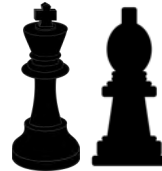
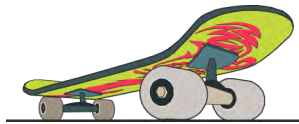


Short Breaks Update e-newsletter Part 2 - Regular Activities



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Please do check direct with each provider
to ensure the activity is running before attending!

Contact details:- Pauline MacKinnon - 07554 330244
Email - shortbreaksfordisabledchildren@oxfordshire.gov.uk

**** If you'd like to receive these newsletters, please email us! ****

Short Breaks Update for Families with Disabled Children and Young People

Banbury



Stay & Play SEND Sessions

Mondays 1:00 - 2:00pm

A group for children under 5 with additional needs and/or disabilities and their families.

No diagnosis needed.

Booking required. Limited spaces available.

£2
per
session

Call: 01295 276769 to book

Registers open at 9am on Tuesdays,
to book for the following week.



The
**Sunshine
Centre**

SUPPORTING & ENCOURAGING COMMUNITIES

The Sunshine Centre Registered Charity Number 1124335 / Registered in England & Wales No 05276714

Spaces are limited so please book if you wish to attend!

The Sunshine Centre, Edmunds Road, Banbury, OX16 0PJ. Tel:- 01295 276769;
community@sunshinecentre.org; www.sunshinecentre.org

Short Breaks Update for Families with Disabled Children and Young People

Wantage



Sensory Fun

Sensory Stories & Messy Play

Group sessions for children aged 6-18 months.

When? Mondays, 9:30-10:15

Where? Scout HQ, Springfield Road, Wantage OX12 8ES

£10 per child, per session

Developing communication and interaction through play and sensory exploration!



DANDELION
THERAPEUTIC SUPPORT

Calling Wantage and surrounding areas!!

Would your little one enjoy sensory stories and messy play sessions?

We've lowered the price; now just £10 per session and sessions are run by one of our amazing Speech and Language Therapists. Tea/coffee if needed!

Book your place now, don't miss out!

For more information or to book - office@dandelion-ts.com

Short Breaks Update for Families with Disabled Children and Young People

OXFORD CITY COUNCIL MLCT More Leisure Community Trust let's do MORE

SEN SOFT PLAY SESSION

Blackbird Leys Leisure Centre

BOOK NOW

Mondays from 3pm -4.30pm
Thursdays 11.30am-1.00pm

£7.50 overs 5's
£5 under 5's
Free under 1

COME AND ENJOY A MORE RELAXED SESSION
and drink available to

Leys Pools and Leisure Centre
Pegasus Road, Oxford, OX4 6JL What3words: stacks.daisy.salsa
Call us
0330 109 8773

Supported by **JIGSAW OXFORD** well together

Supported by Jigsaw Oxford - <https://www.facebook.com/JigsawOxford>

* Please book in direct with activity provider! *

Short Breaks Update for Families with Disabled Children and Young People

Bicester

RAINBOW TOTS


Stay & Play Sessions



**Fun stay & play sessions
for parents and preschoolers**

 **Tuesdays, 10:30 to 12:00 (term time)**

 **Bicester East Community Centre**

 **£2 per child**

 **Hosted by Bicester Autism · Open to all**

Come along, play, and make new friends!

Contact us to book - <https://www.facebook.com/BicesterAutism>

Short Breaks Update for Families with Disabled Children and Young People

Witney

LITTLE EXPLORERS, BIG ADVENTURES

Toddlers World at Windrush Leisure Centre is for children aged 6 months to under 5 years old, accompanied by a parent or guardian. This sensory-friendly session features a quieter atmosphere, reduced capacity, and equipment designed to cater to all children's needs.

When: Every Wednesday

Time: 11am - 11.45am

Where: Sports Hall

Scan the QR code for more information

**SENSORY
FRIENDLY**



Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398

BETTER

For more info or to book - [Soft Play](#) | [Windrush Leisure Centre](#) | [West Oxfordshire](#) | [Better](#)

Short Breaks Update for Families with Disabled Children and Young People



JOIN ANA
COMMUNITY MENTOR

**SEND &
FRIENDS**

COMMUNITY

A welcoming group for toddlers with SEND, children out of education and home educated families to play, connect and feel supported. No diagnosis needed.

ASTON FELLOWSHIP CENTRE
OX18 2DU

THURSDAY
9.30-11.00AM

£2 PER FAMILY £1 PER
ADDITIONAL CHILD



To keep up to date with events

**SCAN
ME**



For more info - <https://www.facebook.com/profile.php?id=61579715793523>

Milletts
FARM CENTRE



Sprouts Play Barn SEND Sessions

Our SEND sessions will be held on the first Thursday of every other month, from 3pm - 5:30pm.



*** Next session will be on 2nd July ***

SEND Event at Milletts Farm Centre

<https://www.millettsfarmcentre.com/sen-spring-events/...>

Short Breaks Update for Families with Disabled Children and Young People



Littlemore Village Hall
Railway Lane, OX4 4PY

Do you live in Littlemore and have a child aged 0-5 years?

Growing Minds would like to invite you to our free Stay and Play sessions on Thursday mornings. A chance for your children to play and for you to meet others with children of the same age in the local area.

If you haven't signed up for a free monthly Imagination Library book yet, use the QR code below.

No booking required - just turn up!

Thursdays
from 10
to 11:30am



No need to book, just turn up!

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

The Dovecote
S.E.N
Stay And Play

£1 Per Child
Healthy Snack Included

Thursday 9.30 AM Until 12 PM

COMMUNITY FUND

Support For Families With Children With Autism And Sensory Needs

The Dovecot Centre is on Nightingale Avenue, Oxford, OX4 7BU.
All welcome! For more info - jigsawoxford@gmail.com

Short Breaks Update for Families with Disabled Children and Young People



SEN SQUIRRELS

Drop-in group for children with additional needs and their families (with or without a diagnosis), and also families wanting a quieter session!

£2

CRAFTS QUIET ROOM BOOK CORNER
OUTDOOR PLAY SENSORY TOYS SNACKS
TEA & COFFEE SINGING-TIME FRIENDS!

Fridays
10am-11.30am

St John's Hall
Broadway

email: kidlington.communityhub@gmail.com
www.facebook.com/kidlinksuk 
www.kidlinks.org.uk

Please note: The age range is a rough guide as we know that age isn't always a determining factor for a child's needs or abilities when it comes to SEN, so please feel free to get in touch with us if you are unsure.

kidlington.communityhub@gmail.com

www.kidlinks.org.uk

www.facebook.com/kidlinksuk

Short Breaks Update for Families with Disabled Children and Young People



Perfect for
children
not yet
walking
0 - 6
years

The Nest Phoenix Rising



Fridays, Term-Time

10am to 1pm

Register HERE
or via website



Full list
of Dates
on our website
below


A SEND Play group for
pre-walking
children age 0 - 6 yrs.
No diagnosis necessary.

Baptist House,
Broadway
Didcot
OX11

- ♥ Weekly Topic, with specialist guests
- ♥ Switch toys and sensory play
- ♥ Run by parents like you

Join Now

 imogen.Liddell@oxfsn.org.uk

 www.cafelias.co.uk/pop-ups



Full dates, details, contacts and registration at www.cafelias.co.uk/

Botley Bridges Family Stay & Play



**FIRST SATURDAY
OF EVERY MONTH
10:00AM - 12:00PM**



Botley School, Elms Road, Oxford, OX2 9JZ
(car parking available)
Suitable for 0 - 8 year olds
No need to book just turn up



**Outdoor & indoor play
Arts & crafts
Construction
Bikes**



**Suggested donation £5 per family
(includes drinks & snacks)**

Mums, dads, grandparents, aunts & uncles - all welcome!

Led by Hayley Hayle

For more information, visit botleybridges.org Registered charity number 1172139



SEN GROUP

A Special Time To Play

Activities for Everyone!

Our SEN group features a range of activities that are fun for all ages, including LEGO building, big bubbles, and much more.

Whether your child enjoys hands-on creativity or the joy of bubbles, there's something for everyone.



A stay & play session for families with children with additional needs. Suitable for children of primary age & below. Safe, secure and informative session.

Meets once a month on a Saturday @ 2pm-3pm. Whole family welcome!

At Wigod Way Wallingford Family Centre, Wilding Road, Wallingford, OX10 8AJ

** Session is free but spaces must be booked as numbers are limited **

To book - [SEN session - Wigod Way Wallingford](#)

Places are free but as we are a charity, donations are welcome and can be made during the session if you are able.

Short Breaks Update for Families with Disabled Children and Young People

A colorful poster for 'S.E.N.D. PLAY'. At the top left, the word 'BETTER' is written in green. The background is yellow with a white cloud-like shape containing the text. There are illustrations of a house, a star, a soccer ball, and a QR code. The text is in various colors: purple for the title and time, black for the description, and red for the star icon.

BETTER

S.E.N.D. PLAY

IS A NEW FUN AND INCLUSIVE SESSION FOR PRIMARY-AGED CHILDREN WITH SEND. ENJOY THE SPACE AND EQUIPMENT TO MOVE, PLAY, AND BE ACTIVE TOGETHER. MOST WEEKS WILL INCLUDE SOFT PLAY, INFLATABLE, MATTED AREA AND SPORTS EQUIPMENT - £5 PER SESSION.

 **SUNDAY 10.30-11.30AM**

WINDRUSH LEISURE CENTRE, WITNEY

**** ON EVERY SUNDAY ****

PLEASE NOTE THAT CHILDREN MUST BE ACCOMPANIED BY A PARENT OR GUARDIAN.



To book - [GLL Better SEND Play session Witney](#) or pay on the day!

** Also, Toddler World Sensory Friendly (6mths to under 5yrs) with parent or guardian - Wednesday mornings, 11am-11.45am. Quieter than other sessions with reduced capacity. To book - <https://www.better.org.uk/leisure-centre/west-oxfordshire/windrush-leisure-centre/soft-play>

Short Breaks Update for Families with Disabled Children and Young People



KIDLINKS

Kidlington's Community Hub for Children & their Families!

International Year of Cooperatives 2025
Cooperatives Build a Better World
Co-op - Kidlink: Charity partners since 2023!

MON	TUES	WED	THURS	FRI
	10 - 11.30am LITTLE ACORNS Stay & Play for ages 0-5 years at St John's	10 - 11.30am BOUNCING BABIES For babies aged 0 - 12 months at St Mary's 12.30 - 2.30pm OBS Oxfordshire Breastfeeding Support By appointment at St John's	9.30 - 11am ST MARY'S TODDLER GROUP Stay & Play for ages 0 - 5 years at St Mary's	10 - 11.30am SEN SQUIRRELS Stay & Play for children with additional needs and their families at St John's 

CONTACT US

 kidlington.communityhub@gmail.com
 www.facebook.com/kidlinksuk
 www.kidlinks.org.uk
OBS appointments: www.oxbreastfeedingsupport.org

VENUES

St John's Church Hall The Broadway Kidlington OX5 1DD	St Mary's Church Refectory 88 Church Street Kidlington OX5 2BB
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<https://www.facebook.com/kidlinksuk>

Short Breaks Update for Families with Disabled Children and Young People



FAMILY PLAY SESSIONS

We are open weekdays, weekends and during school holidays to deliver sessions for the whole family.

At these sessions we offer a variety of activities depending on the children booked in.

Where: A Place to Play, Lower Way
Thatcham RG19 3RR

Sessions are £6 per family.

**For more
information
contact
[office@swingsand
smiles.co.uk](mailto:office@swingsand
smiles.co.uk)**

Charity number: 1120598

For more information, contact office@swingsandsmiles.co.uk

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

✨ Welcome to Bright Minds! ✨

At Bright Minds, we believe learning doesn't have to sit at a desk — it can happen over laughter, creativity, and a slice of cake! 💡

1-2.30pm
Every other week



£2
Per Child

BRIGHT MINDS

Fun, relaxed sessions A safe and welcoming space

🧠 Opportunities to explore, create & connect

🥤 Drinks and snacks included

Whether your child loves to chat, create, build, imagine, or simply take things at their own pace — there's a place for them here.

Come along, meet other families, and enjoy a warm, supportive group where every young person is valued for exactly who they are.

Contact us to book - <https://www.facebook.com/BicesterAutism>

Short Breaks Update for Families with Disabled Children and Young People

BICESTER AUTISM



**MAGICAL
MINDS**

Family Fun Sessions

£2

Per Child

Every Tuesday 4.30 - 5.30
Term Time Only

Come and join Magical Minds, where SEND families come together for connection, creativity and plenty of magical fun!

- ☀️ Sensory play stations 🧠 Creative activities
- 🧸 Free play in a safe, understanding environment
- 🎲 Games for all ages

no judgement, no pressure, no need to explain.

We understand. Celebrating the little wins?

Whether your child loves to explore, create, build, bounce, spin, or simply watch from a safe space, there's something here for everyone

It's more than just a play session — it's a community.

A place where siblings are welcome.

A place where parents can breathe.

A place filled with laughter, understanding and support.

So come along, grab a coffee, enjoy some cake, and let the children dive into a world of sensory, SEND-friendly magical fun.

Contact us to book - <https://www.facebook.com/BicesterAutism>

Short Breaks Update for Families with Disabled Children and Young People

TEENS

Year 6 and up?

Then this space is YOURS.

Welcome to Teens – the place to chill, laugh way too loud, get competitive, get creative, and just have a genuinely good time.

6 -7.30
Every other
week



£2

Per Child

🎮 Epic games 🎨 Creative & random fun

🎵 Music & good vibes

🍹 Drinks flowing 🍪 Snacks ready

Come to hang out.

Stay because you're having too much fun to leave.
No pressure. No judgement. No awkward "fit in"
moments.

Just a relaxed, inclusive space where you can be
exactly who you are., Bring your energy.
Or just bring yourself.

**** Contact us to find out more and for dates ****

bicesterautism@gmail.com

Short Breaks Update for Families with Disabled Children and Young People

Witney



Lego club

The **Library**
Witney



Lego Club runs every Wednesday (term time only) from 3:30pm - 4:30pm. Suitable for over 6s but we will also have some Duplo out for younger fans!

This session does not need to be booked and is free to come along, but all children must have a responsible adult with them at all times throughout.

There will be a theme every week, and any models built to the theme will be added to our book display for the week.

Happy building!

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



What could be better than crates full of Lego bricks?

A dream come true.

Come and join us - this free session runs every Monday during term-time from 4-6pm at Wantage Library.

No need to book but parents must supervise their children!

Come along. Think big. Build bold.

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



Family Days
Exploration Zone with
20+ hands-on exhibits



**Next sensory friendly day
is 4th July 2026**

**Monthly
STEM
CLUBS**

**Ages
5-12**



Book ahead

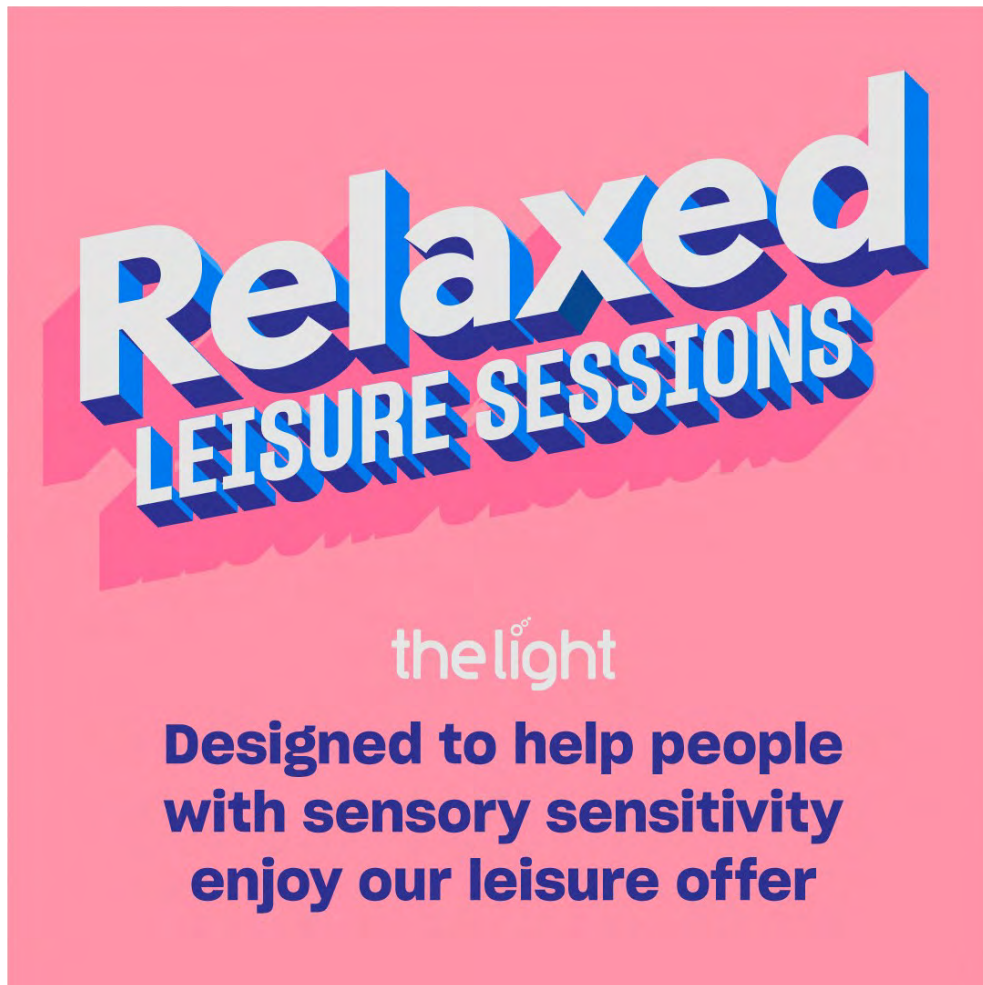
scienceoxford.com

Science Oxford Centre, Quarry Road,
Headington, Oxford OX3 8SB

**Creative
Computing,
Science &
Nature Clubs**

Book ahead: <https://eu1.hubs.ly/H0qxivPb0>

Short Breaks Update for Families with Disabled Children and Young People



The Light in Banbury offer some relaxed leisure sessions as well as sensory friendly cinema viewings. These are:-

- * Relaxed bowling - every Sunday morning between 9am-10am. No music, lights are at a minimum on the bowling lanes, arcades are turned off.
- * Relaxed climbing session - every Thursday afternoon at 4pm. These are quieter and slower paced sessions in smaller groups for those with sensory needs.

To book or find out more, please go to the website - [The Light Banbury](#) or you can pop in and book in person if you prefer.

**** The Light is located in Spiceball Park Road **
Banbury, Oxfordshire, OX16 2PA**

Oxfordshire Inclusive Choir



Meets on Thursdays @ 5-6 pm fortnightly online
with one face-to-face session per school term

By welcoming all voices, we aim to be as inclusive as possible, actively trying to remove barriers to participation from those with severe and profound learning disabilities.

Register here:

[Oxfordshire Inclusive Choir | Oxfordshire County Council](#)



Supported using public funding by



ARTS COUNCIL ENGLAND



OXFORDSHIRE COUNTY COUNCIL

Oxfordshire County Music Service have an Inclusive Choir for pupils with SEND. If you are interested in joining or have would like any further information please contact us via our website at - [Oxfordshire Inclusive Choir](#)

Short Breaks Update for Families with Disabled Children and Young People

soundabout



Sounds Together sessions are a chance to make music with others in local community spaces. Sessions are facilitated by two specialist Soundabout practitioners. The music evolves around the interests and choices of the group with playfulness/fun, choice making, self-expression, and connections with others at the heart of it all.

Did you know that Sounds Together Birmingham and Didcot (Oxfordshire) in-person sessions now run two groups? They start with an early years group for children aged 0-5 years old, followed by an all ages group! And to top it all off, both groups get the chance to say hello to each other over a cuppa in the middle!

Plus both venues have Changing Places Toilets on site! Why not give it a try?!

Find out more: <https://www.soundabout.org.uk/music/sounds-together/>

Short Breaks Update for Families with Disabled Children and Young People



VIRTUAL MEETINGS

£7 per month

An alternative way to take part in the fun and adventure of Girlguiding for girls aged 4 - 18 who are unable to attend face-to-face meetings for health or social reasons. Previous membership is not necessary.

All girls have a home in Girlguiding - whoever they are, and wherever they are in the UK. We are Girlguiding Connect district - LaSER.

 Rainbows for 4 - 7 year olds Mondays & Thursdays	 Brownies for 7 - 10 year olds Mondays & Thursdays	 Guides for 10 - 14 year olds Mondays & Wednesdays	 Rangers for 14 - 18 year olds Thursdays
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Email: connectdistrict@girlguidinglaser.org.uk
Join: bit.ly/joinggconnect
Instagram/TikTok: @ggconnectdistrict Facebook: Girlguiding Connect district



Girlguiding Connect Information Sessions



Find out how and why to connect to Connect - no commitment

Sun 5th Jan @3pm
Thur 9th Jan @ 7pm

To find out more and sign up for an info session:
<https://linktr.ee/girlguidingconnect>



To find out more, please email:-
connectdistrict@girlguidinglaser.org.uk

To sign up for info session:-
[Sign up - Girlguiding Connect](https://linktr.ee/girlguidingconnect)

Short Breaks Update for Families with Disabled Children and Young People

**** Next sessions - 4th & 18th June ****



Youth Club

FIRST SESSION FREE

For ages 13 and over every other Thursday, from 6:30pm - 8:30pm

£ 6.50 per session to attend or £ 5 if in receipt of benefits



Parents remain on site whilst the session takes place

For the latest session updates keep an eye on our Instagram page: Thomley_



To book youth club, please go here - <https://buff.ly/42gym8O>

Short Breaks Update for Families with Disabled Children and Young People



Friendship 4 All Oxfordshire

A club for **adults with learning difficulties** looking to make new friends in a safe environment.



3rd Thursday of every month
Online and in-person activities

Contact for more information:
oxfordshire@guideposts.org.uk
01993 893560

www.guideposts.org.uk

Registered Charity No. 272619



**Guideposts
Trust**

If you or someone you know would benefit from this group, contact us via oxfordshire@guideposts.org.uk or 01993 893560

Short Breaks Update for Families with Disabled Children and Young People



**** For adults ****

GREAT COMPANY

14th April to 7th July 2026

Drama sessions for adults who identify as neurodivergent or as having a learning disability.

TUESDAYS | 1:30PM - 3PM |

£46.20 for 12 weeks (includes booking fees)

Please contact
takepart@chippingnortontheatre for more
information. Box Office: 01608 642350

Do you love acting?

Great Company are offering drama sessions at the Chipping Norton Theatre, designed for adults who are neurodivergent or have a learning disability!

Sessions started in January 2026. For more information, please email:-

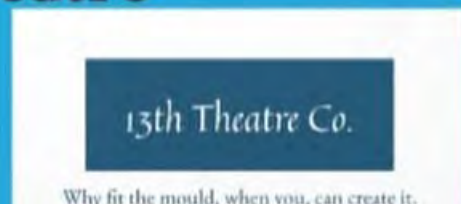
takepart@chippingnortontheatre.com

Short Breaks Update for Families with Disabled Children and Young People

Beautiful Minds Drama Club for neurodiverse/autistic adults



St Columbas URC
Alfred Street Oxford
Mondays
12-1.00pm £10
per session
Contact
info@13ththeatreco.co.uk,
X @13ththeatre



Come and join our friendly, welcoming community. Break out of your shell, have fun, make friends and take part in shows. Parents and carers are welcome. The first session is a taster session and is free; £10 per session after that, pay at the session.

If you would like to put your name on the waitlist or have any questions please contact info@13ththeatreco.co.uk

Short Breaks Update for Families with Disabled Children and Young People

Shadowlight Supported Studios

EVERY FRIDAY

Mornings and some full-day sessions held at Film Oxford



Weekly workshops for learning disabled and autistic adults who love being creative.

FREE ART & FILMMAKING WORKSHOPS

**Contact us if interested:
shadowlightartists@filmoxford.org**

Free Creative Workshops for Learning-Disabled Adults!

Join Shadowlight Supported Studios for inspiring, hands-on sessions in art, photography, and filmmaking - all led by professional artists!

Venue - Film Oxford, 54 Catherine Street, Oxford, OX4 3AH

Get the full schedule and find out more - shadowlightartists@filmoxford.org

Short Breaks Update for Families with Disabled Children and Young People



Michelle Buckner



Colora Art Tutoring



- ★ 18 years experience in Education specialising in Art, Children and young peoples mental health, ASD and SEN
- ★ Trained and worked in a counselling service with psychologists to support children with emotional literacy understanding and management using a form of art therapy

1.1 Online Art and Wellbeing sessions
For children age 6-14 years including teens/young adults with SEN

**Wellbeing/Art
Art
Art Skills**



Daytime, afterschool and weekend availability

colora.art.tutoring


www.bookwhen.com/coloraart


coloraart@hotmail.com



1.1 Art Skills
(Age 11-14)
30 or 40 minute sessions available
Each term will focus on a different material and techniques

- * Pencil
- * Chalk
- * Charcoal
- * Paint
- * Oil pastels












1.1 Art
(Age 7-14)
30 or 40 minute sessions available

- * These sessions follow a theme or topic for each age group and will change each term
- * Sessions look at other artists work
- * Different materials used each week

Age 7-11
Age 11-14

1.1 Wellbeing/Art
(Children age 6-11, teens and young adults with high level of SEND or learning difficulties)

20 or 30 minute sessions available

- * Sessions teach children to recognise, understand and manage emotional literacy through film and art
- * Colours of emotions
- * Focus on facial expressions in characters and ourselves
- * Self awareness
- * Body language
- * Identifying Triggers
- * Tools to manage and regulate emotions
- * Art activity in each session connected to emotions including drawing, painting, collage, nature art and more
- * Focus on **Happy, Angry, Scared, Sad, anxiety** and Self esteem








If you are interested or would like more information, please email at coloraart@hotmail.com

Short Breaks Update for Families with Disabled Children and Young People



Family Doodle Club



Did you know that we have a family doodle club once a month?

Come and join us to relax and let your imagination fly!! 🦋 🌈 🌸

2nd Saturday of every month - 10.30am-11.30am.

Kidlington Library, Ron Groves House, 23 Oxford Rd, Kidlington, OX5 2BP

Short Breaks Update for Families with Disabled Children and Young People



SEN CLASSES

Every Sunday morning
11am - 11.45am

At NOX we believe in gymnastics for ALL

We know that some children need a little more support and guidance to get involved in our classes. Every Sunday morning we run fun, parent-inclusive classes using a wide range of equipment and interactive games!

 hello@noxgymnastics.com

One of our core beliefs at NOX is that gymnastics should be available to everyone. If you think your child might benefit from some extra support during class, then our 11am class on Sunday morning is the perfect opportunity to provide this.

Spend quality time with your children while allowing them to explore our interactive open-gym environment and learn some new skills.

If you are interested, visit <https://www.noxgymnastics.com/.../gymnastics-taster.../> for more information or **sign up for a FREE trial!** We also have parkour sessions!

Short Breaks Update for Families with Disabled Children and Young People



MLCT
More Leisure
Community Trust



SEN SESSION

Come along and enjoy ice skating during quieter hours with a friendly team available to support on and off the ice

This session is designed for anyone with additional needs and their families/carers

Specialised equipment available



EVERY MONDAY, 1:30PM - 2:45PM



**OXFORD ICE RINK, OXPENS RD,
OX1 1RX**

£6 PER PERSON

FIND OUT MORE:



For more information or to book:-

www.oxfordcityleisure.com/oxford-ice-rink/ice-skating/ice-skating-sessions/

Short Breaks Update for Families with Disabled Children and Young People

Banbury



Fight Back Crew is a non-contact boxing class for children in Banbury who just need the right environment to thrive. If you're a parent and this resonates, please get in touch. Sometimes all it takes is one safe space for a child to realise their potential.

Mondays 4.30pm to 5.30pm; £5 per child

Venue - Spit 'n Sawdust Fitness & Boxing Club, 49A North Bar Street, Banbury, OX16 0TH

For more info, contact Dave by texting him - 07888 829534

Short Breaks Update for Families with Disabled Children and Young People



The Engine Shed is a special interest group for autistic children and young people who love trains. Based in Reading, we meet at 12B Southview Park, off Marsack Street, Caversham, Reading RG4 5AF, usually on the last Saturday of the month.

Model railways and train sets for all abilities are set up and a range of train-related resources are available to play with. The Engine Shed sessions are free of charge, free snacks and drinks are provided. There is no need to book and all are welcome, including siblings and grandparents.

The sessions do tend to be split based on age but realise that with siblings etc this breakdown is not straightforward but please come to the one that suits you and your group best. We understand that not all attendees will always be within the suggested age range.

**** Sunday 28th June & Saturday 25th July ****
(Saturday 5th July is a day out - contact us for more info)

Timings - 10 am to 12 midday: ages 10 and under
& 12 midday to 2pm: ages 11 to 17 years

We do also run some pop-up summer sessions but you need to be on our mailing list to receive details of those (to join, email the coordinator below) or go to our Facebook group - <https://www.facebook.com/theengineshed>

For more information - <http://www.theengineshed.org.uk/reading/> or if you would like to know more, require clarification or just want to check sessions are running before you travel, details etc then please email the Coordinator Sarah at mail@theengineshed.org.uk

Short Breaks Update for Families with Disabled Children and Young People

Little Engines Early Years Engine Shed Group

8 & 22 June; 6 & 20
July; 3 & 17 August

10.00 to
11.15 am



Early years group for pre-school children who are on the autistic pathway or who would benefit from attending the group. No need to book. Just turn up. Free refreshments. Parking on nearby streets for 2 hours free.

The Engine Shed,
12b Southview Park, Caversham, Reading RG4 5AF
www.theengineshed.org.uk Find us on Facebook

This group is aimed at younger children on the autism pathway or for anyone who may benefit from this welcoming group.

For more information, please email Sarah at mail@theengineshed.org.uk or go to our Facebook page - <https://www.facebook.com/theengineshed>

Short Breaks Update for Families with Disabled Children and Young People

The Engine Shed is launching a new group, called Ramble and Rail, for young autistic adults aged 18 to 25.

It will provide opportunities to get out and enjoy the countryside, taking guided walks from railway stations in nearby parts of Oxfordshire, Surrey and Hampshire that can be reached by train from Reading.

Email Sarah at mail@theengineshed.org.uk for more information and details of forthcoming walks.

**** NEW ****



**For more information, please email Sarah
at mail@theengineshed.org.uk**



SEN skateboarding session every Monday at 5pm in Bampton (term-time only). £12 per child (£20 for 2 siblings).

No more than 4 children, places are limited.

To find out more & to book, please go to the website -

www.brokenboardsltd.com

Short Breaks Update for Families with Disabled Children and Young People



SEN FRIENDLY SMALL GROUP TAE KWON DO CLASS IN THAME

- Self-defense skills
- Discipline & focus
- Physical fitness
- Fun, safe, SEN friendly environment
- 4 spaces available for ages 12-16

**Building Confidence,
One Kick at a Time**

Thursdays 4.45pm-5.30pm

Contact us for a FREE TRIAL CLASS

www.bookwhen.com/bytomictkd



www.btkd.co.uk

Contact for a FREE trial class - www.btkd.co.uk

www.bookwhen.com/bytomictkd

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



LEARN TO SWIM WITH **CRAZY CRABS SWIM SCHOOL**



SEN swimming lessons available - priced the same as all of our other lessons



A variety of lessons - private, 2-2-1 & small group lessons for beginners up until to adults



Maximum 5 children per class, to guarantee high-quality lessons with our experienced teachers



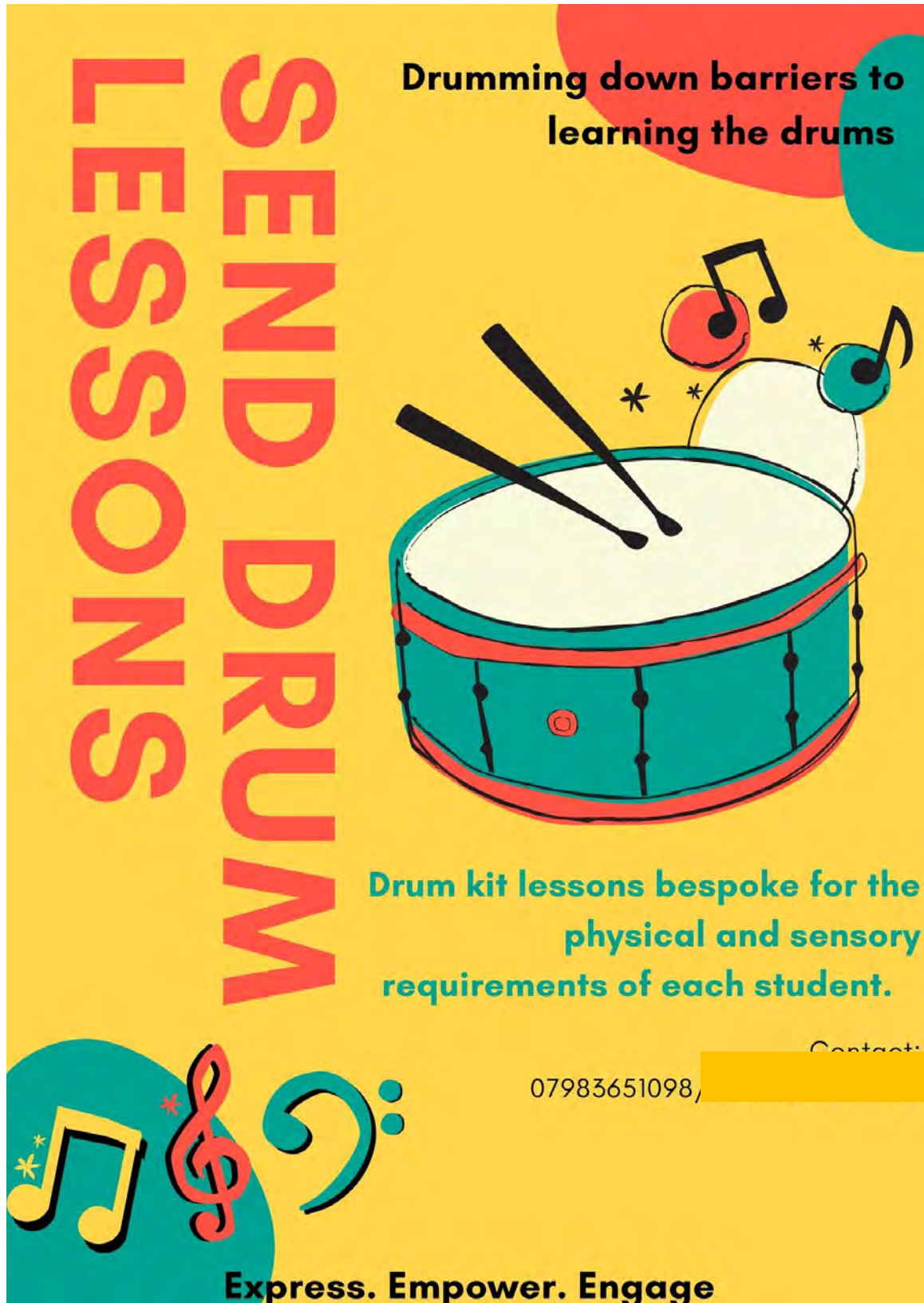
Multiple locations across Oxfordshire, in intimate private pools

To find out more, email us at info@crazycrabsswimschool.co.uk




To find out more, email us on - info@crazycrabsswimschool.co.uk

Short Breaks Update for Families with Disabled Children and Young People



SEND DRUM LESSONS


Drumming down barriers to learning the drums



Drum kit lessons bespoke for the physical and sensory requirements of each student.

Contact: [Redacted]

07983651098, [Redacted]



Express. Empower. Engage

If you have any questions or would like more information, please contact Felix on 07983 651098.

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Chess Club



FRIDAYS
5.00 - 7.00 pm
Faringdon Library
ALL WELCOME !

Do come along!

**This is a FREE club, drop in anytime, open to all ages and abilities.
All are welcome.**

Cats aren't provided but refreshments are!!

Any queries, please contact the Faringdon library on 01865 815152.

Short Breaks Update for Families with Disabled Children and Young People

**** Online ****



DSEngage LIVE | 4pm Disco

Join people who have Down's Syndrome from all over the country for the Down's Syndrome Association's 4pm Disco. Pick your favourite song, turn on your disco lights, and have a dance around your living room.

**For details of our next session and to sign up,
please go to our website - [DSEngage - 4pm Disco](#)**

Short Breaks Update for Families with Disabled Children and Young People



Anjali Dance Classes

**Inclusive dance classes in Oxfordshire
for ages 16+ with learning disabilities and autism.**

**Join us to dance, perform, be creative
and make new friends in a fun and inclusive space.**

Mondays 5.30 - 7pm

The Mill (Banbury)



Thursdays 6-7.30pm

Old Fire Station (Oxford)



To Book:

www.ticketsource.co.uk/anjalidance

email info@anjali.co.uk OR text 07482 169 667

These weekly, term-time sessions are for people with learning disabilities, autism and associated conditions, aged 16 years+. Cost - £9.50 per class.

To book - <https://www.ticketsource.co.uk/anjalidance>

Short Breaks Update for Families with Disabled Children and Young People



FREE* DANCE CLASSES

Specialist dance classes for children and young people with SEND and Wheelchair users

Available for 26 weeks starting 04/11/2023

Wheelchair Dance Classes
Saturdays 3pm—4pm
Wychwood School,
Milton Under Wychwood

Boys Musical Theatre Class
Wednesdays 4pm—4:45pm
The Life Centre,
Milton Under Wychwood



Girls Contemporary Class
Tuesdays 4pm—4:45
The Life Centre, Milton Under Wychwood



Please email info@sunraedance.co.uk for more information
or to book a place.

*With thanks to Active Oxfordshire and YouMove we can now support children from low income families in receipt of benefit related free school meals. £30 a month if you don't qualify.



Sun-Rae Inclusive Dance School welcome disabled and non disabled children in their classes (and also have classes for adults). They also have some funding for some free dance classes for children in receipt of benefit related free school meals, or £30 per month if you don't qualify.

For more information, email info@sunraedance.co.uk

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

**** Upper Heyford ****



SEND Dance Classes

Special Educational Needs and Disabilities

For Primary School aged children 4-11yrs.

Wednesdays 4pm-4.30pm £4 per class.

**Heyford Park Community Centre, Brice Road,
Heyford Park, OX25 5TE.**

**Classes are conducted by qualified Royal
Academy of Dance and Imperial Society of
Teachers of Dance teacher.**

**Contact Emma 07834195180
emma.aspiredance@gmail.com**



If interested or for more info, please contact Emma on
07834 195180 OR emma.aspiredance@gmail.com

Short Breaks Update for Families with Disabled Children and Young People

**** For home educators ****

**ANGELS
• APA •
PERFORMING ARTS**


FIRST EVER


**Home Education
Dance Class
in Didcot!**



Every Tuesday 11 to 12 p.m.

Willowbrook Leisure Centre, Didcot

All ages welcome - £6 per child

To book:  **07920 875926**

 **angelstageschool@yahoo.co.uk**

  **@AngelsAPA**

Places are limited!

To book - 07920 875926; angelstageschool@yahoo.co.uk

Short Breaks Update for Families with Disabled Children and Young People



SPRING TERM DANCE PLANNER

Mon	6 - 7PM Everybody Dance (ON ZOOM)	6 - 7:30PM DS Youth [14-25 Year olds] (DARWEN)	
	1 - 2PM Everybody Dance (CHORLEY)	6PM - 7PM Latin Beats (ON ZOOM)	
Weds	10 - 11AM Everybody Dance (PRESTON)	11:15AM - 12:15PM Move & Connect (PRESTON)	
		6PM - 7PM Street Dance (ON ZOOM)	
Thurs	10:30 - 11:30AM Everybody Dance (ACCRINGTON)	6PM - 7PM Musical Jazz (ON ZOOM)	
Fri	6 - 7PM Friday Night Dance Party (ON ZOOM)		
	10:30 - 11:30AM Everybody Dance (CLITHEROE)		
Sat			

More information and online booking is available at:

www.dancesyndrome.co.uk/sessions

DanceSyndrome is grateful to be supported by the following funders:



Supported using public funding by
ARTS COUNCIL ENGLAND



DanceSyndrome offers a programme of various sessions, some of which are on Zoom & can therefore be attended by anyone anywhere in the UK!

Book at:- www.dancesyndrome.co.uk/sessions

Short Breaks Update for Families with Disabled Children and Young People



New Silent Disco Session!

Style Acre is starting a new session for anyone who likes listening to music and having a boogie!

It is at The Junction, Didcot (42 Lydalls Road, OX11 7HX) 1pm-2pm every Tuesday and costs £3.

How does a silent disco work?

Everyone wears headphones which play the same songs. There are two music channels to choose from and you can switch between the two. We'll have disco lights and refreshments!

For more info contact Anita on 07760 527 610 or apowell@styleacre.org.uk

Short Breaks Update for Families with Disabled Children and Young People



2026

FRIDAY DISCO DATES:

Dates to come!!

**JUNE 26TH
JULY*
AUGUST 28TH
SEPTEMBER 25TH
OCTOBER 30TH
NOVEMBER 27TH
DECEMBER***

OUR DISCO'S TAKE PLACE ON A FRIDAY - 6.30PM - 9.00PM £8 ON THE DOOR.

EVENT DATES:

**31ST JULY - SUMMER PARTY*
5TH DECEMBER - CHRISTMAS BALL*
EVENTS ARE CHARGEABLE & TICKETED ONLY**

Our social activities are unsupported, if you would like to discuss support for any of these events please contact us on 01993 846240

Short Breaks Update for Families with Disabled Children and Young People

Oxford

**LEARN.
PLAY.
TOGETHER.**

**TEN
PROJECT
OXFORD**



**INCLUSIVE
FREE TENNIS
COMMUNITY
FAMILY SESSIONS**

Free sessions in partnership with Bright Ideas for Tennis, designed for families as well as adults and children with learning, sensory and physical disabilities and for those experiencing mental ill health, however these sessions are open to everyone so please join us.

- ✓ FREE fun, game based tennis sessions
- ✓ Aimed at children aged 4 – 10 (not exclusively)
- ✓ Inclusive community family tennis sessions
- ✓ Parents/guardians to take part and help out
- ✓ All equipment provided
- ✓ All abilities welcome



WHERE? NORTH OXFORD LAWN TENNIS CLUB, OX2 8EQ
WHEN? EVERY FRIDAY 4.30 – 5.30PM
HOW? WWW.TENPROJECT.ORG.UK/BOOK

Started again on Friday 1st May 4.30pm-5.30pm at North Oxford Tennis Club, OX2 8EQ (near Cuttleslowe Park).

<https://www.tenproject.org.uk/book>

Free SEND Tennis sessions

Witney

Excel Tennis Academy

Junior Tennis Sessions for children with SEND in years group 3 - 6

- ALL SESSIONS FREE!
- Low Coach-Pupil Ratio
- Groups for children in years 3 - 6
- No Membership Required



Working in partnership with the Tim Henman Foundation, we are really pleased to be bringing tennis sessions to the local community for children to access for FREE.

Summer Term 2026

Friday 17 April - Friday 10th July

4:45 - 5:45pm

Indoors - Windrush Leisure Centre - Witney

No Coaching During Half Term 25th - 29th May

Venue - Windrush Leisure Centre | Witan Way, Witney, Witney

Click here to book - [More info & booking](#)

Short Breaks Update for Families with Disabled Children and Young People

Are you aged 14-25?
Do you have a learning disability?
Try our multi sports club...



When: Thursdays (term-time only)
Time: 3.30 - 4.30pm
Where: Windrush Leisure Centre, Witan Way, Witney
Cost: £36 for 6 weeks

To find out more and discuss your particular needs prior to booking contact: **Jenny Bennett 01993 861564** or email jenny.bennett@westoxon.gov.uk

Please wear comfortable clothing and bring a drink.



 WEST OXFORDSHIRE
DISTRICT COUNCIL

BETTER
the feel good place

We are currently looking for **more participants** to help us continue running the multisports sessions. If you'd like to give it a try, we'd love to welcome you.

To find out more, please contact **Jenny Bennett on 01993 861564** or email her - jenny.bennett@westoxon.gov.uk

Short Breaks Update for Families with Disabled Children and Young People



DISABILITY PROVISION WEST OXFORDSHIRE

better.org.uk/west-oxfordshire



Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefits & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. 3343398

This document outlines the disability provision at the leisure centres in West Oxfordshire. This includes swimming sessions, swimming lessons, accessible facilities and other activities.

Go here to look at the details - <https://shorturl.at/qVj1n>

Short Breaks Update for Families with Disabled Children and Young People

INCLUSIVE MULTI-SPORT SESSIONS

Windrush Leisure Centre offers multi-sport sessions for adults with a learning disability. From games like football and basketball to activities such as new age kurling and kwik cricket, you can enjoy a variety of sports at your own pace in a relaxed and welcoming environment. Carers are welcome to attend for free.

When: Every Monday

Time: 2pm-3pm

Price: £3 per session (carers go free)

Scan the QR code to book or visit better.org.uk/book

BOOK NOW



**** For adults ****

BETTER

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XRA3398

For more info, go to - <https://www.better.org.uk/leisure-centre/west-oxfordshire/windrush-leisure-centre/inclusive-windrush-leisure-centre-witney>

Short Breaks Update for Families with Disabled Children and Young People

SEND SWIMMING LESSONS

WANTAGE LEISURE CENTRE

Designed to help a children over 4 years old who have a disability to develop valuable skills and gain confidence in the water.

Our qualified instructors are on hand to deliver these inclusive lessons for people with different disabilities, impairments and access needs.

Tuesday: 5pm - 5:30pm Foundation under 9

Thursday: 5.45pm - 6.15pm Foundation
Teens class

Book now at better.org.uk/lessons. If you would like to discuss any individual needs then please contact wantage@gll.org



Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398

To book, please go to - <https://shorturl.at/tRfIJ>

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

LEARNING DISABILITY TENNIS IMPROVERS

Join our fun and engaging lessons, where players with foundational tennis skills can develop their techniques in friendly matches. The session is open to adults and juniors with any type of learning disability.

Location: White Horse Leisure & Tennis Centre

Time: Saturday 10am - 11am

Cost: £2.95

For more information please contact sue.auger@gll.org or discover more at better.org.uk/white-horse



Better is a registered trademark and trading name of GLL (Greenwell Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 (registration no. 27793R). Registered office: 103 The Parade, The Royal Arsenal, London, SE18 6SX. Ireland Revenue Charity no. XFN3398.

BETTER

More info - sue.auger@gll.org or www.better.org.uk/white-horse

Short Breaks Update for Families with Disabled Children and Young People



Wheels for all: Witney

recumbents • trikes • wheelchair carriers



Supportive, safe and inclusive cycling sessions for those with additional needs.

Every Saturday:
11am - 1pm, ages 2 yrs onwards.

Family members welcome.


£3 per session.


Wood Green School,
Witney, OX28 1DX





Book by
phone, email or website:
<https://windrushbikeproject.uk>

07554 363635

 @windrushbikepro

 @windrushbikeproject

 @windrushbikeproject

 wheelsforall@windrushbikeproject.uk

www.windrushbikeproject.uk

Try a bike, borrow a bike, ride in a safe space - book your place here:-

[Book cycle training, bike maintenance courses, DIY workshop and Junior Wheels for All - Booking by Bookwhen](#)

Short Breaks Update for Families with Disabled Children and Young People

Oxford



DISCOVER BOCCIA: FUN FOR ALL ABILITIES!

Have you ever tried Boccia (pronounced bot-cha)? It's the most inclusive sport you'll find! As a target ball game played from a seated position, it's perfect for wheelchair users and so much fun to play!

**** All abilities welcome - come along and try it out ****

 Last Thursday of the month, 2.30pm to 3.30pm

 Leys Pools and Leisure Centre, OX4 6JL

To book your spot, please email adam.godwin@serco.com

Short Breaks Update for Families with Disabled Children and Young People



Boccia Kids

Sundays 1-2pm WHLTC



We are a mixed U16 group, open to all children with a physical disability who would like to play bocchia in our fun and friendly team. No experience is necessary.

Bi-weekly Sunday sessions from 1-2pm. £3pp.

Please contact Rachel for more information on 07798 631887.



**Meets fortnightly at the White Horse Leisure Centre,
Audlett Drive, Abingdon, OX14 3PJ.**

**For more info, contact Rachel on 07798 631887 or email us on
abingdonbocchia@gmail.com**

Short Breaks Update for Families with Disabled Children and Young People

Witney - 2 sessions

Let's play Boccia

A ball sport similar to bowls

£3 per session

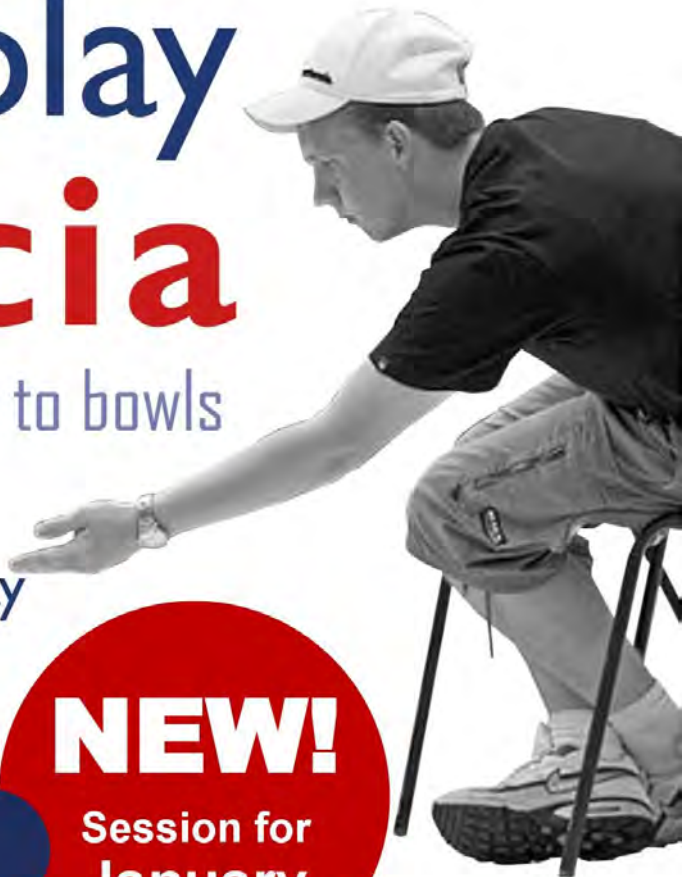
Just turn up and play

ALL WELCOME



NEW!

Session for
January



Fun, friendly classes for all ages and abilities

Tuesdays 11:30am—12:30pm

Wednesday 11:00am-12:00

Windrush Leisure Centre

For more information:

 01993 861564



WEST OXFORDSHIRE
DISTRICT COUNCIL

Working
together with

BETTER
the feel good place

Short Breaks Update for Families with Disabled Children and Young People

Super 1s



**ALL DISABILITIES
WELCOME**

ALL AGES

**FREE INCLUSIVE
CRICKET SESSIONS**

**GET ACTIVE AND
MAKE NEW FRIENDS!**

WHEN:

EVERY THURSDAY

4PM - 6PM

**STARTING 14th
MAY 2026**

WHERE:

**ABINGDON VALE
CRICKET CLUB**

CULHAM ROAD

ABINGDON

OX14 3HP

**ALL EQUIPMENT
PROVIDED**

**ENHANCED DBS
COACHES**

**FIRST AID
TRAINED**

CONTACT:



RICHARD GILES



HEAD OF DISABILITY CRICKET



rgiles@oxoncb.com



LORD'S TAVERNERS
Empowering young people through cricket

www.lordstaverners.org/super1s

Registered Charity No. 306054 | OSCR No. SCO46238

**For more info, please email Richard on rgiles@oxoncb.com or
Charlotte on cjennings@oxoncb.com**

Short Breaks Update for Families with Disabled Children and Young People

Banbury

SEND RUGBY

SESSIONS



INCLUSIVE, NON-CONTACT RUGBY FOR INDIVIDUALS WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES.



**SUNDAYS
2-3PM
ALL YEAR ROUND**



CONTACT:
RACHEL - 07791 247542
JEAN - 07971852165

SPONSORED BY



**For more info, please contact Rachel on 07791 247542
or Jean on 07971 852165**

Short Breaks Update for Families with Disabled Children and Young People

Kidlington



THERE'S A TEAM FOR YOU

AT GOSFORD ALL BLACKS RFC

SEN-friendly family group sessions
Sundays 10-11am - Ages 4 to 17

All sessions are non-contact with the primary focus on a safe and inclusive environment to offer a diverse range of fun and engaging games for all.

All coaches DBS checked and with RFU training and safeguarding

email: youth@gosfordrugby.com - **tel:** 0753 111 8213
www.gosfordrugby.com

Book your spot on <http://bit.ly/GAByouth> or scan the QR code



If you're interested in coming for a taster session, please email - youth@gosfordrugby.com

Short Breaks Update for Families with Disabled Children and Young People

Witney

WITNEY WOLVES CAN BITE! SEND RUGBY AT HAILEY ROAD

THE WOLVES, PART OF WITNEY RFC, ARE A SPECIAL NEEDS TAG RUGBY TEAM FOR BOYS AND GIRLS AGED 8 AND UPWARDS.

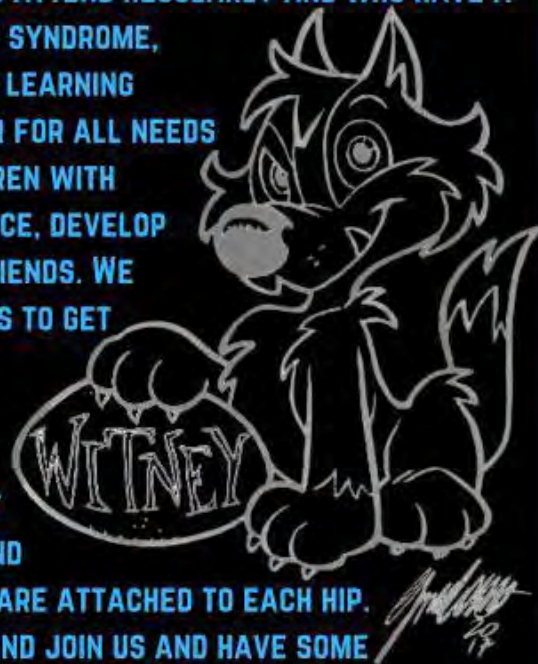
WE HAVE A MEMBER BASE OF 25 WHO ATTEND REGULARLY AND WHO HAVE A RANGE OF DISABILITIES FROM DOWN'S SYNDROME, CEREBRAL PALSY, AUTISM, ADHD AND LEARNING DIFFICULTIES. WITNEY WOLVES CATER FOR ALL NEEDS AND ABILITIES TO PROVIDE THE CHILDREN WITH OPPORTUNITIES TO GROW IN CONFIDENCE, DEVELOP SOCIAL SKILLS, GET FIT AND MAKE FRIENDS. WE ALSO ENCOURAGE OUR OLDER PLAYERS TO GET INVOLVED IN COACHING AND GAIN QUALIFICATIONS ON RFU COURSES.

TAG RUGBY IS A SAFE, FUN AND EXCITING VARIATION OF NON-CONTACT RUGBY. PLAYERS WEAR BELTS AROUND THEIR WAIST AND TWO VELCRO TAGS ARE ATTACHED TO EACH HIP. WE WELCOME NEW FACES SO COME AND JOIN US AND HAVE SOME FUN AT WITNEY RUGBY CLUB ON SUNDAY MORNINGS 11-12AM (SEASON SEPTEMBER TO MAY).

THE WOLVES ARE LED BY A TEAM OF EXPERIENCED VOLUNTEER COACHES AND REGULARLY TAKE PART IN TOURNAMENTS AND FESTIVALS IN THE UK AND ABROAD.

CONTACT: THERESA CLARK +44 7719 552293

EMAIL: THERESA CLARK1234@AOL.COM



Season run from September to May each year - come join us!

For more info, contact Theresa Clark on 07719 552293 or email - theresaclark1234@aol.com

Short Breaks Update for Families with Disabled Children and Young People

Thame

SEND RUGBY

**EVERY SUNDAY 10 - 11AM
CHINNOR RFC, THAME**

Qualified and safeguarded coaches and helpers on hand throughout the whole session.

Fun inclusive sessions covering skills, games and obstacle courses!

Tag rugby or non-contact rugby.
No experience needed!



**FIND OUT MORE
SENDRUGBY@CHINNOR-RFC.COM**

Join our SEND Rugby sessions at Chinnor RFC for children and young people aged 5–18 with special educational needs and disabilities. Tag rugby or non-contact rugby - no experience needed!

* Sessions run from September to end of April each year *

For more information, email us on sendrugby@chinnor-rfc.com

Short Breaks Update for Families with Disabled Children and Young People

Wallingford

**ALL ABILITIES WELCOME!
SCHOOL-AGE UPWARDS**



HAVE FUN ~ MAKE FRIENDS ~ LOVE RUGBY

- **GIRLS' AND BOYS' RUGBY**
- **EVERY SUNDAY FROM 10AM**
- **INCLUSIVE TEAM – WOLVES**

**3 FREE
TASTER
SESSIONS**



MORE INFORMATION:



M&J.Enquiries@wallingfordrugbyclub.com

<https://wallingfordrfc.rfu.club/>

Hithercroft Sports Park, Wallingford, OX10 9RB

Rugby season runs from Sept-May each year! If you'd like to know more email us on:-

M&J.Enquiries@wallingfordrugbyclub.com

Short Breaks Update for Families with Disabled Children and Young People

South Oxfordshire Futsal

Book your child's 2 FREE taster sessions NOW!

OUR Futsal sessions aim to develop players technical ability and confidence on and off the ball all whilst having lots of fun, making new friends and instilling a love of movement.

Scan the QR code below to book or contact us for more information!



07850 553629
afsouthoxfordshire@activefuture.info
active future South Oxfordshire

Futsal Sessions

Futsal is a twist on the game we are all crazy about, Football! It is FIFA's officially approved small-sided format of Football and a fantastic tool to aid technical development.

Why not book your child in for 2 free taster sessions and they can join our 1000's of members technically developing and growing in confidence all whilst having lots of fun.

To see our full timetable of weekly sessions and book your child's free tasters scan the QR code above NOW!



PRO Scheme

The corner stone of our syllabus, a system that allows us to track your child's progress.



Futsal Games

An opportunity to put their learning into practice in our friendly futsal games.

07850 553629
afsouthoxfordshire@activefuture.info
active future South Oxfordshire

**** Futsal runs in various locations ****

To find out more, please contact us on:-
<https://activefuturefutsal.com/southoxfordshire-eoi>

Or call - 07850 553629 or
email - afsouthoxfordshire@activefuture.info

Short Breaks Update for Families with Disabled Children and Young People

Banbury



NEURODIVERSE

FOOTBALL

BOOK ON OUR NEURODIVERSE FOOTBALL SESSION VIA THE LINK
CONTACT US ON [COMMUNITYCOACH@BANBURYUNITEDFC.CO.UK](mailto:communitycoach@banburyunitedfc.co.uk)

£2.50 per session, term time only.

If you have a YouMove card, these sessions are free.

To book - <https://www.eventbrite.com/o/33875487049> (click on “Neurodiverse Football 6-13” option, then “Check availability” to show dates)




North Oxfordshire Academy, Drayton Road, Banbury OX16 0UD

For more information, contact:- communitycoach@banburyunitedfc.co.uk

Short Breaks Update for Families with Disabled Children and Young People



BICESTER PARK FC INCLUSIVE FOOTBALL AGES 5–15 YEARS

BE ACTIVE  HAVE FUN  MAKE NEW FRIENDS  PLAY FOOTBALL

We are a friendly (5–15 years) football team looking for new boys and girls to join our pan disability team. All abilities are welcome!

DAY: Saturday mornings
TIME: 9:00am–10:00am
LOCATION: Whitelands Farm Sports Ground
Whitelands Way
Bicester
Oxfordshire
OX26 1AJ
TEAM MANAGERS: Graham Hill and David Barker
WEBSITE: www.bicesterparkfc.co.uk
EMAIL: inclusive@bicesterparkfc.co.uk
TELEPHONE: 07990 990252 (Call, Text or WhatsApp)






For more info, please email - inclusive@bicesterparkfc.co.uk
or call, text or Whatsapp - 07990 990252

Short Breaks Update for Families with Disabled Children and Young People



BICESTER PARK FC INCLUSIVE FOOTBALL AGES 16+

BE ACTIVE  HAVE FUN  MAKE NEW FRIENDS  PLAY FOOTBALL

We are a friendly adult (16+) football team looking for new men and women to join our pan disability team. All abilities are welcome!

DAY: Monday evenings
TIME: 18:30–19:30
LOCATION: Whitelands Farm Sports Ground
Whitelands Way
Bicester
Oxfordshire
OX26 1AJ
TEAM MANAGER: Paul Fellows
WEBSITE: www.bicesterparkfc.co.uk
EMAIL: inclusive@bicesterparkfc.co.uk
TELEPHONE: 07880 557490 (Call, Text or WhatsApp)



For more info, please email - inclusive@bicesterparkfc.co.uk
or call, text or Whatsapp - 07880 557490

Short Breaks Update for Families with Disabled Children and Young People

Bicester



Blast off with Comets!

A safe space for disabled children aged 5-11 to kickstart their football journey



Scan here to see Comets in action!

Time and Date: Saturday mornings 8:45-9:30

Location: Whitelands Farm Sports Ground, Whitelands Way, Bicester, Oxfordshire, OX26 1AJ

Contact: Graham Hill **Phone:** 07990 990252

Email: inclusive@bicesterparkfc.co.uk



Email - inclusive@bicesterparkfc.co.uk or call 07990 990252

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

Oxford



SUMMERTOWN STARS CEREBRAL PALSY FOOTBALL



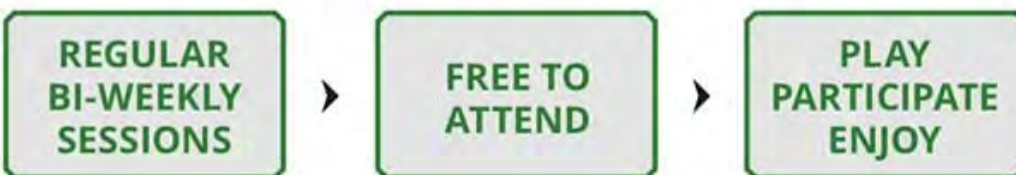
Cerebral Palsy Sport

We are the Mixed U16 Warriors, come and join our regular Cerebral Palsy Football sessions. Open to males and females aged 5 and over who would like to play football and be part of our fun and friendly team. No experience is necessary.

Ambulant and Frame users welcome to take part.

Bi-weekly Sunday sessions from 13.00 - 14.30.

Please contact Sarah for more information.



CONTACT

enquiries@summertownstars.org

Sarah - 07947 624354

enquiries@summertownstars.org Sarah - 07947 624354

Oxford



OXFORD BLACKBIRDS FC COMETS SESSIONS RETURN!!!



Inclusive Football Is Back!

Leys Pool & Leisure Centre 13:00-14:00,

contact Barrie on 07517 308263

Meets monthly, contact us for dates!

For more info - call Barrie on 07517 308263 or email on

blackbirdsinclusive@gmail.com

Short Breaks Update for Families with Disabled Children and Young People

Abingdon

St Edmunds FC



Inclusive Football



Be active Have fun Make new friends Play football



Come join our welcoming pan-disability football team for players of all abilities.

AGES 5-16 BOYS AND GIRLS

FRIDAY EVENING

6PM - 7PM

WOOTTON COMMUNITY CENTRE
OX13 6DA



SCAN ME



For more information email
Gemma Samways
stedmundsinclusive@gmail.com

Email - stedmundsinclusive@gmail.com

Scan QR code to see their training venue.

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



GROVE CHALLENGERS FC



SEN FRIENDLY FOOTBALL TRAINING

EXCITING NEWS FOR SEN-REGISTERED CHILDREN!

GROVE CHALLENGERS FC IS INVITING CHILDREN OF ALL ABILITIES, AGED 7-15, TO JOIN OUR SEN-FRIENDLY FOOTBALL TRAINING SESSIONS IN GROVE.

ALL THE CHILDREN NEED IS AN ABILITY TO MOVE FREELY ON THE GRASS AND A WILLINGNESS TO LISTEN, PLAY AND HAVE FUN!

SESSIONS ARE RUN BY QUALIFIED COACHES, WITH A FOCUS ON CREATING A SUPPORTIVE, ENJOYABLE, AND INCLUSIVE EXPERIENCE FOR EVERYONE. PARENTS ARE KINDLY ASKED TO STAY DURING THE SESSION.

**MONDAY NIGHTS
6-7PM
£2 A SESSION**

IF YOU ARE INTERESTED OR WOULD LIKE MORE INFORMATION PLEASE CONTACT KARANN ON [GCFC.REGISTER@GMAIL.COM](mailto:gcfc.register@gmail.com)

To find out more or if you have questions, please contact Karann on gcfc.register@gmail.com

Short Breaks Update for Families with Disabled Children and Young People

Witney



WITNEY ATP
MONDAY 6-7PM



COME AND
JOIN US!



TOWER HILL INCLUSIVE TEAM



We are a friendly team that aims to create a nurturing, supportive environment. Several coaches work with the team at each session, building self confidence and social skills as well as footballing talent!

For those aged 12 years and above.



Training up to mid-July 26 before a summer break!

For more information, please contact Sue Newport on 07966 153797 or via email - sue@rsbjn.co.uk

Short Breaks Update for Families with Disabled Children and Young People



WITNEY VIKINGS

FOOTBALL CLUB

INCLUSIVE FOOTBALL SESSIONS

12+

- ✓ FUN
- ✓ INCLUSIVE
- ✓ SUPPORTIVE
- ✓ FOR EVERYONE

FOOTBALL WITHOUT BARRIERS



WHO'S IT FOR?

- Boys & Girls aged 12+
- Children with additional needs (SEND)
- All abilities – beginners welcome

SESSION DETAILS

- 📍 Location: Witney ATP
- 📅 Date: Thursday 4th June
- 🕒 Time: 6-7pm

WHAT TO EXPECT

- Fun, relaxed sessions
- FA-qualified, inclusive coaches
- Small-sided games & activities
- Focus on enjoyment, confidence and teamwork

TASTER SESSIONS ARE FREE!

GET IN TOUCH!

- Contact: Steve
- Email: bott6@hotmail.com
- Phone: 07597 738367

- Find us on Facebook
- Follow us on Instagram

PLAY. BELONG. GROW. TOGETHER.

A collaboration with Springfield School and Oxfordshire FA. If sufficient take-up, will run for 4-6 weeks before a summer break. Hopefully restart in September for new season. For more info, please contact Steve on bott6@hotmail.com or phone 07597 738367.

Short Breaks Update for Families with Disabled Children and Young People

Henley

HENLEY YMCA,
2 LAWSON ROAD,
HENLEY-ON-THAMES,
RG91NZ.

come join us!

SIGN UP NOW - SIGN UP NOW - SIGN UP NOW - SIGN UP NOW - SIGN UP NOW - SIGN UP NOW

**youth disability
football sessions**
U12 (AGES 8 - 11 YEARS)
WEDNESDAYS ● 5PM - 6PM

£3.00

CONTACT: 01491 411849
EMAIL: PHIL@HENLEYYMCA.ORG.UK

The Henley YMCA in partnership with Oxfordshire FA are now running JUSTPLAY Youth Pan Disability Football sessions for children aged 8-11, all disability groups are welcome! Only £3 a session. Youth Pan Disability Football - every Wednesday, 5-6pm. If interested, please fill out the form:- <https://forms.office.com/e/8t5ZAwGa1x> For more info, email phil@henleymca.org.uk

Our sessions are social drop-in sessions, that are inclusive, fun filled, exciting and affordable. They are designed for the participants to enjoy, improve their physical and mental health, reduce stress and help the community to socialise, as well as staying active and healthy!

Short Breaks Update for Families with Disabled Children and Young People

JUMP INC
By **AIRHOP**
BICESTER



SEN SESSIONS

Inclusive sessions for a happier bounce.

EVERY MONDAY 6PM - 7PM

- Reduced Capacity
- Reduced Lighting
- No Music
- FREE Companion Tickets – Carers go free with valid ID.

Book online at
jump-inc.uk

5 Talisman Business Park
Talisman Road
Bicester
OX26 6HR

To book, please go to:-

https://jump-inc.uk/adventure-trampoline-park-bicester/activities/sen-sessions/?utm_source=oxfordshirecouncilnewsletter&utm_medium=email&utm_campaign=bicestersen

Short Breaks Update for Families with Disabled Children and Young People

SEND JUMP SESSIONS

Our dedicated jump sessions create a safe and inclusive environment for individuals with Special Educational Needs and Disabilities and includes use of both the Trampoline Park and Soft Play.

When: every 2nd & 4th Sunday of every Month - 3.30pm - 5pm Starting from 14th July

Cost: £6.70 per child

Please note that there is no additional charge for one accompanying adult/carer for this session.

For more information email carterton@gll.org, book via the **Better UK app** or at better.org.uk/book



Carterton Leisure Centre - carterton@gll.org
<https://www.better.org.uk/book-activity>



The session will run at a reduced capacity and is for children aged over 18 months. Supervision ratio for under 8's apply: 18 months - 4 years = 1 adult : 1 child, 5 years - 7 years = 1 adult : 10 children and over 8 years = no ratios apply. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398

Short Breaks Update for Families with Disabled Children and Young People



Rebound Therapy at OXSRAD!

Rebound Therapy is a trampoline-based programme for people of all ages with disabilities and additional needs, helping build movement, coordination, communication, and confidence in a safe and accessible setting.

If you would like to attend Rebound Therapy, please register your interest using the form on our website –

<https://www.oxsrad.org/whatson>

OXSRAD, Court Place Farm, OXSRAD, Marsh Lane, Headington, Oxford, OX3 0NQ

Short Breaks Update for Families with Disabled Children and Young People



**** Every Sunday morning from 10am-11am in Milton Keynes ****

An inclusive session for anyone that finds daily life that little bit harder. With lower lighting levels and calmer music, the Special Educational Needs session is suitable for ages 2+. One carer goes FREE with every paying participant.

<https://www.topjump.uk/>

Parent advice - *"We tend to jump off at 10:45 and pop shoes on and get a drink before the main session opens at 11:00 and people are waiting around and using the lockers. It can get busy so to avoid that we head out at 10:45am."*

info@topjump.uk

01908 380508

Venue address - TopJump Inflatable Park & VR Arcade MK, Northfield Drive,
Milton Keynes, MK15 0DQ