamemusictherapy.co.uk

1:1 Music Therapy
Specialist Music Lessons
Inclusive Workshops

Hugh Anderson
Music Therapist
BAMT Member & HCPC Registered

BAMT BRITISH ASSOCIATION FOR MUSIC THERAPY

hcpc registered
www.hcpc-uk.org

For more information, contact Hugh on info@thamemusictherapy.co.uk

Email - info@bigfishproject.com; Text - 07503 026679

Web - www.bigfishproject.com

Short Breaks Update for Families with Disabled Children and Young People

If you are a family with 0-18 year olds and are in receipt of benefits related free school meals, Personal Independence Payment, Universal Credit or have Strength and Needs assessment or are young carers or refugees...you can apply for a YouMove card. To find out more or apply, contact your local Activator today:-

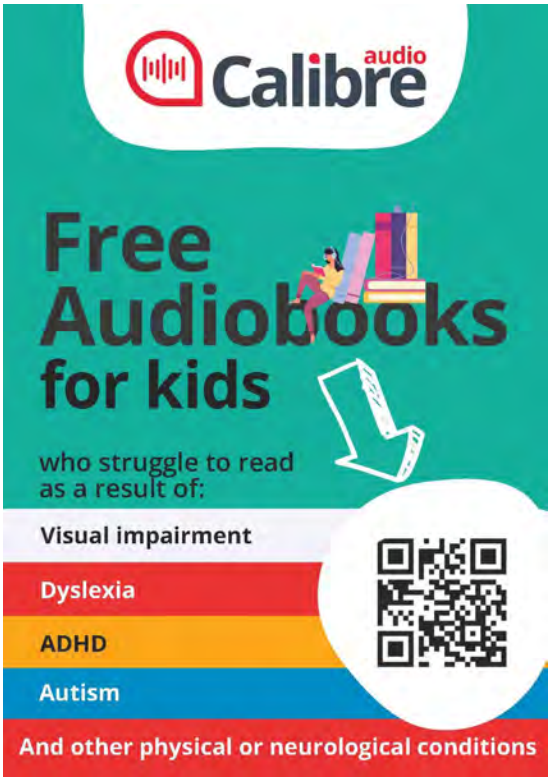
Oxford City - Ben 07485 311346

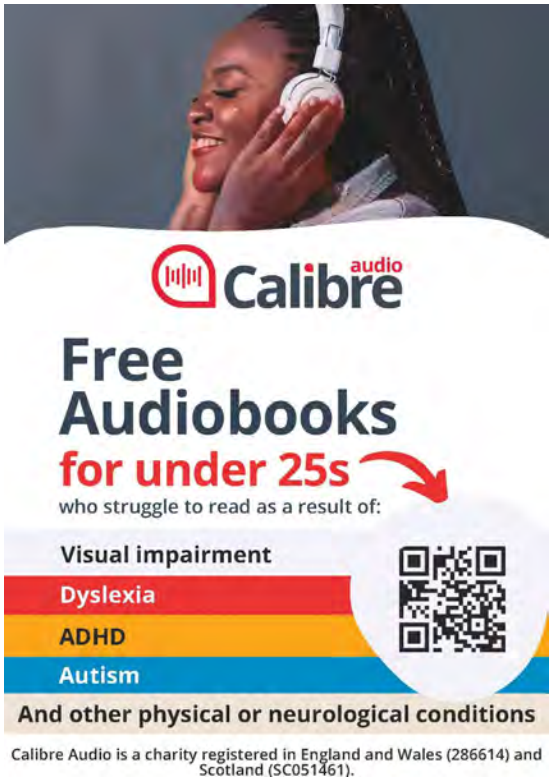
Cherwell - Laura 01295 221980

West Oxfordshire - Nicole 01993 861570

Vale of White Horse - Marc 07801 203571

South Oxfordshire - Kayleigh 07717 225679





National charity, **Calibre Audio** offer free audiobook memberships to children and young adults (0-25 years) with SEND giving them unlimited access to over 18,000 titles. We believe that everyone deserves to enjoy a good book, but we know not everyone enjoys reading, and our audiobook service aims to make books accessible to all.

The charity is on a mission to encourage as many eligible young people as possible to join and use audiobooks to support their education and relaxation. The collection is full of leading contemporary children's authors, including Michael Morpurgo, Jacqueline Wilson, J.K Rowling, Malorie Blackman, David Walliams, Phillip Pullman – as well as classics. Calibre also ensures titles that support the GCSE, A Level and PSHE national curriculum are available.

Calibre Audio supports anyone with a print disability, that is any special educational need, health condition or disability that impacts on the ability to read print. No referral is needed, and no medical evidence is required to create a membership. Find out more about membership by visiting https://www.calibreaudio.org.uk/ or calling Membership Services on 01296 432339.

Camp Mohawk

The Woodland Centre Trust

For children and young people with special needs

Camp Mohawk is a day centre for children with special needs and their families, set in 5 acres of beautiful countryside, just outside Wargrave, Berkshire. Throughout the year the centre provides a range of activities, facilities and natural space to encourage children with a variety of special needs to play, socialise and learn in a secure and caring environment. Our facilities include adventure playgrounds, swings, sensory garden, play village, soft play and sensory rooms, art / craft room, music room, play lounge and, in the summer months, an outdoor, heated play pool. All this is set in approximately 5 acres of natural woodland.

What we offer:

- **Family Days** in school holidays and on Saturdays in term time – children / young people need to be accompanied by a parent / carer but we have a team of staff and volunteers on hand to provide support and assistance
- **Short Breaks** activities for children / young people aged 8 to 25 who have High Functioning Autism / Asperger's Syndrome
- **Special events** including sensory sensitive fireworks displays and Christmas parties
- **Group sessions** / days for SEND support groups, schools and groups of families

Registration is mandatory for all services and advance booking is necessary for all sessions. Fees / charges for families are all voluntary but contributions from our service users are an important source of income so we do have suggested contribution levels. Please visit our website or get in touch for more information:

Web: www.campmohawk.org.uk
Email: info@campmohawk.org.uk
Tel: 0118 940 4045

THE WOODLAND CENTRE TRUST, Highfield Lane, Crazies Hill, Wargrave, Berks. RG10 8PU. Registered Charity No. 1202580

To find out more, please go to our website:- www.campmohawk.org.uk

Looking for care and support in Oxfordshire?

smallgoodstuff
by communitycatalysts

Find passionate local people who provide care and support services.

This might include - help with washing and dressing, cleaning, cooking, doing activities, gardening and more.

Find out more

Scan this QR code with your phone camera to visit the website

www.smallgoodstuff.co.uk/oxfordshire

A local initiative, a platform for finding small, local care and support providers - www.smallgoodstuff.co.uk/oxfordshire

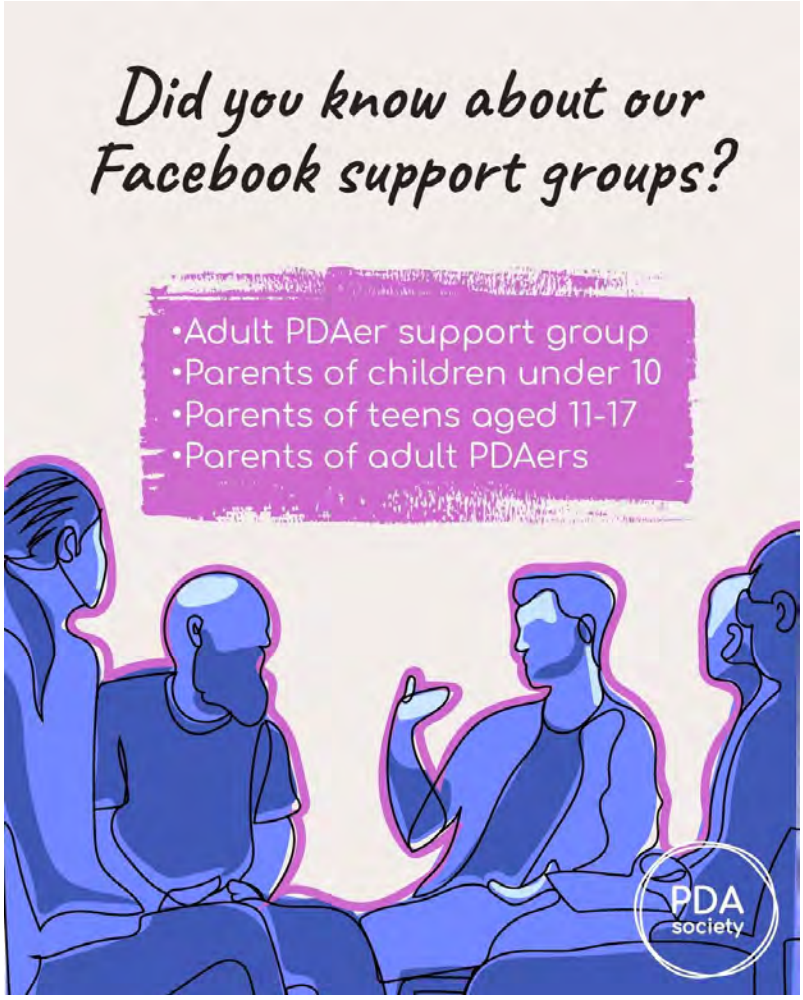
Short Breaks Update for Families with Disabled Children and Young People

To apply - www.nationalcarerscard.org.uk

Short Breaks Update for Families with Disabled Children and Young People

To apply - www.disabilityid.co.uk

Short Breaks Update for Families with Disabled Children and Young People



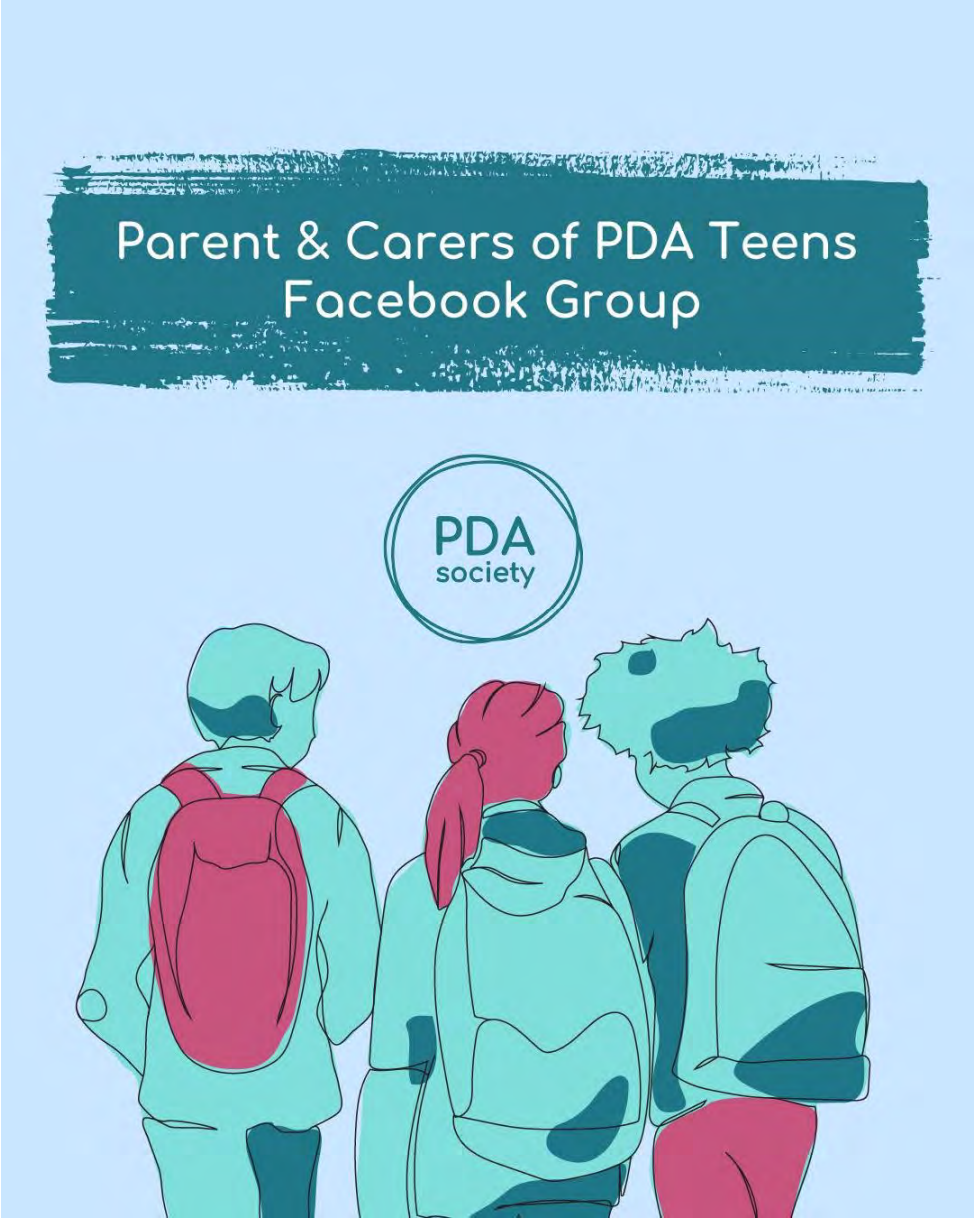
Our Facebook support groups are a safe space to connect with likeminded people. Whether you're looking to chat with others who understand, or just want to listen and learn, you're very welcome to join us.

Adult PDAers: https://ow.ly/glAK50WPCE3

Parents of children up to 10: https://ow.ly/M7hO50WPCCY

Parents of teens: https://ow.ly/mOKn50WPCCW

Carers of PDA adults: https://ow.ly/Yfyt50WPCE1



This is a safe, supportive space to connect with others, share experiences, offer peer-to-peer support and exchange helpful information. The group is private, which means only members can see what's posted, helping to keep things safer and more personal. Whether you're looking to connect with others who understand, or just want to listen and learn, you're very welcome to join us.

You can join the group here: https://ow.ly/Rv9550WihYq

If you'd prefer individualised support, you can always contact our Support Service team:- https://ow.ly/vr5w50WihYt

We have a new Facebook group for parents and carers of younger children (age 10 & under) who experience PDA and demand avoidance. This is a safe, supportive space to connect with others, share experiences, offer peer-to-peer support and exchange helpful information. The group is private, which means only members can see what's posted, helping to keep things safer and more personal.

Whether you're looking to connect with others who understand, or just want to listen and learn, you're very welcome to join us.

You can join the group here: https://ow.ly/FPho50WlsgN

If you'd prefer individualised support, you can always contact our Support Service team: https://ow.ly/owcN50WlsgM

ESP

Employment Support Programme

Do you want a job?

If you are 18 years or over and have a disability or a long-term health condition, looking for employment, then we could support you to gain employment.

What we can do:

- Find out what type of job you might like to do.
- Find out what skills and abilities you have that employers need.
- Work with you to write your CV and apply for jobs.
- Help you to prepare and practice for interviews.
- Talk to employers about your needs and give them training around how they can support you at work.
- Support you to learn and develop the skills you need in your new job.
- Support you with travel.
- Help you to access support with managing your earnings and benefits.
- Work with you to solve any problems you may have at work.

To find out more contact us on:
T: 01865 815 809
E: OxfordshireEmploymentService@Oxfordshire.gov.uk

base

To find out more, please contact us on - 01865 815809 or email us on

oxfordshireemploymentservice@oxfordshire.gov.uk

SUSTAINABLE EMPLOYMENT
RAISING ASPIRATIONS
INCLUSION

OXFORDSHIRE EMPLOYMENT
incorporating County Print Finishers

LSE
Oxfordshire Local Supported Employment

Do you want a job?

If you are a person with a learning disability or autism, looking for work, then we can help you!

What we can do:

- Find out what type of job you might like to do.
- Find out what skills and abilities you have that employers need.
- Work with you to write your CV and apply for jobs.
- Help you to prepare and practice for interviews.
- Talk to employers about your needs and give them training around how they can support you at work.
- Support you to learn and develop the skills you need in your new job.
- Support you with travel.
- Help you to access support with managing your earnings and benefits.
- Work with you to solve any problems you may have at work.

To find out more contact us on:
T: 01865 815 809
E: OxfordshireEmploymentService@Oxfordshire.gov.uk

COUNTY PRINT FINISHERS

base

Department for Work & Pensions

OXFORDSHIRE COUNTY COUNCIL

To find out more, please contact us on - 01865 815809 or email us on

oxfordshireemploymentservice@oxfordshire.gov.uk

PARTICIPANTS NEEDED!

Investigating Sensory Reactivity in Autistic Preschoolers (SNAP)

We are looking for parents of autistic children to take part in our research project investigating sensory differences, development and mental health in children.

This study aims to further understand the processes involved in children's engagement with the sensory environment and the relationship between this and their development.

Who can participate?

We are looking for parents of children aged 3 to 6 years and 11 months with or awaiting a diagnosis of autism.

What will you receive?

You will receive a £50 amazon voucher for your involvement. Your child will also receive a gift (sensory toy) for their participation.

Study Location

Centre for Integrative Neuroscience and Neurodynamics
School of Psychology and Clinical Language Sciences
University of Reading
Reading, Berkshire RG6 6AL
+
School of Psychology and Clinical Language Sciences **Harry Pitt Building University of Reading Earley Gate Reading RG6 6ES**

What will the study involve?

Participation will involve completing online questionnaires and interviews. Your child will complete interactive game like tests with a member of the research team. Two tablet games, and sensor tasks while we measure their brain activity with non- invasive and pain free brain imaging device electroencephalogram (EEG). The visit will take around 4-5 hours total, including breaks between tasks.

The study has been reviewed and approved by the University of Reading ethics committee.

Interested?

To express interest or questions/queries please contact a member of the research team
Zelal Gulbahce
z.gulbahce@reading.ac.uk

If you would like to take part or have any questions, email Zelal Gulbahce on z.gulbahce@reading.ac.uk

Short Breaks Update for Families with Disabled Children and Young People

Volunteers Needed!

- ✓ **Are you the parent or guardian of a child who is 11-17 years old?**
- ✓ **Does your child have autism?**
- ✓ **Does your child also have tics?**
- ✓ **Do you think they would be interested in being part of a research study?**

What are we looking at?

We would like to understand the experience of the **Tic Signal (or 'the feeling before a tic')** for autistic young people with Tourette syndrome or a chronic tic disorder.

What will it involve?

You will be asked to complete questionnaires online. This will take about **10 minutes.**

Your child will also be asked to complete questionnaires online. This will take about **10 minutes.** You can help them with this.

I'm interested?

If you are interested in taking part please:

- **scan the QR code** or
- **follow the link** (link below)

https://psychiatryoxford.qualtrics.com/jfe/form/SV_72LKvE7SOkJoRxA

Please email Sophie Clegg if you have any questions on sophie.clegg@worc.ox.ac.uk

UNIVERSITY OF OXFORD

Oxford Institute of Clinical Psychology Training and Research
Full study title: Does the Premonitory Urge differ in those with Chronic Tic Disorder with and without Autism and is this related to Interoception?
Central University Research Ethics Committee (CUREC) Reference: MS IDREC 599679
Recruitment Poster version 1.0_final

Interested? Find out more here:
https://psychiatryoxford.qualtrics.com/jfe/form/SV_72LKvE7SQkJoRxA?

Department of Psychiatry
Medical Sciences Division

Experimental Psychology

UNIVERSITY OF OXFORD

CUREC Ethics REF: MS IDREC 1722973
Project Title: Character Strengths in Autistic Young People:
A Zine-Making Workshop Study
Version 1.0 Sept 2025

EXPLORE YOUR STRENGTHS THROUGH ZINE-MAKING!

We are looking for **AUTISTIC YOUNG PEOPLE AGED 12-21** to help us explore and **celebrate strengths through ZINE-MAKING** – a fun, creative way to tell your story.

In small groups of up to 5 young people, you will each:

- Join an **in-person workshop** (3 hours) to talk about how Autism is shown on TV/Films/Media, and explore STRENGTHS and ZINE-MAKING.
- **Chat to us individually** (online or at University of Oxford, 60 minutes) to explore your OWN STRENGTHS.
- Join a second **in-person workshop** (3 hours) to create ZINES and showcase your STRENGTHS!
- Complete **online questionnaires** (20 minutes) before Workshop 1 and after Workshop 2.
- Receive a **gift voucher** to say thank you!

WATCH A VIDEO ABOUT ZINE-MAKING HERE

REGISTER HERE

Link: **https://t.ly/F2mc9**

Any Questions?
Email Dr. Jiedi Lei
jiedi.lei@psych.ox.ac.uk

Learn more about the study - watch this short video:-
https://drive.google.com/.../11HbM9oPl62ARUNs0Ney.../view...

More information about Zines - https://youtu.be/AAyYHMIdD_0?feature=shared

Register your interest at - https://drive.google.com/.../11HbM9oPl62ARUNs0Ney.../view...

Department of Psychiatry

Experimental Psychology

University of Oxford

CUREC Ethics Approval REF: R90304/RE001
Project Title: Strengths in Autistic Children and Young People (CYP)
Version 1.0 Mar 2024

ARE YOU A YOUNG PERSON AGED 12 TO 15?

CAN YOU TELL US WHAT YOU ENJOY AND WHAT IS IMPORTANT TO YOU?

We are looking for AUTISTIC YOUNG PEOPLE to help us learn about strengths in autism!

You will have two conversations with us (online or in person at Uni of Oxford) where we:

- **Complete a questionnaire together about your strengths and you can tell us if the questions make sense (up to 90 min)**
- **Explore together how you will use your strengths in everyday life (up to 60 min)**

You will receive a voucher to thank you for taking part!

WATCH VIDEO ABOUT THE STUDY HERE

Any Questions?
Email Dr. Jiedi Lei
jiedi.lei@psych.ox.ac.uk

REGISTER HERE

https://t.ly/A5Kfw

Questions? Email Dr Jiedi Lei at - jiedi.lei@psych.ox.ac.uk

AUTISTIC PEOPLE'S SCHOOLING & MENTAL HEALTH

What is it about?

We aim to better understand how different types of schooling, specifically mainstream versus special schools, affect the mental health outcomes of autistic people

Who can participate?

We are looking for people who:

- Are autistic (clinically or self diagnosed)
- Are 18 years or older
- Have gone to school in the UK

Chance to win a £10 voucher!

What's involved?

15-20 min online survey

Join the study!

Scan the barcode to join the study!

Email us at a.a.tambawala@sms.ed.ac.uk with any questions

THE UNIVERSITY of EDINBURGH
School of Philosophy, Psychology and Language Sciences

Questions? Email us at - a.a.tambawala@sms.ed.ac.uk