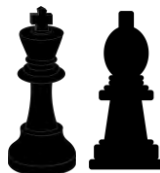


Short Breaks Update e-newsletter

Part 2 – Regular Activities



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Please do check directly with each provider to ensure the activity is running before attending!

Short Breaks Update for Families with Disabled Children and Young People



Stay & Play

SEND Sessions

Mondays 1:00 - 2:00pm

A group for children under 5 with additional needs and/or disabilities and their families.

No diagnosis needed.

Booking required. Limited spaces available.

£2
per
session

Call: 01295 276769 to book

Registers open at 9am on Tuesdays,
to book for the following week.



The
**Sunshine
Centre**

SUPPORTING & ENCOURAGING COMMUNITIES

The Sunshine Centre Registered Charity Number 1124335 / Registered in England & Wales No 05276714

Spaces are limited so please book if you wish to attend!

The Sunshine Centre, Edmunds Road, Banbury, OX16 0PJ. Tel:- 01295 276769;
community@sunshinecentre.org; www.sunshinecentre.org

Short Breaks Update for Families with Disabled Children and Young People



Sensory Stories & Messy Play

Group sessions for children aged 6-18 months.

When? Mondays, 9:30-10:15

Where? Scout HQ, Springfield Road, Wantage OX12 8ES

£10 per child, per session

Developing communication and interaction through play and sensory exploration!



Calling Wantage and surrounding areas!!

Would your little one enjoy sensory stories and messy play sessions?

We've lowered the price; now just £10 per session and sessions are run by one of our amazing Speech and Language Therapists. Tea/coffee if needed!

Book your place now, don't miss out!

For more information or to book - office@dandelion-ts.com

Short Breaks Update for Families with Disabled Children and Young People



OXFORD CITY COUNCIL MLCT More Leisure Community Trust let's do MORE

SEN SOFT PLAY SESSION

Blackbird Leys Leisure Centre

BOOK NOW

Mondays from 3pm -4.30pm
Thursdays 11.30am-1.00pm

COME AND ENJOY A MORE RELAXED SESSION
Food and drink available to buy

£7.50 overs 5's
£5 under 5's
Free under 1

Leys Pools and Leisure Centre
Pegasus Road, Oxford, OX4 6JL What3words: stacks.daisy.salsa
Call us
0330 109 8773

Supported by **JIGSAW OXFORD**

swell together

Supported by Jigsaw Oxford - <https://www.facebook.com/JigsawOxford>

* Please book in direct with activity provider! *

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

Witney

LITTLE EXPLORERS, BIG ADVENTURES

Toddlers World at Windrush Leisure Centre is for children aged 6 months to under 5 years old, accompanied by a parent or guardian. This sensory-friendly session features a quieter atmosphere, reduced capacity, and equipment designed to cater to all children's needs.

When: Every Wednesday

Time: 11am - 11.45am

Where: Sports Hall

Scan the QR code for more information

**SENSORY
FRIENDLY**



BETTER

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: X843398

For more info or to book - [Soft Play](#) | [Windrush Leisure Centre](#) | [West Oxfordshire](#) | [Better](#)

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

Millets
FARM CENTRE



Sprouts Play Barn SEND Sessions

Our SEND sessions will be held on the first Thursday of every other month, from 3pm - 5:30pm.



*** Next sessions are on 5th Nov; 7th Jan; 4th Mar & 6th May ***
SEND Event at Millets Farm Centre

<https://www.milletsfarmcentre.com/sen-spring-events/...>

Short Breaks Update for Families with Disabled Children and Young People



Littlemore Village Hall
Railway Lane, OX4 4PY

Do you live in Littlemore and have a child aged 0-5 years?

Growing Minds would like to invite you to our free Stay and Play sessions on Thursday mornings. A chance for your children to play and for you to meet others with children of the same age in the local area.

If you haven't signed up for a free monthly Imagination Library book yet, use the QR code below.

No
booking
required -
just turn up!

Thursdays
from 10
to 11:30am



No need to book, just turn up!

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

The Dovecote
S.E.N
Stay And Play

£1 Per Child
Healthy Snack Included

Thursday 9.30 AM Until 12 PM

COMMUNITY FUND

Support For Families With Children
With Autism And Sensory Needs

The Dovecot Centre is on Nightingale Avenue, Oxford, OX4 7BU.
All welcome! For more info - jigsawoxford@gmail.com

Short Breaks Update for Families with Disabled Children and Young People

NEW



Come and join a group of families in a supportive group setting for a programme full of fun, led by our Habilitation Specialists.

Guide Dogs My Time to Play



Do you have a child with sight loss under the age of 4?

Join us at our Guide Dogs My Time to Play sessions for children with sight loss aged from birth to four to help develop a broad range of skills through play in a welcoming group setting.

The sessions are designed to build your child's confidence and encourage them to use their non-visual senses. Each session is based around a sensory story and includes songs, movement, and related activities.

Dates:

Thursdays:

15th October

29th October

12th November

26th November

10th December

7th January 2027



Time: 10:30am - 12:00pm

Age: 0 - 4 years old

Cost: Free

Venue: The Playroom,
District Community Centre,
Gentian Mews, Didcot,
Oxfordshire, OX11 6GR.

If you would like to attend our Guide Dogs My Time to Play sessions, please call us on 0800 781 1444 or complete the [online enquiry form](#) to register your interest. If you need further information, please don't hesitate to contact us.

Telephone: 0800 781 1444

Email: information@guidedogs.org.uk



We ask you to register with us first & to do so either call us on 0800 781 1444 or fill in the online enquiry form -

<https://www.guidedogs.org.uk/getting-support/getting-in-touch-form/>

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

Returns Friday 4th Sept



SEN SQUIRRELS

Drop-in group for children with additional needs and their families (with or without a diagnosis), and also families wanting a quieter session!

£2

CRAFTS QUIET ROOM BOOK CORNER
OUTDOOR PLAY SENSORY TOYS SNACKS
TEA & COFFEE SINGING-TIME FRIENDS!

Fridays
10am-
11.30am



St John's
Hall
Broadway

email: kidlington.communityhub@gmail.com
www.facebook.com/kidlinksuk 
www.kidlinks.org.uk



Please note: The age range is a rough guide as we know that age isn't always a determining factor for a child's needs or abilities when it comes to SEN, so please feel free to get in touch with us if you are unsure.

kidlington.communityhub@gmail.com

www.kidlinks.org.uk

www.facebook.com/kidlinksuk

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



Perfect for
children
not yet
walking
0 – 6
years

The Nest Phoenix Rising

Fridays, Term-Time

10am to 1pm

Register HERE
or via website



Full list
of Dates
on our website
below

A SEND Play group for
pre-walking
children age 0 – 6 yrs.
No diagnosis necessary.

Baptist House,
Broadway
Didcot
OX11

- ♥ Weekly Topic, with specialist guests
- ♥ Switch toys and sensory play
- ♥ Run by parents like you

Join Now



imogen.Liddell@oxfsn.org.uk



www.cafelias.co.uk/pop-ups



Full dates, details, contacts and registration at www.cafelias.co.uk/pop-ups

Short Breaks Update for Families with Disabled Children and Young People

Botley Bridges Family Stay & Play



**FIRST SATURDAY
OF EVERY MONTH
10:00AM - 12:00PM**



Botley School, Elms Road, Oxford, OX2 9JZ

(car parking available)

Suitable for 0 - 8 year olds

No need to book just turn up



**Outdoor & indoor play
Arts & crafts
Construction
Bikes**



**Suggested donation £5 per family
(includes drinks & snacks)**

Mums, dads, grandparents, aunts & uncles - all welcome!

Led by Hayley Hayle

For more information, visit botleybridges.org Registered charity number 1172139



SEN GROUP **A Special Time To Play**

Activities for Everyone!

Our SEN group features a range of activities that are fun for all ages, including LEGO building, big bubbles, and much more.

Whether your child enjoys hands-on creativity or the joy of bubbles, there's something for everyone.



A stay & play session for families with children with additional needs. Suitable for children of primary age & below. Safe, secure and informative session. Meets once a month on a Saturday @ 2pm-3pm. Whole family welcome!

At Wigod Way Wallingford Family Centre, Wilding Road, Wallingford, OX10 8AJ

**** Session is free but spaces must be booked as numbers are limited ****

To book - [SEN session - Wigod Way Wallingford](#)

Places are free but as we are a charity, donations are welcome and can be made during the session if you are able.

Short Breaks Update for Families with Disabled Children and Young People

A colorful poster for 'S.E.N.D. PLAY'. At the top left, the word 'BETTER' is written in green. Below it, there are stylized drawings of a house with a yellow roof, a red chimney, and a green door, surrounded by colorful blocks (orange, blue, purple, pink). A pink starburst is on the left. The title 'S.E.N.D. PLAY' is in large, bold, purple letters. Below the title, a paragraph describes the session: 'IS A NEW FUN AND INCLUSIVE SESSION FOR PRIMARY-AGED CHILDREN WITH SEND. ENJOY THE SPACE AND EQUIPMENT TO MOVE, PLAY, AND BE ACTIVE TOGETHER. MOST WEEKS WILL INCLUDE SOFT PLAY, INFLATABLE, MATTED AREA AND SPORTS EQUIPMENT - £5 PER SESSION.' A red star is to the left of the date 'SUNDAY 10.30-11.30AM'. Below the date is the location 'WINDRUSH LEISURE CENTRE, WITNEY'. At the bottom, a note says 'PLEASE NOTE THAT CHILDREN MUST BE ACCOMPANIED BY A PARENT OR GUARDIAN.' There is a soccer ball on the bottom left, a green wavy line, and a QR code on the bottom right.

BETTER

S.E.N.D. PLAY

IS A NEW FUN AND INCLUSIVE SESSION FOR PRIMARY-AGED CHILDREN WITH SEND. ENJOY THE SPACE AND EQUIPMENT TO MOVE, PLAY, AND BE ACTIVE TOGETHER. MOST WEEKS WILL INCLUDE SOFT PLAY, INFLATABLE, MATTED AREA AND SPORTS EQUIPMENT - £5 PER SESSION.

SUNDAY 10.30-11.30AM

WINDRUSH LEISURE CENTRE, WITNEY

PLEASE NOTE THAT CHILDREN MUST BE ACCOMPANIED BY A PARENT OR GUARDIAN.

To book - [GLL Better SEND Play session Witney](#) or pay on the day!

**** Also, Toddler World Sensory Friendly (6mths to under 5yrs) with parent or guardian – also on Sunday morning, 9.30am-10.30am. Quieter than other sessions with reduced capacity. To book - <https://www.better.org.uk/leisure-centre/west-oxfordshire/windrush-leisure-centre/soft-play>**

Short Breaks Update for Families with Disabled Children and Young People



FAMILY PLAY SESSIONS

We are open weekdays, weekends and during school holidays to deliver sessions for the whole family.

At these sessions we offer a variety of activities depending on the children booked in.

Where: A Place to Play, Lower Way
Thatcham RG19 3RR

Sessions are £6 per family.

**For more
information
contact
[office@swingsand
smiles.co.uk](mailto:office@swingsand
smiles.co.uk)**

Charity number: 1120598

**For more information, contact
office@swingsandsmiles.co.uk**

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

Witney

Lego club



Lego Club runs every Wednesday display for the week. (term time only) from 3:30pm - 4:30pm. Suitable for over 6s but we will also have some Duplo out for younger fans!

This session does not need to be booked and is free to come along, but all children must have a responsible adult with them at all times throughout.

There will be a theme every week, and any models built to the theme will be added to our book display for the week.

Happy building!

Short Breaks Update for Families with Disabled Children and Young People



**What could be better than crates full of Lego bricks?
A dream come true.**

Come and join us - this free session runs every Monday during term-time
from 4-6pm at Wantage Library.

No need to book but parents must supervise their children!

Come along. Think big. Build bold.

Short Breaks Update for Families with Disabled Children and Young People



Family Days
Exploration Zone with
20+ hands-on exhibits



Next sensory friendly
3rd October 2026



Book ahead

scienceoxford.com

Science Oxford Centre, Quarry Road,
Headington, Oxford OX3 8SB

Monthly
STEM
CLUBS

Ages
5-12

Creative
Computing,
Science &
Nature Clubs

To find out more - <https://scienceoxford.com/whats-on/>

Short Breaks Update for Families with Disabled Children and Young People

Relaxed LEISURE SESSIONS

the light

**Designed to help people
with sensory sensitivity
enjoy our leisure offer**

The Light in Banbury offer some relaxed leisure sessions as well as sensory friendly cinema viewings. These are:-

- * Relaxed bowling - every Sunday morning between 9am-10am. No music, lights are at a minimum on the bowling lanes, arcades are turned off.
- * Relaxed climbing session - every Thursday afternoon at 4pm. These are quieter and slower paced sessions in smaller groups for those with sensory needs.

To book or find out more, please go to the website - [The Light Banbury](#) or you can pop in and book in person if you prefer.

**** The Light is located in Spiceball Park Road **
Banbury, Oxfordshire, OX16 2PA**

Oxfordshire Inclusive Choir



Meets on Thursdays @ 5-6 pm fortnightly online
with one face-to-face session per school term

By welcoming all voices, we aim to be as inclusive as possible,
actively trying to remove barriers to participation from those with
severe and profound learning disabilities.

Register here:

Oxfordshire Inclusive Choir | Oxfordshire County Council



Supported using public funding by



ARTS COUNCIL
ENGLAND



OXFORDSHIRE
COUNTY COUNCIL

Oxfordshire County Music Service have an Inclusive Choir for pupils with SEND. If you are interested in joining or have would like any further information please contact us via our website at - [Oxfordshire Inclusive Choir](#)

Short Breaks Update for Families with Disabled Children and Young People

soundabout



Sounds Together sessions are a chance to make music with others in local community spaces. Sessions are facilitated by two specialist Soundabout practitioners. The music evolves around the interests and choices of the group with playfulness/fun, choice making, self-expression, and connections with others at the heart of it all.

Did you know that Sounds Together Birmingham and Didcot (Oxfordshire) in-person sessions now run two groups? They start with an early years group for children aged 0-5 years old, followed by an all ages group! And to top it all off, both groups get the chance to say hello to each other over a cuppa in the middle!

Plus both venues have Changing Places Toilets on site! Why not give it a try?!

Find out more: <https://www.soundabout.org.uk/music/sounds-together/>

Short Breaks Update for Families with Disabled Children and Young People



VIRTUAL MEETINGS

£7 per month

An alternative way to take part in the fun and adventure of Girlguiding for girls aged 4 – 18 who are unable to attend face-to-face meetings for health or social reasons. Previous membership is not necessary.

All girls have a home in Girlguiding – whoever they are, and wherever they are in the UK. We are Girlguiding Connect district – LaSER.

Group	Age Range	Days
 Rainbows	for 4 – 7 year olds	Mondays & Thursdays
 Brownies	for 7 – 10 year olds	Mondays & Thursdays
 Guides	for 10 – 14 year olds	Mondays & Wednesdays
 Rangers	for 14 – 18 year olds	Thursdays

Email: connectdistrict@girlguidinglaser.org.uk

Join: bit.ly/joinggconnect

Instagram/TikTok: @ggconnectdistrict **Facebook:** Girlguiding Connect district



Girlguiding Connect Information Sessions

Find out how and why to connect to Connect – no commitment



To find out more and sign up for an info session:
<https://linktr.ee/girlguidingconnect>



To find out more, please email:-
connectdistrict@girlguidinglaser.org.uk

To sign up for info session:-
[Sign up - Girlguiding Connect](https://linktr.ee/girlguidingconnect)

Short Breaks Update for Families with Disabled Children and Young People

**** Next sessions - 8th & 22nd Oct ****



Youth Club

FIRST SESSION FREE

For ages 13 and over every other Thursday, from 6:30pm - 8:30pm

£6 per session to attend or £5 if in receipt of benefits



Parents remain on site whilst the session takes place

For the latest session updates keep an eye on our Instagram page: [Thomley_](#)



To book youth club, please go here -

<https://thomley.digitickets.co.uk/category/73702>

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



New Club Friendship 4 All Oxfordshire

A club for **adults with learning difficulties** looking to make new friends in a safe environment.



3rd Thursday of every month
Online and in-person activities

Contact for more information:

oxfordshire@guideposts.org.uk

01993 893560

www.guideposts.org.uk

Registered Charity No. 272619



**Guideposts
Trust**

**If you or someone you know would benefit from this group,
contact us via oxfordshire@guideposts.org.uk or 01993 893560**

Short Breaks Update for Families with Disabled Children and Young People

Beautiful Minds Drama Club for neurodiverse/ autistic adults



St Columbas URC
Alfred Street Oxford
Mondays
12–1.00pm £10
per session

Contact
info@13ththeatreco.co.uk,
X @13ththeatre

13th Theatre Co.

Why fit the mould, when you, can create it.

Come and join our friendly, welcoming community. Break out of your shell, have fun, make friends and take part in shows. Parents and carers are welcome. The first session is a taster session and is free; £10 per session after that, pay at the session.

If you would like to put your name on the waitlist or have any questions, please contact info@13ththeatreco.co.uk

Short Breaks Update for Families with Disabled Children and Young People

Shadowlight Supported Studios

EVERY FRIDAY

Mornings and some full-day sessions held at Film Oxford



Weekly workshops for learning disabled and autistic adults who love being creative.

FREE ART & FILMMAKING WORKSHOPS

Contact us if interested:
shadowlightartists@filmoxford.org

Free Creative Workshops for Learning-Disabled Adults!

Join Shadowlight Supported Studios for inspiring, hands-on sessions in art, photography, and filmmaking - all led by professional artists!

Venue - Film Oxford, 54 Catherine Street, Oxford, OX4 3AH

Get the full schedule and find out more - shadowlightartists@filmoxford.org

Short Breaks Update for Families with Disabled Children and Young People



Michelle Buckner



Colora Art Tutoring



★ 18 years experience in Education specialising in Art, Children and young peoples mental health, ASD and SEN

★ Trained and worked in a counselling service with psychologists to support children with emotional literacy understanding and management using a form of art therapy

1.1 Online Art and Wellbeing sessions
For children age 6-14 years including teens/young adults with SEN

**Wellbeing/Art
Art
Art Skills**

Daytime, afterschool and weekend availability
colora.art.tutoring
www.bookwhen.com/coloraart
coloraart@hotmail.com



1.1 Art Skills
(Age 11-14)
30 or 40 minute sessions available

Each term will focus on a different material and techniques

- *Pencil
- *Chalk
- *Charcoal
- *Paint
- *Oil pastels



1.1 Art
(Age 7-14)
30 or 40 minute sessions available

*These sessions follow a theme or topic for each age group and will change each term

*Sessions look at other artists work

*Different materials used each week

Age 7-11
Age 11-14



1.1 Wellbeing/Art
(Children age 6-11, teens and young adults with high level of SEND or learning difficulties)

20 or 30 minute sessions available

*Sessions teach children to recognise, understand and manage emotional literacy through film and art

*Colours of emotions

*Focus on facial expressions in characters and ourselves

*Self awareness

*Body language

*Identifying Triggers

*Tools to manage and regulate emotions

*Art activity in each session connected to emotions including drawing, painting, collage, nature art and more

*Focus on **Angry, Scared, Sad, Anxious** and Self esteem



If you are interested or would like more information, please email at coloraart@hotmail.com

Short Breaks Update for Families with Disabled Children and Young People



Family Doodle Club



Did you know that we have a family doodle club once a month?

Come and join us to relax and let your imagination fly!!

2nd Saturday of every month - 10.30am-11.30am.

Kidlington Library, Ron Groves House, 23 Oxford Rd, Kidlington, OX5 2BP

Short Breaks Update for Families with Disabled Children and Young People

Now on Saturdays...

NOX

SEN CLASSES

Saturdays 12.00pm-12.45pm – structured session
1.00pm-1.45pm – open gym session

At NOX we believe in gymnastics for ALL

We know that some children need a little more support and guidance to get involved in our classes. Every Sunday morning we run fun, parent-inclusive classes using a wide range of equipment and interactive games!



hello@noxgymnastics.com

One of our core beliefs at NOX is that gymnastics should be available to everyone. If you think your child might benefit from some extra support during class, then our classes on Saturdays are the perfect opportunity to provide this.

Spend quality time with your children while allowing them to explore our interactive open-gym environment and learn some new skills.

If you are interested, visit <https://www.noxgymnastics.com/.../gymnastics-taster.../> for more information or **sign up for a FREE trial!** We also have parkour sessions!

Short Breaks Update for Families with Disabled Children and Young People



MLCT
More Leisure
Community Trust



SEN SESSION

Come along and enjoy ice skating during quieter hours with a friendly team available to support on and off the ice

This session is designed for anyone with additional needs and their families/carers

Specialised equipment available



EVERY MONDAY, 1:30PM - 2:45PM



**OXFORD ICE RINK, OXPENS RD,
OX1 1RX**

£6 PER PERSON

FIND OUT MORE:



For more information or to book:-

www.oxfordcityleisure.com/oxford-ice-rink/ice-skating/ice-skating-sessions/

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

Banbury



A non-contact boxing class for neurodiverse children who just need the right environment to thrive.

Fight Back Crew is a non-contact boxing class for children in Banbury who just need the right environment to thrive. If you're a parent and this resonates, please get in touch. Sometimes all it takes is one safe space for a child to realise their potential.

Mondays 4.30pm to 5.30pm; £5 per child

Venue - Spit 'n Sawdust Fitness & Boxing Club, 49A North Bar Street, Banbury, OX16 0TH

For more info, contact Dave by texting him - 07888 829534

Short Breaks Update for Families with Disabled Children and Young People



The Engine Shed is a special interest group for autistic children and young people who love trains. Based in Reading, we meet at 12B Southview Park, off Marsack Street, Caversham, Reading RG4 5AF, usually on the last Saturday of the month.

Model railways and train sets for all abilities are set up and a range of train-related resources are available to play with. The Engine Shed sessions are free of charge, free snacks and drinks are provided. There is no need to book and all are welcome, including siblings and grandparents.

The sessions do tend to be split based on age but realise that with siblings etc this breakdown is not straightforward but please come to the one that suits you and your group best. We understand that not all attendees will always be within the suggested age range.

**** Saturdays 24th October & 28th November 2026 ****

**Timings - 10 am to 12 midday: ages 10 and under
& 12 midday to 2pm: ages 11 to 17 years**

To join our mailing list, email the coordinator below) or go to our Facebook group - <https://www.facebook.com/theengineshed>

For more information - <http://www.theengineshed.org.uk/reading/> or if you would like to know more, require clarification or just want to check sessions are running before you travel, details etc then please email the Coordinator Sarah at mail@theengineshed.org.uk

Short Breaks Update for Families with Disabled Children and Young People

Little Engines Early Years Engine Shed Group

**Contact us for
dates!**

11.15 am



Early years group for pre-school children who are on the autistic pathway or who would benefit from attending the group. No need to book. Just turn up. Free refreshments. Parking on nearby streets for 2 hours free.

The Engine Shed,
12b Southview Park, Caversham, Reading RG4 5AF
www.theengineshed.org.uk Find us on Facebook

**For more information, please email Sarah at
mail@theengineshed.org.uk**

**or go to our Facebook page -
<https://www.facebook.com/theengineshed>**

Short Breaks Update for Families with Disabled Children and Young People

The Engine Shed has launched a new group, called Ramble and Rail, for young autistic adults aged 18 to 25.

It will provide opportunities to get out and enjoy the countryside, taking guided walks from railway stations in nearby parts of Oxfordshire, Surrey and Hampshire that can be reached by train from Reading.

Email Sarah at mail@theengineshed.org.uk for more information and details of forthcoming walks.



**For more information, please email Sarah
at mail@theengineshed.org.uk**

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



SEN skateboarding session every Monday at 5pm in Bampton (term-time only). £12 per child (£20 for 2 siblings). No more than 4 children.

To find out more & to book, please go to the website - www.brokenboardsltd.com

Short Breaks Update for Families with Disabled Children and Young People



SEN FRIENDLY SMALL GROUP TAE KWON DO CLASS IN THAME

- Self-defense skills
- Discipline & focus
- Physical fitness
- Fun, safe, SEN friendly environment
- 4 spaces available for ages 12-16

**Building Confidence,
One Kick at a Time**

Thursdays 4.45pm-5.30pm

Contact us for a FREE TRIAL CLASS

www.bookwhen.com/bytomictkd



www.btkd.co.uk

**Contact for a FREE trial class - www.btkd.co.uk
www.bookwhen.com/bytomictkd**

Short Breaks Update for Families with Disabled Children and Young People



LEARN TO SWIM WITH **CRAZY CRABS SWIM SCHOOL**



SEN swimming lessons available - priced the same as all of our other lessons



A variety of lessons - private, 2-2-1 & small group lessons for beginners up until to adults



Maximum 5 children per class, to guarantee high-quality lessons with our experienced teachers



Multiple locations across Oxfordshire, in intimate private pools

To find out more, email us at
info@crazycrabsswimschool.co.uk



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Short Breaks Update for Families with Disabled Children and Young People

SEND DRUM LESSONS

Drumming down barriers to learning the drums



Drum kit lessons bespoke for the physical and sensory requirements of each student.

Contact:
07983651098/felixbartlett.com



Express. Empower. Engage

If you have any questions or would like more information, please contact Felix on 07983 651098

Chess Club



FRIDAYS
5.00 - 7.00 pm
Faringdon Library
ALL WELCOME !

Do come along!

**This is a FREE club, drop in anytime, open to all ages
and abilities. All are welcome.**

Cats aren't provided but refreshments are!!

**Any queries, please contact the Faringdon library
on 01865 815152**